

# THE FRANKLIN BAND WINDS REHEARSAL GUIDE 2020



## What to wear:

- We will be outside for most of the time, and it can get pretty hot. As long as you're wearing a non-revealing shirt/tank top, it should be fine.
- We suggest athletic shorts, but as long as you're wearing pants of some kind, it's okay.
- Proper footwear!! **No sandals or open toed shoes.** Tennis shoes of your comfort/choice will be good.
- If you have long hair, it might be a good idea to put it up/back. It will be warm and windy. There are times when you are not allowed to move your hair or sweat out of your face, and it may alter your ability to see or cause discomfort.



## What to bring:

### Everyone:

- Dot book/spiral note cards (this is how you will know where you're supposed to be on the field until you can memorize it) **ALSO** it may rain and ruin your dot book so buying one with a plastic cover is highly encouraged (Needs shoelace to tie to dot book)
- Water jug (it's very important to us that you're properly hydrated so that no one passes out/gets hurt, so make sure it's **not just a water bottle**) (Half gallon or full gallon jug)
- Sunscreen/hat/sunglasses (it's almost guaranteed that you'll get burned, especially on camp days. Protect yourself from the sun)
- Band binder for your music/warm ups and **always have a pencil**



### Brass:

- Gloves (makes it easier to hold on to your instrument, and they will protect the finish of your instrument) (we recommend baseball or golf gloves)
- Valve oil/slide grease

### Woodwinds:

- Extra reeds/neck straps if needed

## Other things to remember:

- Always arrive on campus 15 minutes prior to when rehearsal is supposed to start (to be early is to be on time)
- Eating before rehearsal is important. If you don't eat or drink water, there is a chance you will get sick or pass out during rehearsal. We want everyone to be healthy and happy! Also be careful of eating/drinking **TOO MUCH** or something you know will be bad for you (fast food, soda, etc.)
- Your seniors/section want to help you. If you **EVER** need anything, don't be afraid to ask. If they can't help you, come to the drum majors. They would also love to help :)



## Links of things to buy

- Water jugs

<https://www.amazon.com/sports-water-jug/s?k=sports+water+jug>

<https://www.walmart.com/ip/Igloo-Sport-1-2-Gal-Jug-with-Hooks/37182520>

<https://www.target.com/p/gatorade-half-gallon-beverage-cooler-orange/-/A-52108144>

<https://www.dickssportinggoods.com/search/SearchDisplay?categoryId=&storeId=15108&catalogId=12301&langId=-1&sType=SimpleSearch&resultCatEntryType=2&showResultsPage=true&fromPage=Search&searchSource=Q&pageView=&beginIndex=0&DSGsearchType=Keyword&pageSize=48&searchTerm=water+jug&advsearch=true&SearchType=Keyword>

- Dot books

[https://www.amazon.com/s?k=marching+band+dot+book&ref=nb\\_sb\\_noss\\_1](https://www.amazon.com/s?k=marching+band+dot+book&ref=nb_sb_noss_1)

<https://www.amazon.com/ESS40283-OXFORD-SPIRAL-INDEX-CARDS/dp/B001JTJ7TQ>

<https://www.walmart.com/ip/INDEX-CARD-NOTEBOOK/24617363?athcpid=24617363&athpgid=athenatemPage&athcgid=null&athznid=PWVUB&athieid=v0&athstid=CS004&athguid=d6c38f8c-4d1-1725d03ad80408&athancid=null&athena=true>

- Gloves

[https://www.amazon.com/s?k=Baseball+batting+gloves&ref=nb\\_sb\\_noss\\_2](https://www.amazon.com/s?k=Baseball+batting+gloves&ref=nb_sb_noss_2)

[https://www.amazon.com/s?k=golfing+gloves&ref=nb\\_sb\\_noss\\_1](https://www.amazon.com/s?k=golfing+gloves&ref=nb_sb_noss_1)

<https://www.dickssportinggoods.com/search/SearchDisplay?searchTerm=golf+gloves&storeId=15108&catalogId=12301&langId=-1&sType=SimpleSearch&resultCatEntryType=2&showResultsPage=true&fromPage=Search&searchSource=Q&pageView=&beginIndex=0&DSGsearchType=Keyword&pageSize=48>