

the Society for Sexual, Affectional, Intersex, and Gender Expansive Identities


presents





a virtual conference, held throughout the month of October 2021


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From the President

Dear SAIGE Members,

We are so proud to present our 2021 conference, *Beyond the Basics*. This month-long, interdisciplinary, virtual event will showcase intermediate and advanced sessions. To allow for this, access to conference material will include a live primer session that will serve as a foundation for more advanced sessions throughout the conference.

Conference content will help to build and boost existing knowledge, awareness, skills, and attitudes toward contextualizing the health and wellness of LGBTGEQIAP+ children and adolescents across systems and settings, and the impact throughout the lifespan. This will equip counselors and related professionals to better serve these populations. SAIGE wants to highlight the unique and important relationships we share across disciplines, ultimately, in service of our queer and trans clients.

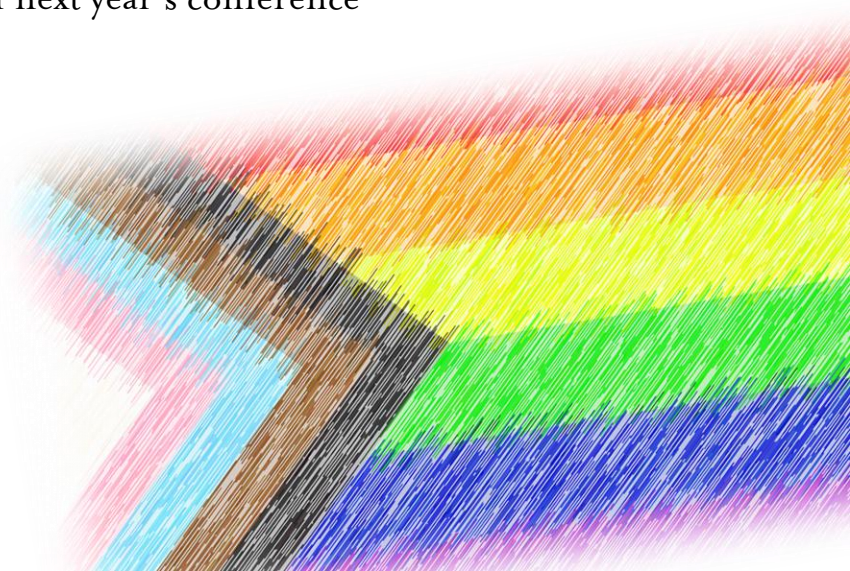
Traditionally hosted in October, LGBT History Month, the SAIGE conference is positioned to boost awareness of LGBT history, as well as other critical days/weeks of awareness throughout the month of October. Conference content will include supplemental information in recognition of International Lesbian Day (10/8/2021), National Coming Out Day (10/11/2021), International Pronoun Day (10/20/2021), Spirit Day (Anti-Bullying) (10/21/2021), Intersex Awareness Day (10/26/2021), and Asexual Awareness Week (10/24/2021 – 10/30/2021).

We are so excited to bring this intermediate and advanced information to you. We will have over 25 NBCC CE hours available during the month of October. We have four key presenters that are phenoms in their fields. They will bring us next level information on “otherness”, suicide, legislation, and sexual concerns. In addition, we have 17 unique sessions on various topics, and we will be hearing from our emerging leaders. We did not forget about the socials. We will have socials for general topic, QTPOC, and graduate students. Our mix of live and prerecorded events build on the solid foundation SAIGE has always provided to membership. Attendees are also invited to participate in a SAIGE Scavenger Hunt for a chance to win 20% off next year’s conference registration!

Thank you for supporting our organization and LGBTGEQIAP+ children and youth!

Christie

Christie Jenkins
2021-2022 President, SAIGE





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Help Desk



If you need help with technology or have any questions,
please email our Virtual Help Desk us at

Technology@saigecounseling.org



Conference Information

METHOD OF DELIVERY

Conference content will be released on a predetermined cadence throughout the month of October 2021. Participants will have the opportunity to engage in a combination of live and pre-recorded featured presentations, sessions, panels, and social events throughout the month. Live sessions will be hosted through Zoom.

