



New England Clam Chowder
cup • 5.5 bowl • 7.5

Baked French Onion Soup
cup • 6.5 bowl • 8.5

Soup of the Day
cup • 5.5 bowl • 7.5

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Shrimp Cocktail • 11
(5)

Freshly Made Salads
Your Choice • 7.5

Add: **Steak • 9 Chicken • 5**
Salmon • 8 Shrimp (3) • 7

Garden Salad
Artisan greens, cucumbers, tomatoes,
baby carrots and croutons
choice of dressing

Steak Loft House Salad
mixed greens, salami, provolone cheese
carrots, tomato, red onion, cucumber,
creamy garlic dressing

Southwestern Salad
mixed greens, black bean grilled corn
salsa, tortilla strips, tomatoes,
red onion, cheddar jack cheese,
red peppers, guacamole,
cilantro lime vinaigrette

Steakhouse Wedge Salad
iceberg wedge, blue cheese crumbles
tomato, red onion, applewood smoked
bacon, scallion,
blue cheese dressing

Greek Salad
Artisan greens, cucumber, tomato
red onion, black olives, feta cheese,
balsamic vinaigrette dressing

Caesar Salad
romaine hearts, shaved parmesan
croutons, Caesar dressing

Grain Salad
Artisan greens, roasted beets & carrots,
barley, quinoa, wheat berries, dried
cranberries, toasted pepitas
raspberry-mustard seed vinaigrette

Dressings
*Steak Loft creamy garlic,
blue cheese, Caesar, balsamic vinaigrette
cilantro lime vinaigrette, Italian, ranch
raspberry-mustard seed vinaigrette*

Entrees

*Entrees served with choice of one side dish and any of our
freshly made salads, or cup of soup*

Top Sirloin
thick cut sirloin
11 oz • 27 16 oz • 30

Steak Teriyaki • 28
marinated top sirloin

Flank Steak Teriyaki • 27
sliced, marinated, grilled

Sliced Teres Major Tenderloin • 28
caramelized onion-smoky gorgonzola butter
or
on toast points with garlic-parsley butter

New York Sirloin • 34
steakhouse classic strip loin, mushroom demi glace

Rib Eye Steak • 39
house creamed horseradish steak sauce

Tenderloin Medallions & Grilled Shrimp • 35
bacon wrapped medallions, grilled jumbo shrimp

Steak Kabob • 24
chunks of sirloin, tomato, mushroom, onion, green pepper

Tenderloin Tips • 24
charbroiled tips with grilled onions and mushroom demi-glace

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Pork Chop • 28
thick cut, mango bbq sauce

Baby Back Ribs
mango-bbq glaze
full rack • 32 half rack • 25

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Chicken Teriyaki • 21
skin-on, boneless breast, grilled pineapple

Marinated Chicken • 20
boneless breast
extra virgin olive oil, wine vinegar, herbs

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Tomato Basil Salmon • 27
sliced tomato, grated parmesan, fresh basil
extra virgin olive oil drizzle

Potato Crusted Cod • 24
crispy potato crust, squeeze of fresh lemon

Fish & Chips • 21
crispy – lightly battered cod filet

Crab Cakes • 25
mustard aioli sauce

Stuffed Shrimp • 26
seafood stuffing, *shell-on jumbo shrimp*

Stonington Sea Scallops • 32
seafood stuffing topping

Broiled Seafood Medley • 28
cod, shrimp, crabmeat, scallops
citrus-garlic butter or lobster sauce

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Steak & Marinated Chicken • 24

Steak & Fried Shrimp • 26

Steak & Crab Cakes • 26

Steak & Stuffed Shrimp • 28

Steak & Stonington Scallops • 32

Available steak sauces: house steak sauce • mushroom-demi • teriyaki • au poivre • mango-bbq

Side Dishes 4.50 ea **Baked Stuffed Potato | Baked Potato | Mashed Red-Skinned Potato | French Fries | Sweet Potato Fries**
Onion Rings | Roasted Brussel Sprouts | Broccoli | Coleslaw | Grilled Onions | Sautéed Mushrooms