



Sunshine O'Connor

is a survivor who has overcome child sexual abuse in the home, and because she was given a blueprint based on abuse, she found herself in sticky situations after sticky situations including child exploitation and sexual assault by others. It wasn't until she survived an abduction that it was clear things had to change in her life. Since then, she has dedicated her life to helping others trapped by the bondage of abuse find their way out of the darkness and to the light.

Through this, she has been blessed to author a series of books in the Damsel in Defense line specifically designed to help parents and children start talking about tricky situations and how to navigate them. Her goal is to empower an entire generation to stop the cycle of abuse. You can learn more about the SAFE Hearts books at YourDamselDiva.com.