AWARENESS IN OCTOBER

Our conference takes place throughout the month of October, which is also LGBTQ+ History Month. Designated in 1994, this is an annual month-long celebration of lesbian, gay, bisexual, transgender, and queer history. The reason that October was chosen for LGBTQ+ History month is to commemorate the first and second marches on Washington in 1979 and 1987 for LGBT rights. This celebration is especially important for LGBTQ+ communities because much of their history has been erased and ignored. This is a wonderful chance to explore and celebrate LGBTQ+ history yourself, as a family, and/or as a member of one of your many communities. October also holds a variety of other important times of awareness:

- 10/8: International Lesbian Day is a celebration of lesbian history, diversity, and culture. This day is also used to promote awareness and understand the issues still faced by lesbians. The origins of this celebration are uncertain, but it began in New Zealand in 1980. This would be a terrific time to learn more about lesbians and the wonderful ways they have contributed to the world.
- 10/11: National Coming Out Day is a day to support members of the LGBTQ+ community in “coming out of the closet”. This day began in 1988 and is founded in the idea that heterosexism thrives in silence and ignorance. From this perspective coming out is a type of activism. This is a perfect opportunity to demonstrate your support of the queer community and mark yourself as a person that is safe to come out to.
- 10/20: International Pronouns Day was started in an effort to normalize respecting, sharing, and educating people about pronouns. Using a transgender or gender diverse person’s pronouns directly impacts their well-being in a positive way. While this day focuses on trans and gender diverse people, everyone uses pronouns. When a cisgender person shares their pronouns, they indicate their LGBTQ+ allyship.



- 10/21: Spirit (Anti-Bullying) Day is a day to show solidarity with LGBTQ+ youth. Queer youth disproportionality experience bullying and harassment because of their identities. Spirit Day began in 2010 in response to several bullying-related suicides of LGBTQ+ students as a way to spread both awareness and support. A great way to take part in Spirit Day is to wear the color purple and/or take the GLAAD pledge to stand against bullying (<https://www.glaad.org/spiritday>).
- 10/26: Intersex Awareness Day began in 1996 to highlight human rights issues faced by intersex people. Intersex people often undergo cosmetic surgeries in early childhood without their consent to “fix” their genitals and conform to societal norms. This is harmful and directly interferes with their autonomy and well-being. interACT: Advocates for Intersex Youth and Intersex Justice Project have provided this helpful list of ways to be an ally: <https://interactadvocates.org/intersex-awareness-day-for-allies/>.
- 10/24-10/30: Asexual Awareness Week is a week every October that works to educate people on asexuality and support asexual, demisexual, grey-asexual, and other ace spectrum people. Broadly speaking asexuality is a spectrum that includes a lack of sexual attraction to others, or low or absent interest in or desire for sexual activity. This is incredibly significant because asexual people experience erasure and invisibility in everyday life because there is little public discourse on it. This is a wonderful time to learn more about ace spectrum identities.

REGISTRATION

Registration information can be found [here](#).

TICKETS & SESSION ACCESS

Access to all content, including links to live events and socials, will be available through [Eventbrite](#) for all registered attendees. Note that you must be logged in to the Eventbrite account that you used to register for the conference to gain access to the conference content.

SAIGE SCAVENGER HUNT

Registered conference attendees are invited to participate in a SAIGE Scavenger Hunt to earn a 20% discount on 2022 SAIGE Conference registration! Visit the [SAIGE Conference](#) website for details.



Continuing Education (CE) Hours

The Society for Sexual, Affectional, Intersex, and Gender Expansive Identities (SAIGE) has been approved by the National Board of Certified Counselors (NBCC) as an Approved Continuing Education Provider, ACEP No. 1027. All conference program presenter contact information, qualifications, and session objectives, are available upon request. Any concerns regarding conference program presenters should be directed to 2021-2022 SAIGE President, Dr. Christie Jenkins, at christie.jenkins@mail.waldenu.edu

SESSION CE HOUR VALUES

- LGBTGEQIAP+ Primer: 1.0 CE hour
- Featured Sessions: 1.5 CE hours
- Educational Sessions:
 - 50-minute sessions: 1.0 CE hour
 - 110-minute sessions: 1.75 CE hours

Note: Live Socials and the Live Panel are not eligible for CE hours.

