



U S Coast Guard Auxiliary – 01SR Division 2

Teacher Resources for

Top 5 Kayak Safety Rules for Beginners

Canoeing, kayaking, stand-up paddle boarding (SUP) are fun sports and relatively inexpensive. Their popularity has skyrocketed locally. But with no training required for paddle sports, there has been a big increase in people getting into trouble with too many fatalities. The video provides a few basic safety tips for kayakers. Here are some resources that expand on paddling safely.

Brochures

- <http://www.paddlesafely.com/wp-content/uploads/2016/04/ACA-brochure-Safety-Checklist.pdf> – Paddler's Safety Checklist
- <https://www.fishandboat.com/Boat/WaterandIceSafety/Documents/Safety-Brochure-Beginners-Guide.pdf> – A beginner's guide to safer paddling

Videos

- www.nasbla.org/SaferPaddling - eight 3-minute videos on safer paddling

Websites

- www.uscgboating.org/recreational-boaters/ - U.S. Coast Guard guidance for recreational boaters
- www.uscgboating.org/regulations/ - Federal boating regulations
- www.njsp.org/marine-services - NJ State Police – Maritime Services – NJ boating regulations, etc.
- www.AmericanCanoe.org - Paddle sport safety information