

# Lyme Parks and Recreation



## Free Swim Nights

East Lyme Aquatic Center (High School)



1<sup>st</sup> and 3<sup>rd</sup> Saturdays of the month 5:00 – 7:00 pm

November – April

November – 2, 16

January – 4, 11

March – 7, 14

December – 7, 14

February – 1, 8

April – 4, 11

Come on out!

It's a great way to get some exercise in during the cold winter months. We'd love to see some new faces.

Any questions or concerns email Kristen Thornton at  
[kristenthornton@aol.com](mailto:kristenthornton@aol.com)