CE HOUR CERTIFICATES

To acquire certificates confirming earned CE hours:

- Step 1: Attend/view the entire session.
- Step 2: Complete the CE evaluation survey, at <https://tinyurl.com/SAIGE2021Evaluation> or by using the adjacent QR code, for each session you attended/viewed.



Deadline: To obtain CE hours for the sessions you attended/viewed, you must complete the session-specific evaluations by Sunday, November 14th, 2021.

Receiving Your Certificate(s): CE hour certificates will be emailed to eligible individuals by December 24th, 2021.



Live Events & Socials

Beyond the Basics is being presented in a hybrid format, through a combination of live/synchronous and pre-recorded/asynchronous content made available throughout the month of October. The schedule for the live, or *synchronous*, events, is included below. Links to each event can be found by logging into your [Eventbrite](#) account.

LIVE EVENTS

10/1/2021: Presidential Address & Welcome

Time: 12:00pm – 1:00pm (ET)

Join our 2021-2022 SAIGE President, Dr. Christie Jenkins, as she welcomes everyone to our 2021 SAIGE Conference, celebrates the beginning of LGBTQ+ History Month, and presents on "Interpersonal violence and LGBTGEQIAP+ Youth and Adolescents."

10/1/2021: LGBTGEQIAP+ Primer

Time: 1:00pm – 2:00pm (ET)

Join SAIGE's Emerging Leaders for this live interactive, foundational presentation on working with LGBTGEQIAP+ clients and students. We will cover affirming terminology, relevant psychosocial challenges and strengths, and concrete strategies for empowering queer and trans persons. This presentation is a primer, fostering a strong foundation as you move forward through the conference month!

10/26/2021: Conference Panel: Where Do We Go From Here?

Time: 4:00pm – 5:00pm (ET)

Join our featured presenters, professionals from the allied fields, and SAIGE executive board members, as we wrap up the 2021 SAIGE Conference, reflecting on what we've learned, and asking "where do we go from here?". Have specific questions after attending a presentation, or want to ask a more general question to our experts? Simply click submit them throughout the month at <https://tinyurl.com/QuestionsSAIGE>.



LIVE SOCIALS

10/5/2021: General Membership Social

Time: 6:00pm – 7:00pm (ET)

Hosts: Devyn Savitsky & Kelsey Scanlan

Description: Along with your hosts, you will have the opportunity to network with fellow conference attendees. This meeting will supplement the conveniences of the virtual conference format with the critical component of connection that many people have been seeking over recent months.

10/15/2021: Queer and Trans People of Color (QTPOC) Social

Time: 4:00pm – 5:00pm (ET)

Hosts: Hassan Reeder & Dae'Quawn Landrum

Description: Queer and trans members of color are invited join your host in this space. It is intended to serve as an opportunity for QTPOC members of SAIGE to connect, express themselves, and engage in dialogue critical to SAIGE's mission.

10/23/2021: Graduate Student Social

Time: 12:00pm – 1:00pm (ET)

Hosts: Devyn Savitsky & Kelsey Scanlan

Description: Join fellow masters and doctoral student attendees for an open discussion and opportunity to network.

Featured Sessions

SAIGE is proud to feature presentations from various leaders in their fields. Beginning on Friday, October 8th, and continuing throughout the month of October, Featured Sessions will be released each Friday. Details of each session are provided below. Links to each session can be found by logging into your [Eventbrite](#) account.

FEATURED SESSION RELEASE #1: DR. STACEE L. REICHERZER



Stacey L. Reicherzer, PhD is an out and sassy Chicago, IL-based transgender counselor-supervisor, educator, TEDx speaker, and storyteller for the bullied, forgotten, and oppressed. She is the author of *The Healing Otherness Handbook: Overcome the Trauma of Identity-Based Bullying and Find Power in Your Difference*. The San Antonio, TX native specializes in EMDR and expressive arts-based therapies in healing the trauma of living as an outcast—and the imposter syndrome, self-sabotage, and perfectionism that come with it. Dr. Reicherzer serves as associate professor in the PhD in counselor education and supervision program at Adler University. During her free time, she’s a girl on the go in Chicago, making time for her chosen family and her adorable pug, BB-8. For more information, visit her website: www.drstacey.com. Her book is available now through [Amazon](#).

