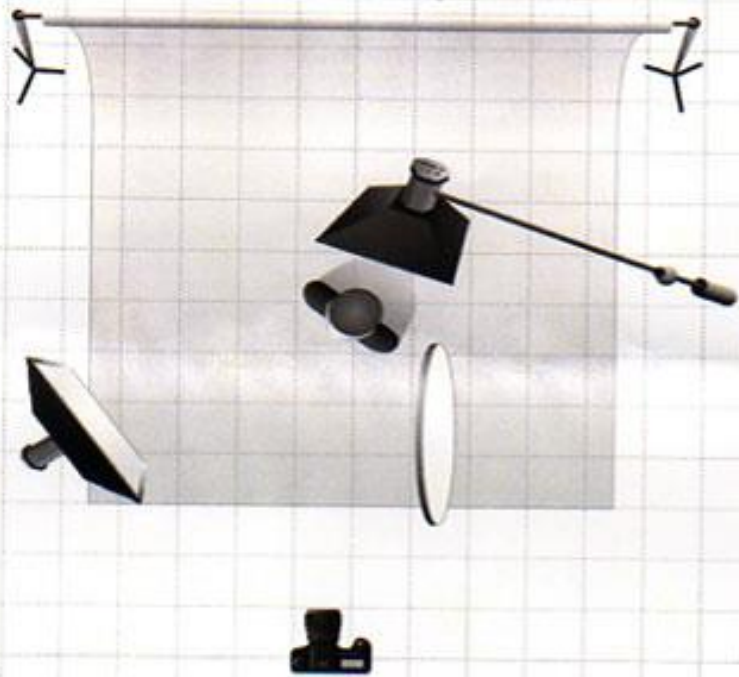
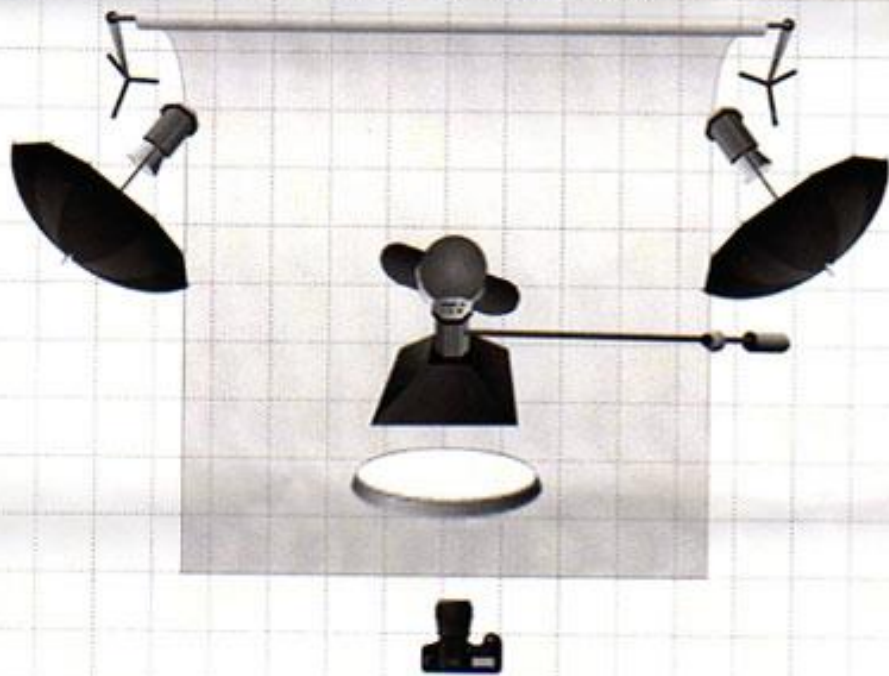


Basic Lighting Diagram



Headshot or "glamour lighting"



