

Title : 3 Man 3 Zone Timing

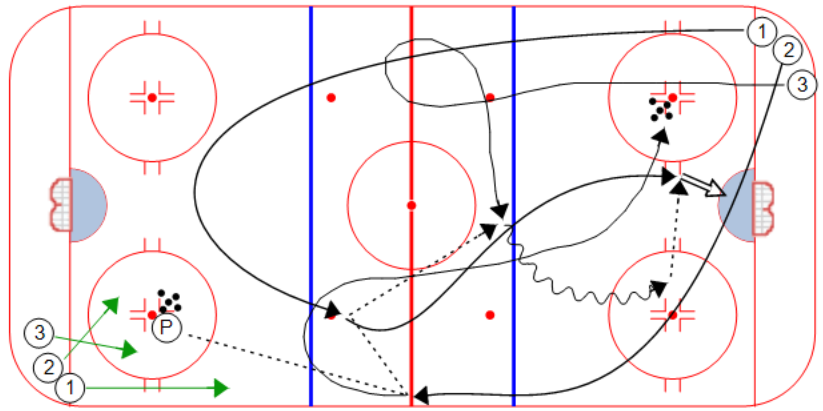
Category #1 :

Category #2 :

Description

- 1. 3 players leave together
- 2. Player 1 swings low
- 3. Player 2 swings to the boards
- 4. Player 3 swings high across the far blue line
- 5. Passer moves the puck to Player 2, who makes a touch pass to Player 1, who makes another touch pass to Player 3
- 6. Player 3 and Player 1 attack 2v0
- 7. Player 2 follows up and becomes the passer for the next rotation

Note: for the timing to work, the next 3 players should leave as the Passer is making the first pass.



Key points :

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