Released on: Friday, October 8th, 2021, 8:00am ET

Presentation Title: Healing the Open Wounds of Our Queer Adolescence

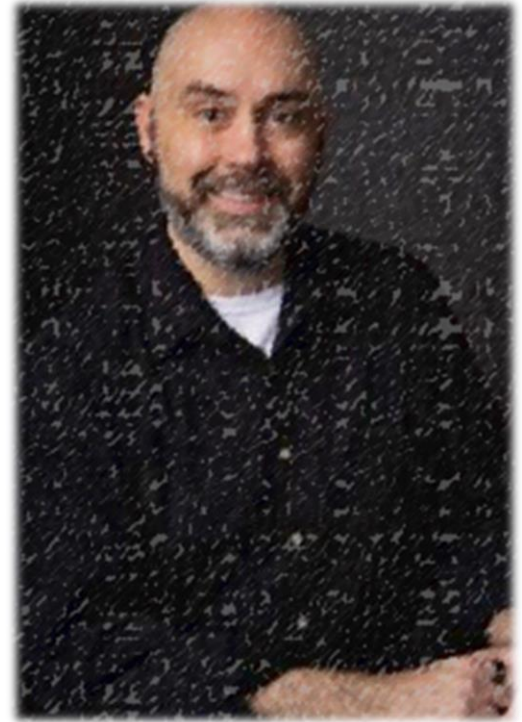
Presentation Description: If you’re working twice as hard to prove your worth, are driven by a need to be liked, or spend significant parts of your life feeling like an imposter who’s moving through a world in which you have no real value, this workshop is for you. You’ll learn 4 tools for change: Clarity, Compassion, Creativity, and Sass that you can implement right away in examining, uprooting, and replacing these mistaken beliefs and the actions to which they lead. You’ll also be given information for accessing client worksheets to address these concerns.

Learning Objectives:

- Identify the open wounds that exist in the counselor’s own life.
- Recognize the voice of the inner oppressor as it guided beliefs and behaviors.
- Demonstrate one actionable step toward healing an open wound.

FEATURED SESSION RELEASE #2: DR. JARED S. ROSE

Jared S. Rose, PhD, LPCC-S, NCC, EMDRC, is a past president of SAIGE (2018-2019). Dr. Jared S. Rose is an Ohio, supervision-endorsed licensed professional clinical counselor, a national certified counselor, and an EMDR certified therapist. He is an Assistant Professor and Program Coordinator for Bowling Green State University's Clinical Mental Health & School Counseling Programs and the founder/owner of a private practice. In public health and clinical mental health arenas, he has over 30 years of experience working with LGBTGEQIAP+ as a helping professional at individual, community, and social justice/advocacy levels. Dr. Rose has produced over 35 publications in books, peer-reviewed journals, state-wide education curricula, and public media outlets; provided over 130 conference presentations and educational trainings at regional, state, national, and international arenas; given numerous keynote addresses; and given over 30 educational television and radio broadcasts. His areas of clinical practice, research, and teaching include LGBTGEQIAP+; human trafficking; HIV & AIDS; sex & sexual health counseling; and advocacy & social justice in the counseling profession.



Released on: Friday, October 15th, 8:00am ET

Presentation Title: Helping in the Aftermath: Counseling LGBTGEQIAP+ Sexual Violence Survivors & Thrivers

