



**MEMORY LANE # 84 (EDITED)
FROM THE BULLETIN OF THE YOUNG ISRAEL OF CHOMEDEY
ROSH HASHANA 1992 EDITION**

**HOW TO SUCCEED IN SHUL ON YOM TOV WITHOUT TRYING
A GUIDE TO DAVENING (EDITED)**

- 1:** RELAX: DON'T WORRY ABOUT KEEPING UP WITH THE PAGES. IF YOU FIND A PRAYER WHOSE WORDS REACH OUT TO YOU, DWELL ON IT. DON'T RUSH
- 2:** TRY NOT TO TALK TO ANYONE AROUND YOU. NOT JUST FOR REASONS OF DECORUM BUT BECAUSE PRAYER IS ESSENTIALLY A QUESTION OF MOOD. CHIT-CHAT DESTROYS THE MOOD. SAVE IT FOR PARTIES.
- 3:** COME EARLY AND PREPARE TO STAY. A BRIEF VISIT TO SHUL WILL LEAVE YOU COLD. A LONGER STAY ENABLES YOU TO GET INTO THE SPIRIT OF THE DAY.
- 4:** RELAX AGAIN. REMOVE ANY CHIPS FROM YOUR SHOULDERS, WHETHER AGAINST G-D OR MAN, AGAINST JUDAISM, THE TORAH, THE ADMINISTRATION OR WHATEVER.
- 5:** DON'T WORRY IF YOU ARE "ENJOYING" THE SERVICES, IF YOU ARE BEING INSPIRED, MOVED, OR STIMULATED. LET THE WORDS, THE MELODIES, THE MOOD, YOUR OWN MIND, TAKE HOLD OF YOU. FORGET YOURSELF, LOSE YOURSELF IN THE DAVENING.
- 6:** BRING YOUR WHOLE SELF TO THE DAVENING. PUT YOURSELF INTO IT, G-D LOVES YOU, HAVEN'T YOU HEARD? AND HE WANTS TO HEAR FROM YOU. SPEAK TO HIM WHEN YOU DAVEN. POUR OUT YOUR HEART TO HIM, AND LISTEN TO HIM.
- 7:** LISTENING IS IMPORTANT. DON'T JUST "READ" YOUR SIDDUR, LISTEN TO IT SPEAKING TO YOU. WHEN YOU PRAY, YOU ARE REALLY LISTENING TO A MAGNIFICENT RELIGIOUS SYMPHONY!
- 8:** DAVENING IS A PRIVILEGE. TREAT IT AS SUCH. YOU WILL BE PARTICIPATING BEFORE YOU EVEN REALIZE IT, IN A MYSTICAL SOLILOQUY OF G-D, MAN, ISRAEL, THE JEWISH PEOPLE, PAST, PRESENT, AND FUTURE.

**ON THE BEHALF OF LILLIAN AND MYSELF, I WOULD LIKE TO TAKE THIS OPPORTUNITY TO WISH ALL OF OUR YOUNG ISRAEL AND SHAAR SHALOM FAMILIES A HEALTHY AND MEANINGFUL NEW YEAR. NEXT YEAR IN JERUSALEM!
(AND HOPEFULLY IN SHUL AGAIN) SINCERELY, LILLIAN & FRED RUDY**

(Yashor Koach to Fred Rudy for providing us all with these memorable historical moments, which some of us may still remember!)