

Responsible Recovery LLC

Drug Free and Alcohol Free Sober Living Environment Application

Gault House, operated by Responsible Recovery LLC, is a family of people disabled by an addiction to drugs or alcohol who chooses to abide by self imposed rules to maintain a sober living environment which helps the members of this family overcome their addiction. Members of the Gault House family take responsibility for their own recovery from drug and alcohol addiction while having the safety of living in a structured, drug free and alcohol free sober living environment. Gault House is NOT a treatment facility, no counseling is provided. Clients not following our structures agree to leave immediately.

A relapse out of sobriety can be life threatening! Responsible Recovery reserves the right to insist that any person leave the property immediately without regard to any considerations such as time of day, transport, weather etc, taking with them all their personal property, without notice or refund of any monies paid, if that person, in the Gault House management’s professional opinion, is: (1) under the influence of drugs or alcohol, (2) displaying violent or intimidating behavior or brings weapons/guns onto the property, (3) engaging in sexual acts, lewd acts or intimate behavior between clients (4) engages in theft or illegal activities (5) has any outstanding warrants or (6) receives three written warnings in 30 days. Responsible Recovery reserves the right to refuse service to any applicant and to no longer provide service to any Client.

By completing this application and paying the mandatory, non-refundable \$30 administration fee (\$15 for returning clients), the applicant agrees to waive any and all tenant rights and they agree that they are applying to be a client of Responsible Recovery LLC sober living services. The applicant agrees that if they are asked to leave Gault House or they leave by their own decision, without drama and that there are NO REFUNDS of any monies paid (for any reason).

Name Last: _____ First: _____ MI: _____

Cell Phone #: _____ Email: _____ Facebook Name: _____

DOB: _____ SS#: _____ Photographed: Y / N

Drivers License #: _____ State: _____ Photocopied: Y / N Bicycle: Y / N

Vehicle Make and Model: _____ License Plate #: _____

Transport (circle): Vehicle / Motorcycle / Bicycle / Skate Board / Other: _____

Drugs of Choice: _____ Last Date Used: _____

OD History: 1. _____ 2. _____ 3. _____

Emergency Contact: _____ Relation: _____ Phone #: _____

Emergency Address: _____ City: _____ State: _____ Zip: _____

Forwarding Address: _____ City: _____ State: _____ Zip: _____

Move in Date: _____ Referred by: _____ Sex: Male / Female / Trans

Employed?: Yes / No Types of Employment: _____

Employer: _____ How Long: _____ Position: _____

Hours of Employment: From _____ To _____ Days: M T W Th F Sat Sun

Supervisor: _____ Phone #: _____

Who will pay their client fees? _____ Cell #: _____

Felonies Yes / No? What? _____

Probation/Parole Officer: _____ Phone #: _____

Attending 12 Step Program? Y/N Which: _____

Sponsor? Y/N Name: _____ Phone #: _____

Types of treatment that you have completed: (A) Detox (B) Residential (C) Outpatient

Previous Treatment Programs: Type From To

1. _____

2. _____

Prescription Meds: 1. _____ 2. _____ 3. _____

Over the Counter Meds 4. _____ 5. _____ 6. _____

Are you bi-polar? Yes / No Do you have Mental Health Conditions?: Yes / No

Doctor's Name: _____ City: _____ Phone #: _____

Health Insurance Plan?: PHP / PPO / HMO / Medical / Parent's / None _____

Name of Plan?: _____ Deductible Amount?:\$_____

I have read, understand and agree to all of Responsible Recovery's policies, rules and operating procedures.

Client's Signature: _____ Date: _____

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Drug and Alcohol Free Sober Living Environment

220 Gault St, Santa Cruz, Ca 95062

What to bring with you?

Gault House is transitional housing and not a storage facility!

Please, only bring the following items:

Things to bring with you:

Bedding, sheets, blanket, pillow and bath towel
Groceries, food for the first few days
Toiletries / toothbrush & toothpaste / shampoo / shaving gear / soap etc.
Washing soap for the laundry
Payment for any fees that will be required before your entry.
Quarters for the coin operated laundry
Photo ID
Any "AA / NA / 12-step / Recovery" literature,
Pen and paper

Clothes:

3 pair of short pants
3 pair of long pants
7 shirts
7 pair of socks
7 underpants
1 pair of formal shoes / boots
1 pair of tennis shoes / trainers
1 pair of slippers / flip-flops
1 warm jacket
1 set of clothes for formal occasions such as a court proceeding

Optional:

Cell phone, iPad, Laptop, bicycle, vehicle (street parking only).

