Caring for Individuals with Advanced Cancer

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What’s Different About This Presentation?

• A single clinician’s perspective
What’s Different About This Presentation?

- A single clinician’s perspective
- Mindfulness
What’s Different About This Presentation?

• A single clinician’s perspective
• Mindfulness
• Collective wisdom
Death Is Inevitable
Death is Inevitable
Death is Inevitable

- Death is not a failure
Death is Inevitable

- Death is not a failure
- Cancer can be transformative

Live Like You Were Dying, Tim McGraw
Death is Inevitable

- Death is not a failure
- Cancer can be transformative
- Life is not inevitable

Live Like You Were Dying, Tim McGraw
We Are in Relationship
We Are in Relationship

Trouble Me, 10,000 Maniacs
We Are in Relationship

- I don’t understand
We Are in Relationship

- I don’t understand

- What do you know? What do you want to know?
We Are in Relationship

- I *don’t* understand

- What do you know? *What do you want to know?*
  - Knowledge *can* be power
We Are in Relationship

- I *don’t* understand

- **What do you know? What do you want to know?**
  - Knowledge *can* be power

- **What matters most? What are your goals?**
We Are in Relationship

- I don’t understand

- What do you know? What do you want to know?
  - Knowledge can be power

- What matters most? What are your goals?
  - Time and energy are precious resources

Trouble Me, 10,000 Maniacs
We Are in Relationship

• I don’t understand

• What do you know? What do you want to know?
  • Knowledge can be power

• What matters most? What are your goals?
  • Time and energy are precious resources
    • Anticipate
    • Give a recommendation
Vulnerability and Strength Are Not Opposites
Vulnerability and Strength

Mercy, Jewel
Vulnerability and Strength

- Expect emotion
Vulnerability and Strength

- Expect emotion
  - Don’t confuse control with strength
Vulnerability and Strength

• Expect emotion
  • Don’t confuse control with strength

• I am a human being...
Vulnerability and Strength

- Expect emotion
  - Don’t confuse control with strength

- I am a human being...
  - Sustainability must come first

Mercy, Jewel
Cultivate Love
THANK YOU

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