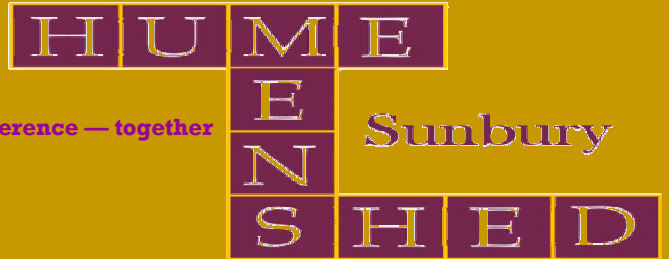


February
2021

Making friends, making a difference — together



Shedders News

Q & A Covid 19 and the Shed

Do I still have to wear a mask at the shed even when the mask rules have relaxed?

Yes, for the safety of ALL members, the committee decided that masks must be worn within the shed except when having lunch or morning tea.

What if I have forgotten my mask at home?

Masks are available at the office for \$1 each

Why do we have to use the QR Code at the shed?

Using the QR codes has several benefits including

Identifying members who attended the shed if an infection occurred.

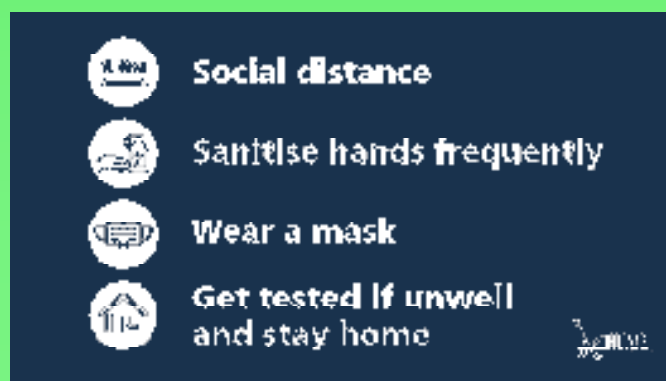
Allows the shed to have one member per 2 square metres instead of 1 member per 4 square metres

Do visitors have to use the QR code?

Yes all visitors must use QR code to ensure easy tracing.

Can we resume lunches at the shed?

Yes providing social distancing and numbers in rooms are strictly adhered to.



Using Shed Material and Equipment for personal use? Don't forget to make a donation

President Report

February 2021

Hi Shedders,

Here we are again with February upon us already, and once again we are in a 5 day lockdown. At this stage the Shed will not be open until 22nd February pending upon the situation at that time. We will keep you informed via email.

January saw a massive clean up around the Shed with special thanks to Denis for his enthusiastic effort and all the others that helped around the Shed. As I left the Shed , (as I am on leave) it was sparkling clean and tidy. Also a special thankyou to Kevin and Dale for deep cleaning the Shed before this latest shut down and indeed everyone else that participated.

I also want to give a big shout out to Albert for all his hard work and effort in putting items on e.bay for sale – it’s been very fruitful and the money made will go towards

items needed for the Shed.

Congratulations Ross on your return after your treatment, with a great result – Well Done, and for all our sickies please get well soon and if anyone requires any help whatsoever, please do not hesitate to get in touch with one of the Committee members.

A big thankyou to one of our sponsors “Elite Tyre & Autocare” I recently had my caravan tyres replaced, and the service was A1 and can highly recommend any one needing tyres.

We are in Warrnambool at the moment with our van and “Quilty”, although she is missing all the guys, is getting quite the attention she wants with everyone passing.

Everyone take care, and hoping that this lockdown finishes soon.

“YOU’LL NEVER NEVER KNOW IF YOU NEVER HAVE A GO”

Ted



President Ted suffering during lockdown



WELCOME NEW MEMBERS
Nick Brown
Geoff Moulder

Don't wait to be asked to volunteer, offer to volunteer

Extract of Minutes of meeting 130 Tuesday 16th February 2021 9.30am

Minutes of previous meetings

Correspondence in

15 pieces of correspondence dealt with

New Members/ Membership renewal

Geoff Moulder

Nick Brown

General Business

1/ Band Saw – Peter Wilkinson to supply business case to enable to ascertain to right band saw to purchase. Extra funds above the grant approved to a limit of \$3,779 inc the grant. Executive committee plus Kevin to authorise final purchase.