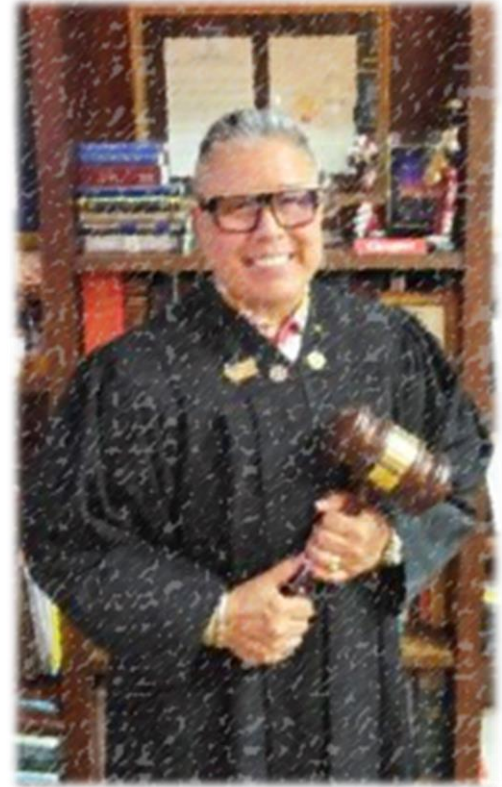
Presentation Description: We live under the shroud of a rape culture. While sexual violence runs amuck, those impacted are left traumatized, seeking help and refuge from its effects. LGBTQGEQIAP+ individuals are not only at particularly high risk of being victimized, but they also have unique needs associated with counseling treatment. From a distinct trauma-informed lens, this presentation seeks to aid counselors with foundational principles when working with those who have experienced sexual violence. Most importantly, information will be shared for how to provide effective counseling to support healing of LGBTGEQIAP+ sexual violence survivors and thrivers. Resources for use with counselees will also be provided.

Learning Objectives:

- Identify and describe an overview of the types and prevalence of sexual violence, particularly associated with LGBTQGEQIAP+ populaces.
- Contrast and illustrate effective counseling approaches to aide in LGBTGEQIAP+ folk healing after sexual violence.
- Summarize and prepare for trauma-informed care of LGBTGEQIAP+ sexual violence survivors and thrivers.

FEATURED SESSION RELEASE #3: JUDGE ROSIE SPEEDLIN GONZALEZ

Honorable Rosie Speedlin Gonzalez, BA, JD, CWLS, devoted her career as an attorney to obtaining fairness and justice for the disenfranchised and the voiceless. She was and continues to be committed to ensuring that women have a seat at the policy making table of their respective communities of origin. She has received the Adele Advocate for the Poor Award, has been inducted into the Order of Barristers and INNS of Court, and is a recipient of the Presidential National Leadership Award. She is a past Commissioner on the Hispanic National Bar Association’s Commission on the Status of Latinas in the Legal Profession, past Chairperson of the Hispanic Issues Section of the State Bar of Texas and Past President of both the MABA San Antonio Chapter and MABA Texas, and served on multiple non-profit and educational boards. She has been recognized for her community work and leadership by various organizations and associations and previously consulted women seeking political/public office.



Released on: Friday, October 22nd, 8:00am ET

Presentation Title: Advocacy Through Authenticity:
Creating Change Through Personal Growth and
Development

Presentation Description: In this session, attendees will learn aspects of social justice and advocacy for LGBTQ+ individuals at the individual, communal, societal, and political level. The speaker will describe her journey of promoting change and creating safe spaces through the principles of authenticity and visibility. Finally, the speaker will discuss poignant crossroads of marginalization in her life; where she chose to stand tall instead of fitting into small spaces. This session will describe personal growth efforts to become an ally/accomplice for others.

FEATURED SESSION RELEASE #4: DR. DAVID CAPUZZI



David Capuzzi, PhD, NCC, LPC, is a counselor educator and a senior core faculty in community mental health counseling at Walden University and professor emeritus at Portland State University. Previously, he served as an affiliate professor in the Department of Counselor Education, Counseling Psychology, and Rehabilitation Services at Pennsylvania State University and Scholar in Residence in Counselor Education at Johns Hopkins University. He is past president of the American Counseling Association (ACA), formerly the American Association for Counseling and Development, and past Chair of both the ACA Foundation and the ACA Insurance Trust. From 1980 to 1984, Dr. Capuzzi was editor of *The School Counselor*. An ACA fellow, he is the first recipient of ACA's Kitty Cole Human Rights Award and also a recipient of the Leona Tyler Award in Oregon. He is the 2019 recipient of the Lifetime Achievement Award from the Association for Counselor Education and Supervision.

