



## **Tattoo Removal Q-Switched Laser**

### **PRE-CARE INSTRUCTIONS**

- Discuss and disclose any healing disorders such as caused by diabetes mellitus, connective tissue disease or radiation/ chemotherapy.
- Do not proceed with the Q-Switched Laser treatment if the patient is pregnant or breast feeding.
- Discuss and disclose allergies to topical anesthetics, antibiotics, or other medications.
- Discuss the history of any hypertrophic scarring or keloid formations or other skin diseases.

#### **Before continuing and follow-up treatments:**

- ✓ Disclose any new medications you may have begun using during your treatment program
- ✓ Treatments cannot be performed on areas with a suntan or sunburn
- ✓ Avoid direct exposure to the sun and tanning beds 2 weeks prior to treatment and 2 weeks after the treatment
- ✓ Avoid pain medication such as Motrin, Aleve and aspirin 3 to 7 days prior to the treatment
- ✓ A broad-spectrum sunscreen of SPF 30 or higher should be applied to any treatment area exposed to the sun



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### **POST-CARE INSTRUCTIONS**

- On completion of a tattoo removal treatment, patients may experience minor discomfort and redness. This discomfort will subside quickly. However, the redness will last for 24-48 hours. Once the redness is gone the treated area will look similar to the way it did prior to treatment. Pin point bleeding may also occur
  
- Patients may wash the treated area as normal.
  
- It is recommended that the treated area be covered with an antibiotic ointment for 1-week.
  
- The body will absorb the broken up ink and the area should be retreated every 9-weeks.
  
- Multiple treatments may be required to achieve the desired result.

#### **Precautions**

- Avoid exposure to the sun and tanning beds for 14 days prior to the treatment.
- Do not rub, scratch or pick at the treated area. Treat the area gently. Pat skin dry after bathing or showering. An antibiotic ointment such as Bacitracin may be applied. Neosporin and Polysporin are not recommended.