

BODYtite/FACEtite Preoperative Treatment Instructions

Please stop daily non-steroidal medications **at least 5 days** prior to treatment

Motrin, Aleve, Celebrex, Meloxicam, Voltaren, regular strength aspirin, etc

Use of these medications will decrease the effectiveness of treatment as well as increase bruising/bleeding

You do NOT need to stop low dose aspirin (81 mg) prior to or after the procedure

Please stop the following herbal supplements **at least 5 days** prior to treatment

Vitamin E, Echinacea, Garlic, Ginger, Ginkgo, St John's Wort, Ginseng, Kava Kava, Feverfew

If you are on any blood thinners, consultation with prescribing physician is a MUST prior to cessation. Blood thinners must be stopped 7 days prior to procedure and may NOT be restarted until at least 7 days post-treatment

Heparin, Coumadin (Warfarin), Plavix, Pradaxa, Xarelto, Eliquis, Lovenox, Etc.

Please shave the planned treatment area 2-4 days prior to procedure if there is dense hair growth in this area (underarms, facial treatment for men, etc)

No waxing or chemical hair removal

If you have a break that occurred on the head/face/body) or **genital herpes** and undergoing Bodytite/Facetite treatment to that area, please call the office so that we may prescribe a medication to reduce the risk of a flare. You **do not need** prophylactic treatment unless there has been an outbreak in the area that will undergo treatment.

any treatment in the area can stimulate the tissue and cause an outbreak

You will take 1 tablet the day prior to the procedure, 1 tablet the day of the procedure, and 1 tablet the day after the procedure. You will need to repeat this regimen with each treatment

Please call the office if you have a skin infection in the planned treatment area so that we may reschedule your appointment

If you have a change in medications, health, or surgery prior to your treatment, please call the office to confirm that there will be no conflicts with treatment

If deemed necessary, you will need to have your bloodwork performed 1 week prior to the procedure so that it is available for review.

You will need to have your prescriptions filled prior to your procedure (antibiotic, pain medication, nausea medication) and will need to bring the medication with you along with your compression garment.

You will have drainage from the incisions so wear loose comfortable clothing with the anticipation that it may become stained from the drainage.

Payment will need to be made in full prior to your procedure.

Please call the office if you have any concerns or questions prior to your appointment

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