

**Submitted by:** Patti Seco

**Recipe Name:**

Chili Con Carne

**Ingredients:**

1 lb. ground beef  
1 small onion, diced  
2 cloves garlic, minced  
1 medium green pepper, diced  
3 Tbsp. chili powder  
1 16 oz. can peeled whole tomatoes no salt added  
1/2 6 oz. can tomato paste  
1 Tbsp. brown sugar  
1 tsp. oregano  
1/2 tsp. paprika  
1 16 oz. can red kidney beans

**Directions:**

Cook beef, onions, garlic and green pepper about 15 minutes till beef is brown. Add chili powder, cook 1 minute. Stir in tomatoes and their liquid, tomato paste, sugar, oregano and paprika. Heat to boiling, stirring to breakup tomatoes. Cover & simmer 45 minutes. Stir in beans to heat. Enjoy! 6 servings