



San Francisco Village

Monthly Newsletter

May 2019

From Executive Director, Kate Hoepke:

Dear Members and Friends:

By now you are aware that we had a break-in at the office on April 15th. The intruders made off with our laptop and projector, our credit cards, some petty cash and my favorite tote bag. All in all, it could have been much worse. We cancelled the credit cards, replaced the laptop and I'll find a new tote bag. What they really damaged is our sense of safety, which I hope can be restored with a few dead bolt locks, a review of our security policies, and the passage of time.

As I write this, seven days past the intrusion, we're gaining a clearer picture of what we think happened. The dental office next door, which was also burglarized, reports that the only thing missing is their safe. It seems the thieves were after cash and valuables that could be sold and converted to cash. We think it is highly unlikely that they were after payroll records or private member information, as we initially feared. We've had no reports to the contrary. To be on the safe side, we suggest that you continue to monitor your credit card activity for any unusual charges.

When I received the call from Sarah Kent last Monday morning, I was at a conference in New Orleans; the distance made me feel even more vulnerable. I felt violated and powerless. What could I do to help from there? I called Bill Haskell, Board Co-Chair, and he stepped in to coordinate a response. Staff pulled together to notify the authorities, credit card companies and our insurance agent. They analyzed the damage, drafted a thorough and thoughtful letter to the Village community and kept their cool. It's not the kind of team-building exercise I would recommend, but it did serve to bring us even closer together. I'm deeply grateful for this extraordinary team.

Once again, I am reminded that when we ask for help and allow it to happen, we strengthen our community. The part of me that wants to take control and fix things had to trust others to take the reins. What I then discover is how vulnerability is transformed into vitality.

Warm Regards,
Kate



In This Issue:

From the E.D.

Did You Know?

Volunteer Opportunities

May Events

Writers' Workshop
Tai Chi and Qigong
Grupo de Conversación
Intro to Creative Writing
Plan for Your Pet's Future
Intergenerational Play Date
Sing-A-Long
How to See a Bird
Alzheimer's Research
Intro to Medicare
Travels in South America
The Gift of Each Other

Recurring Events

Neighborhood Circles

Village Neighbors

Member to Member

Save the Dates

New Members in April

Gary Campanella, 94109
David Miller, 94121
Carol & Henry Winetsky,
94121

Did You Know?



AlertSF: Free, Easy to Use Emergency Alert System in San Francisco

What is AlertSF? It's San Francisco's system that will alert users of an emergency situation, such as poor air quality, earthquake or fire, or other major emergencies disrupting traffic like fallen trees or police-involved activity, as well as providing instructions for what to do next. To sign up for AlertSF, text your five-digit zip code to 888-777. You can also visit www.alertsf.org to set up your account for email and/or landline messages.

Volunteer Opportunities

Newsletter Mailing

Tuesday, May 28, 1:00 – 3:00 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

Every month, San Francisco Village seeks out a handful of volunteers to prepare the newsletters for mailing. The tasks are fairly simple – stuffing, labeling, stamping and sealing envelopes – but with a small staff, we would not be able to get them done on our own. If you are interested and able to help with the mailing, please let us know! We are grateful for your support.



May Events



Writers' Workshop

Wednesdays, May 1, June 5 & 19, July 3, 17, & 31, 3:00 – 4:30

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

The Writers Workshop at San Francisco Village provides advanced writers with a supportive and inspiring setting to share and hone their work. Writers can bring material in any genre – poetry, memoir, short story, long form fiction – and learn from fellow writers what resonates with readers and what would help you take the work deeper.

Angela Walls holds a Ph.D. in English. She writes primarily critical essays and non-fiction prose, though loves to read, write, and perform improv whenever she can. She teaches at several Bay Area high schools and is a lecturer with the Prison University Project at San Quentin State Prison.

Follow Me for An Afternoon of Tai Chi and Qigong

Thursdays, May 2 – May 23, 2:30 – 3:15 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

This series started in April, but you are welcomed to join at any time.



