

## Options for Choosing a Confirmation Name

1. It is recommended that you reaffirm the name you were given at baptism, which is your **first name**. In baptism this name was sanctified and in Confirmation it will be strengthened and consecrated.
2. However, you may choose to pick a patron saint or person from the bible whose name you would like to take on in Confirmation instead. This will become your "Confirmation Name" and will provide a role model in the faith for you throughout your life.

Spend time prayerfully reflecting on your choice and/or researching the Saints and people of the bible to help you make your decision.

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First Name

(please print clearly)

Last Name

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Confirmation Name

(baptismal or saint name – ONE NAME ONLY)

Should you reaffirm your baptismal name, take time to ask your parents how they chose your name. Were you named after someone special or is it derived from a saint? Tell us the significance of your baptismal name. Write reflection on the back of this sheet.

OR

Research and then write a reflection about the saint or biblical person whose name you have chosen, including the qualities you admire of this saint or biblical person. Please include examples of how they lived out their saintly life. Write reflection on the back of this sheet.

**Due by Thursday April 29, 2021**  
**CONFIRMATION NAME REFLECTION**

**Why I chose to reaffirm my baptismal name**

**OR**

**Why I chose Saint \_\_\_\_\_  
as my Confirmation name.**

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