

Person Centered Rights in a Snapshot

I Have the Right to...

Manage My Own Money	Make My Own Schedule
Have Privacy in My Home	Take Part in My Community
Keep Myself Safe	Make My Own Friends
Choose My Own Relationships	Practice My Religion or Beliefs
Vote for My Candidates	Make My Own Goals
Exercise My Independence	Make My Own Choices
Decide What to Do with My Day	

The Same as Anyone Else!

It's MY LIFE! It's My Right
...to live the life, I want to live.

If I need help getting the life I want, I can talk to the person that helps me with planning my services, my friends, family or one of my staff.

If I have any questions issues or concerns about my rights that my case manager cannot resolve, I can contact the Quality Assurance/Corporate Compliance Department at 509-453-4756, via mail at PO Box 9727 Yakima, Wa 98909 or other people mentioned in the attached documents, "Person Centered Planning Notice", "General Person Centered Rights and Responsibilities of Persons Receiving Services" and "Notice of Right To Object To Stated Rights, Plan of Services, Care or Treatment, Plans for Placement or Discharge".

Person-Centered Planning Notice

This NOTICE is for people who receive services at Entrust Community Services.

1. You have a right to participate in a Person-Centered Planning Process

Person-centered planning is a process that can help you to learn more about what personal goals are important to you. This includes information about how and where you want to live and how you want to participate in your community. Person Centered Planning also helps you and others determine what supports and services are needed to help you move toward your goals. This information will help you work with your Entrust Case Manager and others to develop an Individualized Service Plan (ISP) that is specific to your needs and goals.

This means that

- the person-centered planning process is all about you;
- you are in charge of the planning process;
- you choose who works with you to develop your person-centered Life Plan/ISP and you can choose who you want to assist you in making decisions; and
- you will be supported to make informed choices about what supports and services you want and need. This support may come from family, friends, staff, or someone who has legal decision-making authority in your life.
- If you have someone who has legal decision-making authority, he or she may choose to be a part of the process and may choose to make decisions on your behalf.

It also means that the person-centered planning process takes place at times and places that are convenient for you; and we will share information with you in a way that you can understand it, for example, people speak to you or materials are provided to you in the same language that you speak or using other ways of communication that work for you. If there is conflict or disagreement when you are planning your services and supports, there are ways to resolve them and you will be told about them.

2. You have a right to a Person-Centered Plan of Services

Usually this will be your Life Plan/Individualized Service Plan (ISP) and it will include:

- your goals and desired outcomes;
- your strengths and preferences;
- your needs based on an assessment;
- the services and supports you need and who you have chosen to provide them;
- the services that you choose to self-direct;
- where you live and that you chose to live there or that you choose to move;
- the things that might cause a risk of harm to you and what will be done to make the risk smaller, including having a plan about what to do if something goes wrong;
- and the name of the person or agency you have chosen to watch over your plan to make sure that everything in the plan happens as it should.

Your person-centered Life Plan/ISP must be clear to you and your circle of support. It must be written so that you understand it. You must sign your person-centered Life Plan/ISP to show that you agree with what the plan says. The person or agency you have chosen to watch over your plan to make sure that everything in the plan happens will also sign the plan. You will get a copy of the plan. You will review the plan with your Entrust Case Manager at least twice a year, when something changes or when you want to change something in your plan.

3. You have a right to object to your Plan of Services

If you are 18 years old or older, **you may object to your plan of services**, including your person-centered service Life Plan/ISP. In addition, the following people may object on your behalf: someone you choose, your legal guardian, or someone you have given a power-of-attorney to make decisions for you. If you can make your own decisions and you do not have a legal guardian, you may refuse to let someone else object on your behalf.

If you are under 18 years old, your parent(s) may also object to any plan of services for you. If you don't agree with them, you may choose someone to represent you, including legal counsel, to help you resolve the objection.

You must tell you're your Entrust Case Manager that you object to something about the plan. Providers must have policies and procedures to resolve your objection and must tell you what they are and let you follow those policies and procedures. If you are unable to resolve your objection with the provider you can contact your funding source Case Manager or Disability Rights of Washington:

Telephone

Voice: (800) 562-2702 or (206) 324-1521; Language interpreters are available via Language Line Solutions. Please use 711 for Washington Relay Service (TTY). Collect calls from correctional facilities are accepted.

U.S. Postal Mail

Disability Rights Washington
315 5th Ave S, Ste 850
Seattle, WA 98104

Fax

Fax: (206) 957-0729

Email

info@dr-wa.org ^[2]

Please send general email inquiries only, as Disability Rights Washington does not accept email requests for technical assistance services. In the event you do solicit assistance through email, your message will be returned asking you to contact Disability Rights Washington's intake line between the hours of 9:00 AM – 12:00 PM and 1:00 PM – 4:00 PM Monday through Friday. Disability Rights Washington does not respond to emails requesting information and referrals or other assistance. [Learn how to request services](#) ^[1].