Practice Tai Chi without worrying about memorizing forms and learn from an instructor who uses the stepwise method — watch me, follow me, and let's do it together. These 8 sessions will include skills of Qigong discipline, the perfect blend of Tai Chi and Qigong. This program holds the endorsement of many leading organizations, including the CDC, Arthritis Foundation, Administration on Aging, and American College of Sports Medicine. For more information visit <https://taichiforhealthinstitute.org/>. Led by Erika Cruz - a Certified Instructor from Tai Chi for Health Institute.



Grupo de Conversación en Español

Los lunes, 6 & 20 de mayo, 11:00 AM -- 12:00 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

¡Añade un poco más de conversación en español a tu vida! Este grupo, liderado por miembros, está dirigido a hablantes intermedios y los que habla con fluidez; no habrá instrucción formal.

Intro to Creative Writing

Wed., May 8 & 22, June 12 & 26, July 10, 3:00–4:30 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

This series started in April, but you are welcomed to join at any time.



Each of us has a story to tell – but we often lack the tools to tell it well. This class will help provide you with those tools! We will study the elements of the craft: voice, setting, dialogue, and narrative arc, and each session will provide readings and prompts to get you started. If you are just beginning to set pen to paper, you will find support from fellow writers as we share our work. Just bring a pen, paper, and lots of imagination! Basics of Creative Writing is led by writer and journalist Elaine Elinson, author of the award-winning *Wherever There's a Fight* and former editor of the *ACLU News*. Elinson, who holds an MFA in Creative Writing, has taught writing at several senior centers in San Francisco, as well as at San Francisco Village.



Plan For Your Pet's Future

Friday, May 10, 10:30 – 11:30

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

The San Francisco SPCA Sido Program is named after Sido, the dog whose life was saved by the organization in 1979 after her owner

passed away. This innovative program ensures that cats and dogs who outlive their guardians will be cared for until a new loving home is found and provides peace of mind to its members who know there is a plan for their pet's future. Jessica Sananes, the Planned Giving Officer of the SFSPCA, will share information with you about how you and your pets can participate in this program.

Intergenerational Play Date

Fridays, May 10 and June 21, 4:00 – 5:00 PM
Fridays, May 17 and June 7, 11:00 AM – 12:00 PM
Recess Collective, 2226 Taraval
RSVP to (415) 387-1375 or info@sfvillage.org



When babies, kids, and older adults interact, something truly special happens! These play dates bring young children (ages 0-4) and their parents, and older adults together to share experiences, have fun, and develop meaningful relationships.

Join us at Recess Collective for art and sensory play. Recess Collective is an inclusive community centered space committed to supporting families from the time of pregnancy through the first four years by providing opportunities for perinatal education, play, creativity, support & connection. In addition to providing space for families with young children to gather and receive support, they partner with other community organizations to provide vetted experts to parents, work with seniors to build multi-generational volunteer opportunities, and leverage collaboration to build a true web of support among families.



Sing-A-Long

Tuesday, May 14, 1:00 – 2:00 PM
SFV, 3220 Fulton St. at 8th Ave.
RSVP to (415) 387-1375 or info@sfvillage.org

If you would like to sing some of the popular Broadway and love songs you grew up with and would like to lend your voice to an informal sing-a-long group, consider joining member and piano

player Larry Zabo.

Larry has played at The Fairmont Hotel, San Francisco Yacht Club and private parties over the last 40 years. Before retiring, he had a checkered career in mental health, politics and philanthropy, but music has always been the thing that sustains and gives him joy in his life. Come share what some songs have meant to you (both happy and sad) and maybe discover some new ones that will move you!

How to See a Bird

Thursday, May 15, 10:00 AM – 12:00 PM
San Francisco Botanical Garden (Free for SF residents, please bring ID)
Meet at the bookstore inside the 9th Ave. entrance
RSVP to (415) 387-1375 or info@sfvillage.org



Do you want to spend more time in the beautiful outdoors and

make new friends?

