Lyme Parks and Recreation

Free Swim Nights
East Lyme Aquatic Center (High School)

1st and 3rd Saturdays of the month 5:00 – 7:00 pm
November – April

November – 2, 16
January – 4, 11
March – 7, 14
December – 7, 14
February – 1, 8
April – 4, 11

Come on out!
It’s a great way to get some exercise in during the cold winter months. We’d love to see some new faces.

Any questions or concerns email Kristen Thornton at kristenthornton@aol.com