Released on: Friday, October 29th, 8:00am ET

Presentation Title: Suicide Prevention and Crisis Management: Implications for Counselors Serving Clients with Sexual, Affectional, Intersex, and Gender Expansive Identities

Presentation Description: This presentation will overview Myths, Risk and Protective Factors, and Signs and Symptoms for assessing possible suicidal intention along with Guidelines for Prevention and Crisis Management. Information specific to Clients with Sexual, Affectional, Intersex, and Gender Expansive Identities will be included to provide a cautionary and realistic dimension to the role of the counselor with this population. The importance of using a strength-based approach and avoiding negative labeling will be emphasized throughout this presentation.

Learning Objectives:

- To provide mental health counselors/professionals with the information they need to recognize myths and identify risk and protective factors that will inform their decisions about identifying potentially suicidal clients and developing counseling/treatment plans.
- To discuss approaches to prevention to lessen the risk of suicidal attempts and completions.
- To describe approaches to crisis management after a suicide attempt or completion.



Educational Sessions

Pre-recorded Educational Sessions will be released at 8:00am ET on Fridays in October, beginning on Friday, October 8th, 2021. Session details and release information can be found below. Links to each session can be found by logging into your [Eventbrite](#) account.

EDUCATIONAL SESSIONS RELEASE #1: FRIDAY, OCTOBER 8TH, 2021

Educational sessions are 50 minutes in length, unless otherwise noted.

Session Title: Creative Interventions for Addressing Bullying with LGBTGEQIAP+ Youth: Increasing Self-Esteem and Sense of Belonging

Presenters: Caitlin Frawley & Sheldon Aaron

Session Description: Counselors engaging in group work with LGBTGEQIAP+ adolescents must consider common adversities when implementing interventions to increase self-esteem and resilience (Goodrich & Luke, 2015). Approximately, 32% of LGB youth report being bullied on school property, and 43% of transgender youth reported being bullied on school property (Roberts, 2020). Research shows that creative arts groups allow youth to explore traumatic experiences through non-verbal interventions (Malchiodi, 2021). Therefore, we will present creative arts interventions for LGBTGEQIAP+ youth experiencing bullying. 110 minutes.

Session Title: Harm Reduction with Transgender Youth: Why it is Indispensable

Presenters: Clarissa M. Mulligan, Francesca Scirocco, & Carrie A. VanMeter

Session Description: Harm reduction with youth who are transgender is a matter of life and death. There are higher rates of suicidality, self-harm, eating disorders, and depression with transgender youth than with cisgender peers. Join us for a discussion on the importance of language and definitions, housing, victimization, legislation, suicide prevention, ethics, multicultural competency, importance of competent providers, advocacy, gatekeeping, role with caregivers of transgender youth, gender affirming care, and support within schools.



Session Title: Coming Out and Coming of Age- The Narratives of Queer Youth and Internalized Homophobia

Presenter: Nathaniel L. Smith

Session Description: This presentation will focus on the literary device of Bildungsroman, in the context of narratives of queer youth. We will explore the basic tenets of a Bildungsroman and how it fits into the framework of narrative research. Further, attendees will examine the rarely explored phenomenon of internalized homophobia and oppression. Through an examination of existing literature and presenter's original research, attendees will consider how internalized homophobia manifests in the counseling relationship and within queer youth.

Session Title: Answering Our Call to Action: Counselors as Co-Conspirators in Advocacy with Intersectional Queer and Trans Youth

Presenter: Whitney P. Akers

Session Description: Through reflection, discussion, and experiential activities, attendees will explore implementation of liberatory counseling and advocacy practices. Attendees will gain heightened self-awareness regarding areas of strength and for growth in work with intersectional queer and trans youth, examine how power manifests within counseling and advocacy spaces, and workshop tactics to subvert systems of oppression within their communities.