Those are two of SFV member Linda Grant's favorite parts of birding! Linda has been an avid Bay Area bird watcher since college. Spend the morning with other SFV members in the Botanical Garden and learn how to find birds by sight and sound. Linda will bring field logs and share tips about how to clue into the birds that are all around us. Bring your binoculars, and open your ears and eyes to this beautiful habitat! Don't forget to bring your own sun protection and water since the garden can be warm in May.



Hope for the Future: New Developments in Alzheimer's Research & Policy

Thursday, May 16, 11:00 AM – 12:00 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

People living with Alzheimer's disease today, and the people who love them, face similar challenges to those living with HIV/AIDS before 1995: they have a fatal disease that is commonly stigmatized and misunderstood, even by clinicians, with no known way to prevent, effectively treat or cure it.

Come hear how the Alzheimer's advocacy movement learned from the AIDS advocacy movement and has been able to secure six successive historic increases in federal funding for Alzheimer's research, leading to the near-constant flow of recent Alzheimer's research breakthroughs (and some heartbreaking failures). From aducanumab to young blood, this talk will give you a broad overview of recent, important developments in Alzheimer's research. We'll also take a behind-the-scenes look at how grassroots advocates here in SF and around the country are fighting to secure public policy change at the state and federal level to improve the lives of all those affected by Alzheimer's and other forms of dementia.

Introduction to Medicare

Tuesday, May 21, 2:00 – 3:00 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

Whether you're just learning about Medicare or want to brush up on your Medicare know-how, start your journey here. When looking at coverage choices, there's a lot to consider, since Medicare isn't one-size-fits-all.



- Who is eligible for Medicare?
- What if I continue to work past age 65?
- What do I need to do once I'm eligible for Medicare?
- What are my coverage choices once I'm eligible for Medicare?

Dion Reyes from Health Markets will discuss how to combine different coverage choices, offered through the government or private insurance companies, and answer any questions.



Travels in South America: Stories and Photos from SFV Volunteer

Wednesday, May 29, 2:30 – 4:00 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

While the Bay Area was being deluged with rains this January and February, San Francisco Village volunteer Howard Levitt and his wife, Wendy Scheffers, were traveling in Peru and Ecuador. Join them as they share images and impressions from their 9-week odyssey through the natural treasures and Incan remains. Howard Levitt is a retired National Park Service educator and manager. Wendy Scheffers is an Orientation and Mobility Specialist who has taught blind and low vision children for over 40 years. She is on the faculty of San Francisco State University.

The Gift of Each Other: Finding Community in a Lonely Time

Thursday, May 30, 2:00 – 3:30 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org



“We need each other, now more than ever.” That’s the simple but crucial message of Karin Evans’s new book, *The Gift of Each Other: Finding Community in a Lonely Time*. The current forecasts for longevity indicate that many of us will live into our 90s and beyond. Yet a recent study showed that one in four older Americans say they have no one to talk to on a daily basis, no access to that comfort zone of human relationships known as *community*.

The Gift of Each Other explores many roads to community—volunteerism, spiritual involvement, gathering together around common interests, a revival of neighborhoods, athletic pursuits, new social experiments aided by the digital age. Karin Evans is a veteran reporter and author who began her career at the San Francisco and Hong Kong bureaus of *Newsweek*. Her book *The Lost Daughters of China: Abandoned Girls, Their Journey to America, and the Search for a Missing Past* was a national best seller. A second book, *The Grace to Race*, tells the life story of octogenarian Ironman champion Sister Madonna Buder. A resident of Berkeley, California, Evans is a volunteer for Ashby Village. She’s also a certified yoga instructor, and active in the rescue and care of wayward huskies.

Recurring Events



Aging Well with Meditation

Wednesdays, May 1, 8, 15, 22, & 29, 11:00 AM – 12:00 PM

SFV, 3220 Fulton St. at 8th Ave.

No RSVP required. All levels of experience are welcome.

Meditation is a mind-body training that improves your ability to pay attention to the things that matter. Mindfulness meditation – paying attention purposefully and non-judgmentally in the present moment – is associated with

lower stress, improved self-awareness, positive brain changes, more compassion, and better sleep. So why not give it a try? Led by Rachel Lanzerotti, Certified Yoga Therapist, a long-time practitioner and teacher of yoga and mindfulness meditation. Come learn to practice meditation together. All levels of experience are welcome for this drop-in group.