2/ Mental Health Seminar 23rd and 25th March 2021 9am to 4pm - Approved

3/ Financial Governance Seminar 31st March – Approved

4/ Veranda – Wait to see if grant approved. If approved look at modified designs. Total cost of the project not to exceed the grant received.

5/ Guidelines for members requiring carers

Subcommittee formed Kevin, Ian P, Ted and Rob to come back with recommendations.

6/ Communication policy – policy adopted. Moved Albert Seconded Kevin Carried **Editors send copy of policy**

7/ CBA Donation \$500 Certificate of appreciation issued

8/ RACV Badges Ian to contact Terry re badges.

9/ Goods left at shed policy **Confirmed**

10/ Web site update

To upgrade cost us \$251.64 for 3 years currently we pay \$250.20 for 3 years. To migrate the site will cost us \$144.99. current 3 year expires in May 2021. **Approved**

11/ Bingo – **the offer to run the Bingo at the football club was declined**

12/ Shed's mobile phone custodian allocated to Assistant Secretary Ian Phillips and backup Peter C

13/ Scrap mortice and tenon machines – **Machines to be scrapped, preferable we get money from scrap merchant.**

14/ Policy regarding clean work benches. **Signs to be placed on work benches reminding members to clear their benches every day, except in special circumstances.**

15/ Sub Committee to investigate safe parking. **Albert to write to council requesting angle parking at the front. In the meantime, witches hats to be placed to prevent parking near the front entrance.**

16/ Members interested in forming a musical group suggested by Joe DeBono
If enough interest, musical group can meet in the shed at non normal shed times eg Monday afternoon.

17/ Use of no standard pad locks
All padlocks in the shed to be the standard key alike shed padlocks.

18/ Authorisation procedure for purchase of equipment – reminder of policy
Business case for all major expenses to be presented to the committee to enable proper determination by the committee.

19/ Compressor grant status – **Grant result expected in April -reminder expenditure has been approved if we do not receive the grant.**

20/ Garage Sale **Mothers day garage sale Saturday 1st May, ensure special tables set up for gift suitable for mothers.**

21/ Barry Kelly to be appointed assistant OH&S officer.

22/ Centerlink Volunteer **Member needs to comply with the volunteer requirement as stated by Centrelink.**

24/ Stan reminded committee that members make a donation to use shed material and machinery etc for personal use.

Meeting closed 11.36am



POP MUSIC BAND

Are you interested in forming a pop music band in the shed?

Do you like playing an instrument?

If so contact Joe DeBono on 0411 023 894

STEPPING UP LADDER SAFETY

A simple, but important reminder for all shedders, take extra care with ladders



Shedders and their families are being urged to put their safety first when using ladders for odd jobs, taking down Christmas decorations and DIY maintenance around the home, as part of an awareness campaign being launched today.

Run annually, **The Ladder Safety Matters campaign** extends across social and digital, with the aim to reduce serious injury, hospitalisations and deaths from ladder falls.

Ladders are associated with more deaths and injuries than any other household product, with older people most likely to suffer serious injuries from a ladder fall.

In Victoria alone, there is around 1200 emergency department presentations due to ladder falls and around six Victorians die as a result of falling from a ladder at home each year.

The latest data shows hospital admissions for ladder falls around the home have gone up by 22 per cent over the five years to 2018/19 – from 614 to 752. The number of men hospitalised increased by 16 per cent from 474 to 549 and concerningly the number of women jumped by 45 per cent – from 140 to 203.

Sixty-one per cent of all hospital admissions were people

aged 60 and over, and men aged from 40 to 79 made up more than half (55 per cent) of the people who presented to hospital emergency departments after falling off a ladder.

People who are hospitalised after a ladder fall commonly suffer bone fractures, open wounds and head injuries, including concussion. Physical injury is often linked to long-term psychological trauma, loss of mobility and independence for older people.

Most ladder injuries are preventable, which is why older Victorians should be cautious and not take shortcuts. People should always maintain three points of contact, use two hands when climbing and when using a tool, make sure both feet and your other hand are secure on the ladder.

