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FOR IMMEDIATE RELEASE

Grindstone Partners announces the sale of Young at Heart Pharmacy

ALEXANDRIA, VA, February 11, 2013 — Grindstone Partners LLC announces the successful sale of Flywheel Healthcare (d/b/a Young at Heart Pharmacy), of Indianapolis Indiana, an institutional or “closed door” pharmacy providing prescription medications to patients in long term care, assisted living and group home settings.

Grindstone partnered with management of Young at Heart in 2011 to expand the company and professionalize the operation. In under two years, the team was able to double its revenue, expand its customer base, supplement its staff and professionalize its corporate platform.

The Company was sold to a strategic buyer looking for a pharmacy platform company in the Mid West. The identity of the buyer and terms of the transaction were not disclosed.

Grindstone Partners is a Virginia based private equity firm that partners with managers to create extraordinary shareholder value in small and mid-sized companies. The firm brings its extensive operational, growth, M&A and turnaround experience and its far-reaching network of resources to its portfolio investments. Grindstone invests in companies with high growth potential and revenue between \$10 million and \$50 million as well as add-on acquisitions for its existing portfolio companies. Visit www.grindstonepartners.com or contact the firm at (703) 627-9577 or michael@grindstonepartners.com.