

OPTIMAL Pain & Regenerative Medicine, Formerly Pain Doctor, Welcomes New Physician Tibor Racz, MD to the Practice

The regenerative medicine and pain management specialists at OPTIMAL offer cutting-edge pain therapy and regenerative treatments for patients with acute and chronic conditions in Dallas, Ft. Worth, Arlington, and surrounding North Texas communities.

ARLINGTON, Texas ([PRWEB](#)) August 21, 2018 -- Partners Scott Berlin, MD, Andrew Cottingham, MD, and Michael Phillips, MD of [OPTIMAL Pain & Regenerative Medicine](#), formerly Pain Doctor, welcome [Tibor Racz, MD](#) to the practice. OPTIMAL's team of double-board certified anesthesiologists and pain management specialists provides a unique, comprehensive approach to care for patients suffering from acute and chronic pain in Dallas, Ft. Worth, Arlington, and surrounding North Texas communities.

With 22 years of experience, Dr. Racz views the most difficult cases as opportunities, not challenges. Dr. Racz is committed to helping patients suffering from pain find a treatment that improves quality of life. His extensive background using neuromodulation and intrathecal pump therapy for both pain and spasticity has helped many patients who were previously unable to find advanced pain solutions. Dr. Racz completed his residency in anesthesiology at The University of Texas Southwestern Medical Center in Dallas followed by a fellowship in pain management at Texas Tech University Health Sciences Center.

It is estimated that 116 million American adults will suffer from some degree of chronic or acute pain during their lives. Since pain is debilitating both physically and emotionally, it is important to manage it the right way. OPTIMAL offers state-of-the-art biologic and pain management treatments that have changed the way medicine is practiced today.

On the regenerative medicine front, OPTIMAL offers Platelet-Rich Plasma (PRP), Bone Marrow Aspirate Concentrate (BMAC) Stem Cells and regenerative allograft treatment options. PRP therapy utilizes growth factors that are naturally found in blood. These growth factors stimulate cellular growth to help promote healing. Patients seeking tissue regeneration, can look to "pluripotent" stem cells. Stem cells are found in the body's bone marrow and are typically used to treat joint cartilage damage and sports injuries. For patients over the age of 60 in need of regenerative therapy, an allograft will be used in combination with PRP therapy to assist in tissue regeneration. Regenerative allograft therapy includes, BioD® Restore, Liveyon ReGen® Umbilical Cord Stem Cells, BioBurst Rejuv Umbilical Cord Stem Cells, AmnioFix® Treatment, and EpiFix®.

OPTIMAL is dedicated to improving pain and functionality in patients with persistent or chronic pain who have failed to respond to routine medical care. Pain therapy can be complex or simple and is guided by history, intensity, duration, and structures involved in causing the pain. Pain management identifies the precise source of the problem and uses the best treatment option to relieve pain. In addition to traditional pain management treatments, OPTIMAL offers new, innovative treatments such as Orthofix SambaScrew®, Vertiflex Superion, BurstDR Stimulation, and Abbott Dorsal Root Ganglion Stimulation.

OPTIMAL Pain & Regenerative Medicine is on the forefront of pain therapy and regenerative medicine treatments. Patients in the Dallas, Ft. Worth, Arlington and surrounding North Texas Communities who are seeking relief from a acute or chronic pain, please call us at 817-468-4343, or visit our website: optimaldfw.com.



About Our Doctors

Scott Berlin, MD, Andrew Cottingham, MD, Michael Phillips, MD and Tibor Racz, MD are all double-board certified in pain medicine and anesthesiology. Dr. Scott Berlin was the first physician in the Dallas area to successfully implant a fully implantable dual lead spinal cord stimulator system, which has now become the standard of care. In August 2016, Dr. Andrew Cottingham was the first physician to implant the Abbott Axium DRG Stimulator System in the Dallas-Fort Worth Baylor medical system facility. Dr. Michael Phillips began practicing medicine in 1999 and began practicing pain medicine exclusively in 2007. Dr. Phillips was the first physician in the Dallas-Fort Worth area to perform the intradiscal BMAC procedure.



Contact Information

Kristin Mapstone

OPTIMAL Pain & Regenerative Medicine

<http://dfwregenerativemedicine.com/>

+1 214-293-6581

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