It is important to work within your limits and make sure another person is at home while you are on a ladder, in case you need help. Having another person around can help hold the ladder to ensure it doesn't slip, simple, but very important.





Phone: 9744 5006

New and used tyres from \$25 – Repairs from \$15

100 Horne St, Sunbury 3429

elite_tyres@outlook.com

Wheel alignments

**Car, 4X4, truck, bobcat, forklift
and tractor repairs and many
more.**

**We can repair anything with
tyres.**

******Zoom Meeting******

meet up with your fellow shedders
every Thursday at 9am

You can either enter the following address in your
web browser

[https://us02web.zoom.us/j/7888940705?
pwd=YkZDcHFMMkRLSk1Ga1d6eGFrcDBBUT09](https://us02web.zoom.us/j/7888940705?pwd=YkZDcHFMMkRLSk1Ga1d6eGFrcDBBUT09)

OR open up zoom and enter the following
meeting ID and passcode.

Meeting ID: 788 894 0705

Passcode: L4nEsX

Financial Literacy Training

Are you involved with a committee or like to be involved with
a committee? Then this course is for you.

Financial Literacy Training Wednesday afternoon 31st March.

Lunch will be provided. Booking is essential as we are
limited to 12 people.

Contact Secretary Albert to book your spot.

OH&S and Shed Machine Training



The most important policy of the Hume Mens Shed Sunbury is to achieve a continuous situation where every Member who attends the Shed, leaves the Shed with the same number of body parts functioning and intact and as when he arrived.

We have a number of machines installed at the Shed that, if used incorrectly can inflict some very serious or even fatal injuries to the human body.

The Shed policy requires any Member to complete our basic training course before using any of these machines. Their ID card will then be endorsed with a W, signifying that they have completed the course. Training on the metal machines is conducted on a 1 to 1 basis after completing the initial course and is indicated with a M on their card.

The course runs for approx. 2.5 to 3 hrs and is held on a Tuesday morning when the Shed is closed to normal use. The initial part covers general policy OH&S around the Shed, and the second part the specific safety requirements around the individual woodworking machines.

Unfortunately, due to the disruptions over the last year, I am aware that a number of new Members have not been able to do this course yet.

The next course will be held on

Tuesday 23rd February 2021 @ 9am

If you wish to attend this course there will be a signup sheet on the noticeboard at the Shed, or you can text Kevin Swaffield on 0418343234 with your request

There will be a maximum number of 6 places on the course.

I hope to run additional courses as required more frequently this year.

Kevin Swaffield OH&S Coordinator

Mike Newman



HMAS Cerberus

I was born on the 9th September 1943 in Brighton, England. The eldest of three children we migrated out to Australia in 1955 and settled in Brisbane.

School was not my forte and I convinced my parents to let me leave and go to work. Dad gave me a week to find a job but I only needed a day and started as a junior store man for McRobinson's Chocolates. After about nine months I left there and went to work at Arnott's biscuits as office boy before being moved into the costing department. At the age of seventeen I decided that there would be more adventure in the Australian Navy.

I joined the Navy in June 1960 for ten years as a mechanical engineer, or "stoker" as more commonly known. I completed my basic training and "stoker's" course at HMAS Cerberus and then, with a number of other recruits, went by train to Perth to board HMAS Queenborough.

(One of those other recruits was a guy by the name of Bob Potts, we became good mates and a few years later he became my brother in law)

Between 1960 and 1965, Bob and I served on the Queenborough, Sydney, and then HMAS Vampire, during which time we were involved in the Indonesian confrontation with Malaya.

In 1962 the Navy was looking for volunteers to join the newly formed submarine branch. I put my hand up and in 1965 I was transferred to the Royal Navy for submarine training. My wife, Anne and my daughter Jacqueline spent the next two and a half years in the UK before returning to Australia. Back home I

served at HMAS Platypus and on HMAS Oxley before completing my service and moving to Melbourne in December 1970. Our son Adam was born in March 1970.

On leaving the Navy I was at a loss as to what I wanted to do and tried a number of avenues until I got a job at DeZurick as storeman which later led me to the position of inventory controller. Still wondering what else I could do, I left and spent the next five years doing insurance and real estate until I eventually realised I was not a very good salesman!! I returned to DeZurick as purchasing officer and then got promoted to materials manager. In 1987 a change in management structure saw me leave for greener pastures.

