

Fall 2021 Youth + Family Programming

Fall Programming Registration is Open!

Register soon - space is limited. Links are provided below for members.
Non-members are welcome as well! Call Member Services at 585-461-2000. Pricing is on last page.

Youth Dance

This program is a 6-week session providing engaging, fun, and technical dance classes to youth wishing to explore the world of dance.

Mini Dancers Ages 3-4

<https://operations.daxko.com/programs/redirector.aspx?cid=2039&pid=131007&sid=2856596>

Junior Dancers Ages 5-6

<https://operations.daxko.com/programs/redirector.aspx?cid=2039&pid=131007&sid=2856599>

Tweens and Teens Power Squad

Ages: 11 – 16

This 6-week program will teach how to successfully and safely execute a complete workout. This program consists of four major fitness components: mind and body wellness, cardiovascular endurance, circuit strength training, and bodyweight training.

https://operations.daxko.com/Online/2039/ProgramsV2/OfferingDetails.mvc?program_id=TMP131034&offering_id=SES2857162&location_id=B132

Sports Performance - Youth Athletic Development

Ages: 9 – 12

This six -week program is specifically designed for all field and court-based sports, including rugby, netball, tennis, soccer, volleyball, AFL, and basketball. We focus on teaching proper sprinting mechanics and developing speed to have young athletes out-perform their competition.

https://operations.daxko.com/Online/2039/ProgramsV2/OfferingDetails.mvc?program_id=TMP131038&offering_id=SES2857165&location_id=S2241

Family Soccer

Ages: 8+

A fun and unique 10-week family program where parents, grandparents, kids, and coaches come together to play and enjoy the game of soccer. All skill levels are welcome! Family Soccer is a 45-minute program where players are put on teams and play two 20 minute halves of soccer. Shin guards are encouraged.

<https://operations.daxko.com/programs/redirector.aspx?cid=2039&pid=123438&sid=2856705>

Soccer

This class is designed to help develop the fundamentals of soccer including dribbling, passing, shooting, defense, positioning and more. Each class is comprised of games that will keep your child engaged while they develop fundamental skills.

Ages 2-3

<https://operations.daxko.com/programs/redirector.aspx?cid=2039&pid=131018&sid=2856714>

Ages 3-5

<https://operations.daxko.com/programs/redirector.aspx?cid=2039&pid=131020&sid=2856736>

Ages 6-8

<https://operations.daxko.com/programs/redirector.aspx?cid=2039&pid=131023&sid=2856773>

Ages 8-10

<https://operations.daxko.com/programs/redirector.aspx?cid=2039&pid=131024&sid=2856774>

Floor Hockey

Ages: 2 – 3, 3 – 5, 6 – 8, 8 – 10

Come in and learn the basics of floor hockey at the JCC! This class is designed to develop the fundamentals of hockey including stick handling, passing, shooting, defense, positioning, and more. Players will also scrimmage and apply the skills they have learned in a real game.

Ages 2-3

<https://operations.daxko.com/programs/redirector.aspx?cid=2039&pid=131017&sid=2856709>

Ages 3-5

<https://operations.daxko.com/programs/redirector.aspx?cid=2039&pid=131019&sid=2856722>

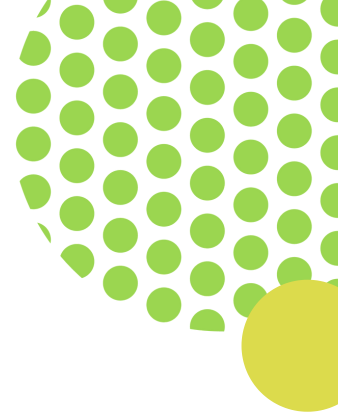
Ages 6-8

<https://operations.daxko.com/programs/redirector.aspx?cid=2039&pid=131021&sid=2856754>

Ages 8-10

<https://operations.daxko.com/programs/redirector.aspx?cid=2039&pid=131022&sid=2856767>

Fall 2021 Recreation



Pickleball Ladder League

Ages: 18+

Come on out and join our pickleball league! All skill levels are welcome. Play three games, first to 11. The highest-scoring player moves up and the lowest scoring player moves down a ladder.

[https://operations.daxko.com/programs/redirector.aspx?
cid=2039&pid=131025&sid=2856777](https://operations.daxko.com/programs/redirector.aspx?cid=2039&pid=131025&sid=2856777)

4v4 Basketball League

Ages: 18+

Description: Competitive and fun 18+ league. Every team is guaranteed 9-10 games of the regular season and playoff action. The top 3 teams will earn Nike athletic apparel with our league logo.

[https://operations.daxko.com/programs/redirector.aspx?
cid=2039&pid=118062&sid=2856595](https://operations.daxko.com/programs/redirector.aspx?cid=2039&pid=118062&sid=2856595)



Fall 2021 Pricing

Youth Dance: \$300 for non-members, \$250 for members

Teen and Tween Power Squad: \$300 for non-members, \$200 for members

Sports Performance: \$90 for non-members, \$60 for members

Family Soccer: \$165 for non-members, \$125 for members

Soccer: \$165 for non-members, \$125 for members

Floor Hockey: \$165 for non-members, \$125 for members

Pickleball Ladder League: \$130 for non-members, \$100 for members

4v4 Basketball League: \$260 for non-members, \$200 for members