Facial Angles and Body Positions For Feminine and Basic Poses

The Feminine Pose



Profile

2/3rds

Full Face

2/3rds

Profile

The Basic Pose



Profile

2/3rds

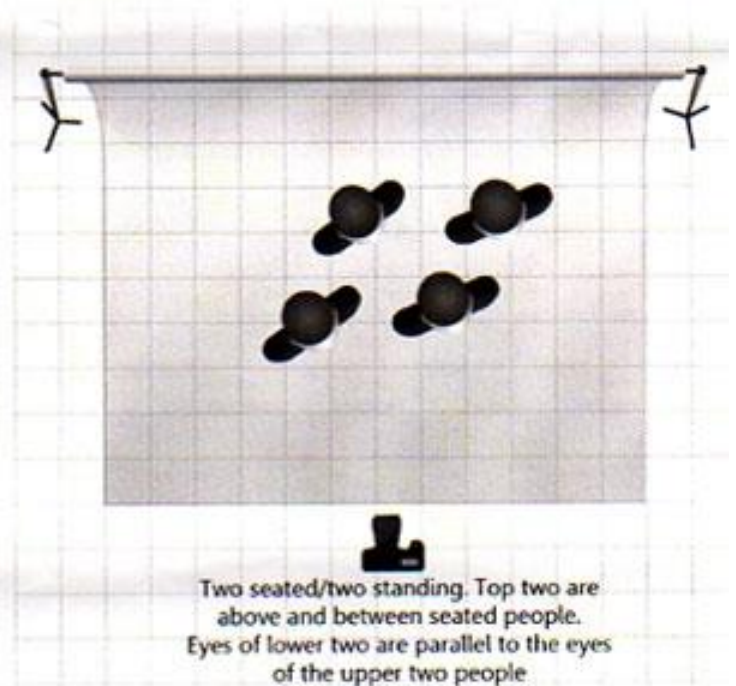
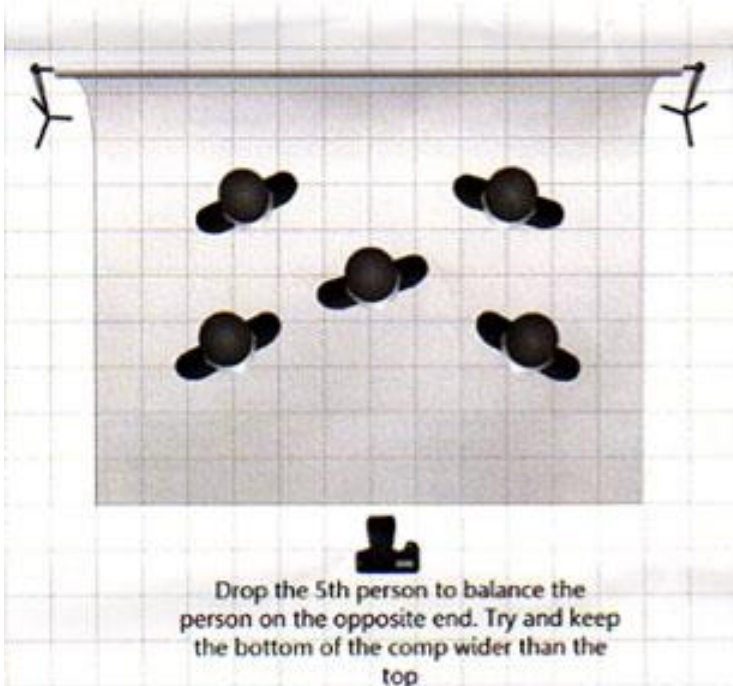
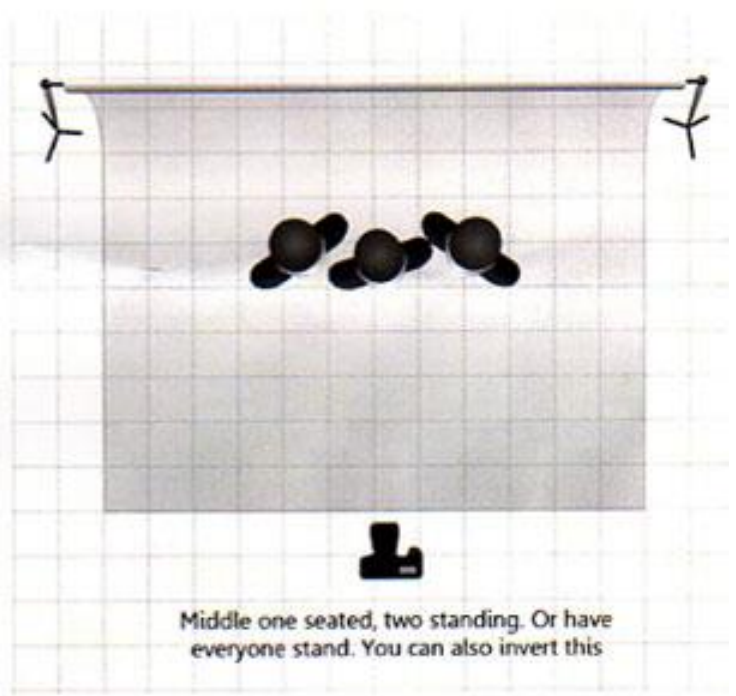
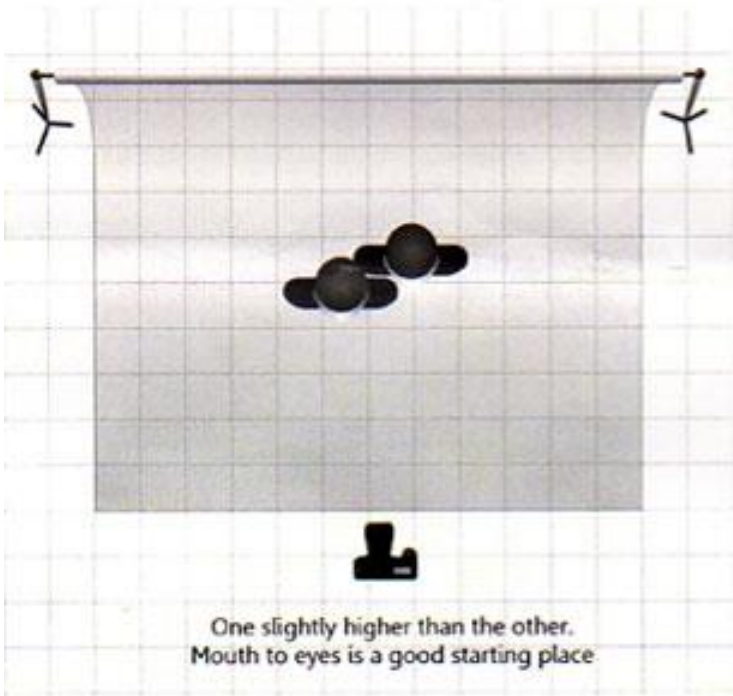
Full Face

Full face

2/3rds

Profile

Head Composition for Groups



Equipment List

Background: The background helps isolate the subject and avoid distractions and clutter in your composition. It provides color or tonal mass which gives your images more depth and dimensionality.

- Seamless paper - Gray can go from charcoal to almost white depending on the background lighting.
- Monte Green – Looks good for all skin types ([www. Dennysmfg.com](http://www.Dennysmfg.com) Model# OM2331)

Lights: Lights supplement or are the main illumination for the portrait

- Hot Lights – Cheap continuous lighting - Parabolic work lights from Home Depot
- Cold/Florescent – Expensive continuous lighting – <http://www.fjwestcott.com/>
- Monolights – Studio type strobes – www.alienbees.com
- Small Strobes – Quantum, Canon, Nikon etc...

Light Modifiers: Shape and diffuse the light

- Softboxes – Diffuse and soften light
- Umbrellas – Cast light over a larger area
- Grids – Direct Light and concentrate light
- Barndoor – Direct light
- Reflectors – Reflect and color
- Gogos – Go Betweens, block light
- Gels – Color light

Remote Triggers: These devices fire your lights without the need of wires. PocketWizards are the “standard” today.

Posing tools: Stools and tables make it easier to pose people.