Not permitted:

Desktop computers, printers/photocopiers/faxes, xbox/game consoles, TV's
Electrical appliances, tools, equipment, furniture
Mouth wash, alcohol, drugs, paraphernalia or weapons

Navy Showering Technique:

All clients have agreed to use water sparingly, especially during showers, by using the "ON / OFF" showing technique known as the "Navy Shower" which consists of wetting yourself down and then turning the water OFF while soaping up, then turning the water back on to rinse off. This "ON / OFF" showing technique must also be used for applying conditioner. Anyone listening to a shower running would hear the water run for no more than two minutes before it was shut off.

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Daily Timeline:

- Before 6am Silence, people are sleeping, if you have to get up for work or other reasons, you must NOT disturb other people.
- After 6am Quiet please, when moving around, using the kitchen or bathroom
- 8am Kitchen open, laundry open, time to get up, make your bed and do your chores, TV allowed
- 10am Beds made, chores done, appropriate dress (no pajamas)
Non-workers must leave the house from 10am-2pm, Mon-Fri
- 2pm Non-workers can return to the house,

- 6pm Sunday House meeting ... Mandatory!

- 8pm Laundry closes, no more washing or drying clothes.
No loud conversations or car noise outside in the yard or street that might disturb the neighbors.
- 10pm Kitchen closed, no showering, no using appliances or cooking.
Quiet time inside the property, use headphones, no banging around, people are getting ready to sleep.
Go to bed and sleep so you can get up between 6-8 tomorrow and have a productive day
- 11pm Curfew, no TV, cellphones, laptops etc. after curfew, go to bed and sleep so you can get up between 6-8am tomorrow and have a productive day..

Responsible Recovery LLC Principles of Sober Housing:

Responsible Recovery LLC's services are for people who are disabled by drug or alcohol addiction and who are taking responsibility for their recovery from drug or alcohol addiction by actively seeking a drug free and alcohol free family structure. We interview all applicants in order to assess whether we believe the applicant is consciously taking responsibility for themselves and whether they are a good fit for the services that we provide.

To be a good fit with our sober family, the applicant should be actively seeking a structured, drug free and alcohol free, shared living environment, where there are house rules that the client wants to follow in order to bring discipline and structure into their daily life.

Clients that are actively working a program of recovery for themselves, not for their parents and not for the Responsible Recovery Management Team, are the clients that are the best fit for our services.

Responsible Recovery provides clients with the service of sober housing and we reserve the right to refuse service to any client. We care deeply about the successful recovery of all of our clients and we cannot allow an individual's need for attention or care to be so great that it drains our resources to provide services to the majority of our other clients.

If a client uses alcohol or drugs, they will be asked to leave the property immediately. Other zero tolerance rules include displaying aggressive or intimidating behavior, sex acts or lewd acts or intimate behavior, theft or illegal activities, outstanding warrants, or receiving three written warnings in 30 days.

Responsible Recovery's management team will not beg (or mother) any client to follow our rules. If a client is not willingly following our rules with a positive attitude, they will be given a written warning. If the client receives three written warnings in 30 days, they will be asked to leave. Written warnings are not given without good cause and Responsible Recovery's management team want our clients to succeed in their recovery.

Responsible Recovery does not provide refunds to clients who use drugs or alcohol or to clients who are asked to leave for any reason or to clients who chose to leave themselves. This zero refund policy helps our clients to follow the rules they have agreed to and these rules help our clients to stay sober.

Gault House is not a hospice nor a medical procedure recovery residence. We do not accept clients under 18 years old nor pregnant clients. Our sober housing is for people who are working. We require a minimum of 20 hours of work a week or written evidence of two job applications per week. Clients who are not working at least 20 hours a week, must leave the house from 10am-2pm Monday through Friday and we expect them to use this time to find work. Responsible Recovery requires that clients do NOT work more than 50 hours per week. Our experience is that clients who over-work are more likely to relapse. Our goal is to provide structures that help clients to achieve a balanced life without drugs or alcohol. Clients who work more than 50 hours per week will receive written warnings to reduce their work hours and be encouraged to develop interests outside of work.

Serious study may be considered "work" but we consider casual study at a community college to be "dangerous play". Most people at community college are not in recovery. There are many parties and significant social pressure to be liked. We believe that this combination of social interactions, personal relationships and peer pressures are NOT helpful to an individual in recovery.

It is our preference that our clients pay their own monthly fees, not the people that love them nor government programs. We believe that working is therapeutic and learning the market value of your labor is the best way to build your path forward. We encourage clients to start with a minimum wage job or "entry level" job and from a position of employment, plot a career path.

We discourage clients from reminiscing about their addictive past or dressing / behaving in a way that is reminiscent of their addictive past. We provided structures to encourage our clients to look forward and build a future that makes them happy and connected with their society. We want our clients to use Responsible Recovery's clean and sober housing as one of their tools to build their future. We encourage clients to develop their own recovery plan that includes graduating from our sober housing program and being a self sufficient, productive member of society.