

Chacku Mathai

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Chacku is an Indian-American, who became involved in consumer/survivor/ex-patient advocacy and peer support when he was 15 years old. Chacku's personal experiences with racism, xenophobia, racialized trauma, suicide attempts, and disabling mental health and substance use conditions, including psychosis as a youth and young adult, launched Chacku and his family towards a number of efforts to advocate for improved services, social conditions, and alternative supports in the community.

He has since accumulated 35 years of experience in a variety of roles including youth leadership, community organizing/advocacy, direct service, training, and program leadership in Community Mental Health Centers, residential programs, and peer support, as well as international, national, statewide, and local board governance and executive leadership roles.