

## Book Endorsements

~ *“The book is very powerful and very beautiful. What I have read is passionate, very spiritual, and well-reasoned, three things that don't always go together. I love your analysis of the word matzpun and its variety of related meanings, and I was profoundly moved by the journey you took and how you came to write this book.”*

Kol Ha-Kavod.” Rabbi Joseph Telushkin, Best-selling author of more than 15 books on Jewish ethics and literacy

~ *“I highly recommend this book for anyone seeking guidance and direction for improving one's life by drawing on the wisdom found in the great texts of Judaism. This is a very thoughtful and insightful work of a young Israeli-American woman which speaks directly from the heart.”*

Rabbi Joshua Stampfer, Rabbi Emeritus, Congregation Neveh Shalom

~ *“Veteran Jewish educator Dorice Horenstein brings her passion for learning and healing to each page of Moments of the Heart. Everyone will find something new in the connections she creates between Hebrew language, Jewish concepts, and Jewish spirituality.”*

Mel Berwin, Director of Congregational Learning, Congregation Neveh Shalom

## Reader Testimonials

~ *“As a Jewish man very connected to my cultural roots as a Jew and yet married to a non-Jewish woman, What I love about Dorice's book is that she's takes values that have their roots in Judaism, but have universal appeal, and she makes them accessible to everyone while connecting them to their Jewish heritage. And yet there's no evangelizing in this book or condescending or pressure for conversion. This book meet you where you are and serves as a guide to a life of greater meaning.”*

Michael Kapnick

~ *“A unique book full of wisdom certain to have something perfect for every HEART out there! Moments of the Heart is not only insightful, it offers a journey of learning both through Dorice's words and the reflective questions for the reader that follow every entry. Do you want to strengthen your relationships with friends and family? Are you striving to grow in your relationship with God (or a Higher Power)? Have you thought about enhancing the relationship you have with yourself? Then order a copy of Moments of the Heart and dive right into the four “chambers” within this book! Encouragement and growth can be found on every page!”*

Jen McLynn

## Student Testimonials

~ *Thank you for teaching this wonderful class about Judaism, your book, spirituality, connections, and self-exploration! I loved it so much and you really are a fantastic teacher. Your enthusiasm and love emanates from you, which makes me want to learn more. You are simply wonderful!*

Xoxo, Melissa

~ *“Moments of the Heart” class taught by Dorice Horenstein not only was definitely inspiring, taught with knowledge, compassion and inclusion to all, but it came to me at the “Right Time.”*

*What do I mean by that?*

*There are very defining Moments in our lives, the fourth Chambers that Dorice talks about in her book.*

*Fortunately for me, it came as my mother was dying and I needed extra support, love, understanding and learning, yes, learning, how we humans take it all in, even in difficult moments like these. Dorice and my classmates, came along in this journey with me as I needed to go to Israel to deal with my Mom in her last days, burying her, and at my return, there it was, “the fourth chamber.” My heart was open, open to receive what I most needed at the time, love and support. And for that, I am forever grateful. Make every Moment of the Heart count and may we all have lots of Moments to be able to count them.*

*With love and appreciation,*

Rosana Berdichevsky

*~ When it comes to exploring matters of the heart and spirit, there's no better Jewish educator than Dorice Horenstein to mindfully engage students in heartfelt, inspired discussions. If this course on the new book was so good, I only can imagine how great the book itself will be! We are so fortunate to have Morah Dorice!*

**Eric Brown**