

Mar-Anon Family Groups

SUPPORT AND HOPE FOR THOSE AFFECTED BY ANOTHER'S MARIJUANA USE



Mar-Anon is a 12-Step program designed specifically for those who are affected by another's marijuana use.

Many times, we have heard:

"It's just pot – what's the problem?"

Confusion and self-doubt ensue. We spin between the belief that marijuana is harmless and our own conviction that something is wrong in our relationship with a habitual user. We can feel isolated.

We in Mar-Anon understand. Although many think it less serious than other drugs or alcohol, marijuana is a mind- and mood-altering drug that can be addictive for some people. For those who seek recovery from marijuana abuse, there is a 12-Step program – Marijuana Anonymous. **For friends and families whose lives are affected by a loved one's marijuana use, there is Mar-Anon.**

Like any addiction, marijuana use has an impact that extends beyond the user. In Mar-Anon, we seek to recover from the effects of this disease by learning about addiction and co-dependency. The only requirement for membership in Mar-Anon is that a person be affected by another's marijuana use.

The belief that marijuana is not addictive creates stress for users and family members who are already suffering. With alcohol, cocaine, or even gambling, it is commonly understood that these addictions are illnesses and can require outside help.

Marijuana users can struggle for years without information or intervention. Mar-Anon takes no position on the legal, medical or political status of marijuana, we recognize that the increased availability of marijuana legalization can create challenges and controversy.

Contact us at: maranon.group@gmail.com

Our website is mar-anon.com

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Mar-Anon Meetings



How it works:

Mar-Anon is a fellowship of those affected by another person's marijuana use. Its foundation is the Twelve Steps, adapted from Marijuana Anonymous, which can be a powerful, life-changing tool. We come together to work the steps and offer hope, comfort and support for other members.

Mar-Anon Online Meetings:

This schedule can change so please visit mar-anon.com for the most accurate days and times.

All times are listed in Central Standard Time:

Mondays at 6 PM (CST)

Tuesdays at 8 PM (CST)

Wednesdays** – the 1st and 3rd Wednesday of each month at 6 PM (CST)

Fridays at 12 PM (CST)

REMEMBER:

You are not alone!

Join our Google Mar-Anon Group To learn about new meetings, updates and general information. The only requirement for membership is that a person be affected by another's marijuana addiction. This is a private group, so those interested must submit a request to join the group.

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**Mar-Anon meetings are open to all , however, meetings marked with a double asterisk focus on those with Adult Qualifiers (The user in your life is

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