



COMPLIANCE	Also Adhere to General Standards for all Industries	
MOVEMENT AND ACTIVITY	Gathering Size	<ul style="list-style-type: none"> • Limit group fitness classes to 1 participant / staff per 144 square feet (SF) or 12'x12' grid layout if providing markers on floor area(s). • Close or cordon off gathering areas like vestibules, seating areas, bleachers, etc. where people can congregate in groups larger than 10. • Suspend or discontinue drop-in childcare until such time as social distancing measures are no longer in place. • Limit use of saunas, jacuzzi, hot tubs, steam rooms, etc. to 1 person per 100 SF. • Discontinue group sports (basketball, soccer, hockey, etc.) where more than 10 participants are playing at the same time, including participants on the bench or on shifts until such time social distancing recommendations are suspended.
	Physical Distancing	<ul style="list-style-type: none"> • Omit fitness classes with high inhalation / exhalation exchange, like spin for example, until such time they can be safely incorporated back into class offerings. • Relocate, remove, or deter use of fitness equipment to provide a minimum distance of six feet between equipment edges. • Manage customer entry points. Provide markers for lines to allow minimum of six feet separation until such time social distancing recommendations are suspended.
	Workplace Activity	<ul style="list-style-type: none"> • Manage building square footage into sub-areas of less than or equal to 10,000 SF for the purpose of developing a phased re-opening of certain sub-areas that are lower risk being prioritized first and allowing higher risk areas to remain closed until such time health data supports reopening. For example, a 120,000 SF building would yield 12 sub-areas. • Complete and have on file the "Workplace Assessment Tool for COVID-19." • Suspend 24-hour facility use until such time social distancing recommendations are suspended. One-to-one personal training may be utilized while maintaining social distancing and, when possible, trainer wears a mask. • Conduct Pre-Registration for fitness class(es) with special instructions and self-verification process and request participant arrival a minimum of 5 minutes prior to scheduled start of fitness class(es). • Develop or encourage online fitness participation, if practical, until such time social distancing recommendations are suspended.

FITNESS CENTERS (CONTINUED)

EMPLOYEE AND CUSTOMER SAFETY AND TRUST	Personal Protective Equipment (PPE)	<ul style="list-style-type: none"> Require and train staff laundering towels and cleaning equipment to properly wear and maintain safe use of Personal Protective Equipment (PPE).
	Hygiene and Cleaning	<ul style="list-style-type: none"> Close locker rooms and shower facilities to public for uses other than bathroom / restroom use. Close indoor playground equipment. Close areas of the facility to customers at an appropriate time during each day to allow adequate cleaning of equipment / restrooms. Schedule fitness classes to allow staff adequate time to clean equipment and surfaces before each class.
	Special Measures	<ul style="list-style-type: none"> Develop a phased opening plan for certain sub-areas of the facility. For example, pools and drop-in childcare may be opened in a later phase pending health case data and capacity to clean and disinfect and safely operate those sub-areas. Develop times for fitness for different age groups for facility use and class participation. For example, offer a class for seniors (55+) during a 2-hour block, with cleaning / disinfecting between each age group session. Allow 15 minutes of cleaning between blocks. Encourage customers to download the Care19 App to increase success levels with contact tracing.