EDUCATIONAL SESSIONS RELEASE #2: FRIDAY, OCTOBER 15TH, 2021

Session Title: Supporting LGBTQIA+ Youth: Practical Considerations and Case Studies

Presenter: Krissy Moses

Session Description: In this workshop you will collaborate in small groups to explore specific considerations in helping LGBTQIA+ youth to navigate the unique challenges they face within the school system and daily life. Case scenarios will reflect real life examples of the challenges LGBTQIA+ youth face in order to help you navigate the best ways to support youth in

exploring and expressing their identities. Developmental stages will be considered in addressing appropriate practice guidelines. 110 minutes.

Session Title: "Existing Shouldn't Be That Hard:" LGBTQ+ Youth Experiences of Ambiguous Loss & Grief during Sexual Identity Development

Presenters: Nancy E. Thacker, Antonio Duran, & Jessica Weise

Session Description: Sexual identity development elicits psychological loss experiences that can be ambiguous in nature. For LGBTQ+ youth, losing senses of safety, privilege, and belonging accompany awareness of LGBTQ+ identity and can lead to challenging grief responses. This presentation will discuss findings from a narrative inquiry into LGBTQ+ youth experiences of this phenomena. The key role environment plays in manifestations of loss and grief will be highlighted. Implications are provided for practice in counseling and educational settings.

Session Title: Broaching the Fluidity of Sexual Identity and Gender Identity with Children, Adolescents, and Their Caregivers

Presenter: Leslie Kooyman

Session Description: This interactive presentation explores how to broach sex and sexuality with children, adolescents, and their caregivers through a gender-fluid and sexual identity fluid lens. Culturally appropriate sex positive strategies for broaching and exploring sex, gender, and sexuality with youth will be provided with resources, concrete counseling techniques, and references for additional information.

Session Title: Assessment of Intersectional Minority Stress and Protective Factors in Suicide Prevention with multiple minority LGBTGEQIAP+ Youth

Presenters: Jeff Moe, Narketta Sparkman-Key, Alex Gantt, & Bianca Augustine

Session Description: Counselors working with and on behalf of LGBTGEQIAP+ youth must address how intersectional minority stress influences mental health and suicidal behavior for multiple minority individuals and groups. This includes assessing for intersectional minority stress and integrating protective factors like hope and social



support into counseling, research and advocacy. The presenters demonstrate how to assess for protective factors and intersectional minority stress when addressing mental health and suicide risk with LGBTGEQIAP+ youth using evidence-based practice.

Session Title: Working With Transgender Kids Who Live In Religious Homes

Presenters: Nathan Willis, Hannah Bayne, Anita Neuer-Colburn

Session Description: Transgender kids who live in religious homes may face additional criticism, difficulties navigating and claiming their identities, and safety concerns. This workshop will cover issues that are common when working with transgender kids who live in religious homes. Working with the entire family will be emphasized with a focus on client safety and gender expression.

EDUCATIONAL SESSIONS RELEASE #3: FRIDAY, OCTOBER 22ND, 2021

Session Title: K-12 LGBTGEQIAP+ Youth Experiences in South Korea and Future Goals

Presenters: Eunhui Yoon & SungWon Yoon-Lee

Session Description: This program will provide LGBTGEQIAP+ youth's experiences in school in South Korea: cultural and social background of the country, major issues LGBTGEQIAP+ youth face in school, review how educators and counselors have responded, and examine the currently available resources for students. The audience will learn the uniqueness of South Korean LGBTGEQIAP+ youth's experiences and the commonalities they share with the United States. Implications to develop best practices for a safe school will be discussed with the audience.

Session Title: The Wide World of Ethical Non-Monogamy

Presenter: Sarah J. Stillwell

Session Description: Due to the increase in crossover between the Ethical Non-Monogamous community and the SOGI (sexual orientations/gender identities) community, it has become important for counselors to be knowledgeable on ethically non-monogamous relationships and how to counsel them. This workshop will include: 1) Understanding the umbrella



of ethical non-monogamy, 2) Different types of ethical non-monogamous relationships, 3) Relationship agreements, 4) Dating, and 5) Common issues seen in counseling and how to manage them.