I joined Caterpillar in the manufacturing department and spent the next twenty three years managing various projects.

Anne and I have been married for 57 years and have two children, four grand children and a great grandchild expected any day now.

In my private life I was the charter president of the Kiwanis Club of Sunbury and spent thirty two years in various positions within the club. As membership dropped and activities slowed right down I looked for another opportunity to get involved in the community, which is when I bumped into Ian Lupson at a Bunnings sausage sizzle. The newly formed Sunbury shed were doing their first SS. The rest is history.



Submarine badge (awarded after completing general competency)

Twin Dolphins, "Wear with Pride"

Medals (L - R)

Australian Active Service Medal 1945-1975 with Clasps "Malaya & Vietnam"

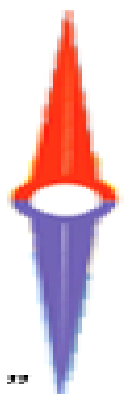
General Service Medal 1962 with Clasp "Malay Peninsula"

Aust. Service Medal 1945-1975 with Clasp "FESR" (Far East Strategic Reserve)

Australian Defence Medal

Pinjat Jasa Malaysia (PMJ) Medal 1957-1966

COMPASSION NORTH



"People matter - so, we'll never stop caring."

Birthday's for the month of FEBRUARY

Jon Fettes
 Andrew May
 Andrew Wilson
 John Holmes
 Bill Borchert
 Diter Jankovic
 Ken Farrow
 Frank Caserta
 Dennis Bannan
 Nat Perri
 Ian Lupson

MENTAL HEALTH FIRST AID COURSE

This is a two day course on Tuesday the 23rd and Thursday the 25th March 2021. We have received a \$4621 grant to run the course and will include lunches , morning and afternoon teas.

Booking is a must as we are limited to 20 places. Applicant must attend both days.

Contact Albert to secure your place.

LOOKS LIKE MUM FORGOT TO COME TO SHED

This was the scene earlier this month next to the dropsaw.

It is NOT the responsibility of the coordinators and committee to clean up after you.

Please use common sense or alternatively ask your wife to come and clean after you (providing you are still alive after asking her)



STAY SAFE, STAY HEALTHY

People of importance

| | |
|--|-------------------|
| President | Ted Riley |
| Vice President | Dale Wilkes |
| Secretary | Albert Achterberg |
| Assistant Secretary | Ian Phillips |
| Treasurer | Stan Rasanayagam |
| Assistant Treasurer | Peter Canning |
| General Committee | Mike Newman |
| General Committee (Special Projects) | Ian Lupson |
| General Committee (OHS, Property Maintenance) | Kevin Swaffield |
| General Committee (Metal Fabrication..Welding) | Rob Musson |
| Woodwork Coordinator | Peter Wilkinson |
| Assistant (Woodwork and Community Projects) | Peter Hobbs |
| Woodwork and Community Projects | Fred Parnis |
| OHS Assistant | Barry Kelly |
| Editor | Norm Ripp |
| Sponsorship | Jim Moffat |
| Grants | Nat Perri |
| Electrical Maintenance | Kevin Wood |
| Garden Area | Barry Burbridge |
| Metal Fabrication...(Fitting & turning) | Trevor Dunn |
| Barbecue, trailer stocking... (everything to do with food) | Peter Morphou |

Shed Details

This Newsletter is produced by Hume Men's Shed (Sunbury) Inc.

158 Evans Street Sunbury, 3429,

- *Email: mensshedsunbury@gmail.com*
- *Website: www.sunburymensshed.com*

Phone No is 0459266840



Sunbury Men's Shed
Proudly Acknowledge
Supporters for 2020/2021



BUNNINGS SUNBURY

CITY OF HUME

JOSH BULL MP

MOWATT'S (Scottish foods)

ROB MITCHELL MP

COMPASSION NORTH

KFC

GEYERS NEWSAGENCY

ELITE TYRES

SUNBURY CAR WASH

HI TENSILE STEEL (Engineering Supplies)

Advertising/Sponsors

If you are a business that wishes to advertise or promote its service(s) or products, please contact us.

We have a Sponsorship Package which may suit you.