



**Supporting *Positive*  
Life Changes.**

## **SERVING THE HOUSTON & SURROUNDING AREAS**

### **FAMILY SERVICES**

Family services are intended to help children/youth, and their family and/or caregivers by preventing additional crisis situations. We will improve and maintain stable relationships by providing support services for children/youth receiving individual services and/or assisting in accessing appropriate community-based services.

### **MEDICATION SERVICES**

Medication Management is intended to meet the needs of the individuals whose only needs are monitoring and support in managing of medications. The service is for individuals without ongoing treatment needs outside of medication-related services. However, there may be times when case management services are needed for additional support to ensure medical needs are met. These services are primarily provided at an office- based locations. However, services may also be provided at school, in the community, or via telemedicine.

### **INDIVIDUAL SERVICES**

Our services are for individuals three years and older. These services are intended to meet the needs of those experiencing behavioral and/or emotional issues. Their functioning may be impaired and disruptive to family relationships, daycare, school, work and/or their community. For children, our focus is placed on the parental or caregiver relationship by helping the individual to improve coping skills and to provide support by improving the individual's behavior management skills through a team approach.

### **CRISIS INTERVENTION**

Services are intended to resolve the current crisis, avoid a more intense or higher level of care, and prevent a future crisis. This may include attempts or threats of suicide, harm to others or self, a first-time acute or reoccurring rapid onset of emotional, behavioral, psychiatric, or substance abuse symptoms

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**Evolve Outreach of Texas is here to help promote mental health, positive life changes and wellness with children, adolescents and families by supporting them with:**

- **Stress management**
- **Coping skills**
- **Social skills**
- **Anger management**
- **Behavior management**
- **Managing anxiety (overwhelmed or nervousness)**
- **Adjustment to life changes**
- **Classroom management skills**
- **Individual Therapy**
- **Medication Management**
- **Parent coaching and support**
- **Providing community resources such as housing, food, & transportation**

**Evolve Outreach of Texas is here to heal families, one child, at a time by:**

- **Increasing emotional regulation**
- **Reducing anger outbursts**
- **Decreasing oppositional behavior**
- **Lowering parent stress**
- **Encouraging collaboration between parent and child**
- **Decreasing amount of discipline issues**
- **Increasing the attendance rate in school**
- **Increasing youth engagement and academic success at school**

**Services are provided at school, home, and in the community**

**This is a MEDICAID funded program that accepts: Amerigroup, Community Health Choice, Molina, Superior, and Texas Children Health Care.**

**MCO Selection Information**

**Texas Medicaid and CHIP STAR PLUS Expansion of 2015**

Medicaid changed its plan service deliveries in January 2015 to Managed Care Organizations (MCO). MCO is an organization that combines the functions of health insurance, delivery of care, and administration. If you did not review your account and/or have not selected an MCO by August 15, 2015, you might be missing out on benefits.

If you have not selected an MCO, the steps for selecting one for Harris County are listed below.

**For help picking or changing your plan, call the Medicaid Care Helpline at 1-800-964-2777.**

One important thing to consider when choosing a plan is whether your doctor is in the network? To find out:

1. Call the health plan or visit them online. Each plan's toll-free number is listed below. Ask if the doctor or specialist you want to see is in the plan's network.
2. Go online to see the health plan's website. Each plan's website is listed below. Look for the plans, provider list, then look to see if the name of your doctor and/or specialist is on that list.
3. If the doctor you want is not in the health plan's network, you can ask the plan to invite the doctor to become a part of that plan's network.

**Amerigroup**

1-800-600-4441 or 1-866-696-0710

[www.amerigroup.com](http://www.amerigroup.com)

**Molina**

1-866-449-6849

[www.molinahealthcare.com](http://www.molinahealthcare.com)

**Community Health Choice**

1-888-760-2600

[www.communityhealthchoice.org](http://www.communityhealthchoice.org)

**Superior**

1-800-783-5386

[www.superiorhealthplan.com](http://www.superiorhealthplan.com)

**Texas Children Health Care**

1-866-959-2555

[www.texaschildrenshealthplan.org](http://www.texaschildrenshealthplan.org)

Evolve Outreach of Texas is currently in network with Amerigroup, Molina, Superior, Community Health Choice and Texas Children Health Care. We require enrollment in one the above listed MCO's if you would like to participate in our services.