

**Conscious Heads Barbering Boot camp**  
**Hair Cut Instructions**  
**Document #5**

**Regular Cut With the Grain**

1. Find out the pattern of the hair
2. Go with the Grain
3. Start by using long strokes then short strokes to rapid strokes, then mix them all, get the hair even by any means necessary
4. If hair grows different in some areas, go the way the hair grows
5. If the client has a cowlick use a bigger guard against the grain to cut that area( if you hit that area you will cause a bald spot) go east, west, north or south until you find direction that works
6. For hard stubborn spots on the head that seem to dark you want to lower octave as if blending out dark spots
7. Always use brushes and combs as a constant help, it lays the hair down and helps in the cutting process

**Regular Cut Against the Grain**

(the most even you will get any cut is against the grain)

1. Find out the pattern of the hair
2. Go against the Grain
3. Start by using long strokes then short strokes to rapid strokes, then mix them all, get the hair even by any means necessary
4. If hair grows different in some areas, find the way the hair grows and go against it
5. If the client has a cowlick use a bigger guard against the grain to cut that area( against the grain you have less chance of causing a bald spot) go east, west, north or south until you find direction that works
6. For hard stubborn spots on the head that seem to dark you want to lower octave as if blending out dark spots
7. Always use brushes and combs as a constant help, it lays the hair down and helps in the cutting process

# The Fade

## *In 7 steps*

1. L Stroke
2. Length
3. L Stroke
4. E Stroke
5. L Stroke
6. E Stroke
7. E Stroke

1. Cut desired length with L Stroke to create first lines or bowl cut
2. Cut desired length of top portion of hair
3. Create 2<sup>nd</sup> line to get 1<sup>st</sup> blend Line with L stroke, **the line should be thumb width or fatter depending on style of cut** (about 20mm or 2cm or 1 inch)
4. With E Stroke and the necessary changing of Octaves erase first line
5. Create 3<sup>rd</sup> line to get 2<sup>nd</sup> blend line with L Stroke, **the line should be thumb width or fatter depending on style of cut** (about 20mm or 2cm, maybe an inch)
6. With E Stroke and necessary changing of Octaves erase second blend line
7. Use the E Stroke to get the final line, by this time this should easily blend into cut, if hair is

### **Special Notes**

- In most cases use a #1 guard or 1 oc, open blade to start your blend line, of course this changes with levels and lengths of hair and may defer from style of cut
- the holding of the clipper can be manipulated and held on different angles to get different blend effects
- most blends take place against the grain, but going with the grain to blend is a great technique
- whatever length you start with, that's the length to take blend line all the way out
- regular fades should be cut at a 15 degree angle with clippers

## Fade Checklist

1. **L Stroke** \_\_\_\_, **Guard or blade Size** \_\_\_\_\_
2. Length \_\_\_\_\_, Guard or blade size \_\_\_\_\_
3. **L Stroke** \_\_\_\_, **Guard or blade Size** \_\_\_\_\_
4. **E Stroke** \_\_\_\_, 1st Guard or blade Size \_\_\_\_ 2<sup>nd</sup>  
Guard or blade Size \_\_\_\_\_ 3<sup>rd</sup> Guard or blade  
size \_\_\_\_\_ 4<sup>th</sup> Guard or blade size \_\_\_\_\_
5. **L Stroke** \_\_\_\_, **Guard or blade Size** \_\_\_\_\_
6. **E Stroke** \_\_\_\_, 1st Guard or blade Size \_\_\_\_ 2<sup>nd</sup>  
Guard or blade Size \_\_\_\_\_ 3<sup>rd</sup> Guard or blade  
size \_\_\_\_\_ 4<sup>th</sup> Guard or blade size \_\_\_\_\_
7. **E Stroke** \_\_\_\_, 1st Guard or blade Size \_\_\_\_ 2<sup>nd</sup>  
Guard or blade Size \_\_\_\_\_ 3<sup>rd</sup> Guard or blade  
size \_\_\_\_\_ 4<sup>th</sup> Guard or blade size \_\_\_\_\_