

Provider:

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Biography:

Dr. Freedle is the owner/operator of Black Sand Neuropsychological Services, PC and a licensed Clinical Psychologist in Hilo, Hawaii. She provides pediatric and school neuropsychological evaluations and consultation services; NMT™ brain mapping; psychotherapy; Sandplay™; supervision and case consultation; and training at the national and international level in children’s behavioral health, trauma, neuropsychology, and sandplay therapy.

Dr. Freedle is also the Clinical Director of Pacific Quest, a therapeutic wilderness program for adolescents and young adults that utilizes the Sustainable Growth™ model to treat a variety of disorders by integrating rites of passage, organic farming, holistic wellness, and experiential learning with effective psychological supports.

Dr. Freedle holds a doctoral degree in clinical psychology, with a specialization in neuropsychology. She completed postgraduate training and board certification in pediatric neuropsychology and school neuropsychology. She also holds graduate degrees in social work and school psychology, and has over 20 years experience in behavioral health and clinical administration. Dr. Freedle has numerous publications in the Journal of Sandplay Therapy, and recently completed certification in the Neurosequential Model of Therapeutics (NMT) through the Child Trauma Academy with Dr. Bruce Perry.

Dr. Freedle combines her background in social work, education, behavioral health and neuropsychology to create a thorough, child-centered, and systems approach to neuropsychological evaluation. She is committed to helping parents and all of those who work children to develop an informed and strength-based approach to meeting a child’s unique needs.

Dr. Freedle is a professional member of the National Association of Neuropsychology, American Psychological Association, National Association of Social Workers, National Association of School Psychologists, American Psychotherapy Association, International Society for Sandplay Therapy (ISST), and Sandplay Therapists of America (STA) where she also serves on the research committee.

Dr. Freedle’s research interests currently center on studying multi-sensory forms of psychotherapy (e.g., sandplay therapy, mindfulness) and the process of neural integration in the treatment of trauma. She conducted award winning research on “Sandplay Therapy and the Individuation Process in Adults with Moderate to Severe Traumatic Brain Injury (TBI)” and plans to extend this research with war veterans impacted by TBI.