Session Title: Establishing Gender Affirming Youth Practices Through Foundational Play Therapy Tenets

Presenters: Kaleb A. Thompson, Caitlin Frawley, & Dalena Dillman Taylor

Session Description: Gender Expansive (GE) individuals are at risk of significant negative outcomes. Children experience gender exploration during crucial developmental years and can be impacted by the reactions and responses from those around them. The foundational tenets of play therapy encourage flexibility and exploration through a safe and supportive environment; therefore, this presentation aims to uncover the needs of GE children and youth as well as identify the primary ways play therapy can address these needs.

Session Title: Being a Kink-Aware Counselor

Presenter: Mary Kate Reese

Session Description: Are you a kink-aware counselor? This topic is important from an ethical perspective as well as a diversity framework. Come learn about alternative lifestyle terminology & behaviors that may occur between consenting adults, including sexual variations (e.g., kink, BDSM) & relationship variations (e.g., ethical non-monogamy such as swinging & polyamory). Discuss existing research on these populations & resources available on these topics.

EDUCATIONAL SESSIONS RELEASE #4: FRIDAY, OCTOBER 29TH, 2021

Session Title: Creating a Safe and Affirming School for LGBTGEQIAP+ Youth of Color

Presenters: Eunhui Yoon, Sheila T. Gregory, Grank Ortega, & Rosalee Martin

Session Description: The presenters will address the needs of LGBTGEQIAP+ youths of color in K-12 and college. This includes: 1)

The role of Intersectionality and the Matrix of Oppression that creates complex identities for LGBTGEQIAP+ students of color; 2) The challenges these complex identities create and; 3) The strategies for addressing them, while fostering respect, acceptance, resilience and empowerment within an inclusive school community.

Session Title: Opportunities and Barriers: Queer and Trans Identity Self-Disclosure in Counselor Education, Supervision, and Clinical Settings

Presenters: Mickey White, Whitney P. Akers, Sha'nee Wasson, Breanna Dampf, & Zara Taylor

Session Description: The dearth of literature addressing personal queer and trans identity disclosure to clients, supervisees, and students can cause uncertainty around navigating disclosure in clinical, supervisory, and educational settings. Presenters will facilitate exploration of attendee journeys around queer and trans identity disclosure, barriers to/opportunities for disclosure, and the impact of disclosure on relationships with clients, including youth clients, supervisees, and students within counselor education settings. Presenters will share preliminary findings from an original related research study.

Session Title: All in for Ace Youth

Presenter: Stacy A. Pinto

Session Description: Youth who identify on the asexual or “ace” spectrum are often underrepresented and overlooked. Ace youth struggle to identify relationships, language, and communities in which they are recognized – even in the most liberal environments. These challenges, among many others, lead to disproportionate rates of depression and anxiety for this population. This presentation will contextualize obstacles facing ace youth and explore approaches toward fortifying this community through direct and indirect services from a multidisciplinary, systems-based perspective.



Session Title: Using Bibliotherapy as a Tool for Social Justice and Advocacy with LGBTQ+ Individuals

Presenter: Michael M. Kocet

Session Description: This presentation will explore using bibliotherapy with LGBTQ+ children, adolescents, and adults (Burns, 2008; Gladding, 2016). Bibliotherapy can be used as a form of psychoeducational intervention and therapeutic catharsis, as well as a tool for education and advocacy/social justice issues related to the LGBTQ+ community. Integrating case studies and group discussion, the presentation will share guidelines to using bibliotherapy with LGBTQ+ clients, as well as show examples of literature, books, memoirs, and graphic novels counselors can use with affectional minorities and gender non-conforming clients on a range of topics, such as coming out, LGBTQ spirituality/religion, trans identity, and anti LGBTQ bullying.

Session Title: Gayme Night - Online Games in Therapeutic Contexts with LGBTGEQIAP+ Youth

Presenter: Jonathan Ribble & Ryn Gonzales

Session Description: Play is the natural language of children and a potent tool for therapy. Using games in online spaces with youth clients, individually and in groups, can strengthen relationships and directly serve therapy goals. Creative and imaginative games facilitate identity exploration in a fun and natural way, which is particularly important for LGBTGEQIAP+ youth. We will share lessons learned, best practices, and practical tools from our work with LGBTGEQIAP+ youth in online therapeutic spaces. 110 minutes.



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