Knitting Circle and Crafting Hangout

**1st and 3rd Monday every month, Mondays, May 6 & 20, 1:30 – 3 PM
SFV, 3220 Fulton St. at 8th Ave.**

Knitters, crocheters, and crafters alike, bring in your projects at any stage. If you are interested in learning to knit or crochet, you are welcome to join too! We have a large amount of donated yarn that is available for these projects. Please RSVP to Jill jill@sfvillage.org or 415-387-1375 x2.



Longevity Explorer Circle

Tuesday, May 7, 2:00 – 3:30 PM

**The Franciscan Room, The Sequoias Continuing Care Community
1400 Geary Blvd. (between Laguna and Gough)**

Tuesday, June 4, 2:00 – 3:30 PM

SFV, 3220 Fulton St. at 8th Ave.

Join an intimate group to discuss solutions to the challenges of growing older. The group will be facilitated by Dr. Richard Caro, co-founder of Tech-enhanced Life, PBC & Longevity Explorers which focus on the intersection of healthcare, aging, and technology.

- Find out about new products that can help postpone the day when growing older starts to get in the way of living life to the fullest.
- Share your ideas about what works and what does not work well with others from your community and members of other circles.
- Add your ideas and hear from your peers about “solutions someone needs to develop” to the Longevity Explorer’s growing list of new product ideas.

Play Reading Group

Thursday, May 9, 4-6PM

150 Lombard St., Telegraph Landing Club Room

RSVP to Midge Fox at (415) 984-0613 or midgefox@comcast.net

We will be reading *A Memory of Two Mondays*, by Arthur Miller. This play can be found in *24 Favorite One Act Plays* edited by Bennett Cerf and Van H. Cartmell.



Let's Play Games!

Thursday, May 23, 1:30 – 3:00 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

Plain and simple - let's have fun! We play cards and board games and love when you introduce us to a new game. Join us!

Book Group

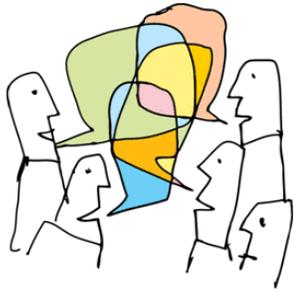
Monday, May 27

RSVP to Brooke Anderson at (415) 672-2437

Email for time and location



The book selection and venue tbd. Please call for details.



Book Discussion Group

Thursday, May 23

RSVP to Gabie Berliner at gberliner@comcast.net

Email for time and location

Pat Tsang will lead us in a discussion of the the book *The End of Alzheimer's* by Dale Bredeesen. She says the book is very readable, and is available in the library. Contact Gabie at the email address above or at 415-359-3669 to RSVP.

Solo Agers' Circle

Friday, May 31, 10:30 AM – 12:00 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org



Are you a "solo-ager" – a person who doesn't have a partner or children, or whose family is remote? This new circle offers support for the added concerns of aging without an obvious advocate/agent. For more detailed information call Betty Burr at 415-602-0012.

Neighborhood Circles



94121

The 94121 Circle will meet at 1:30PM, Friday, May 31st. All are welcome. Please come join us for scintillating conversation and warm camaraderie. To discover the venue please contact Patricia Kaussen at (415) 387-7299.

94102/94103

Please join us at Books, Inc. Opera Plaza on Tuesday, May 14th from 2:30 - 4pm for a lively gathering and sharing of ideas as well as planning some springtime outings for the group. All are invited, regardless of zip code! Please RSVP to jill@sfvillage.org.

94109/94133

Continuing our exploration of San Francisco's communities, our group had a delicious lunch at Isla Vida, an Afro-Cuban restaurant, and then visited the African-American Arts and Culture Center in the Fillmore in April. Our next Circle meeting will be at a member's home in May. We will be discussing insights and experiences from our April visit, as well as transportation and other concerns affecting members of our group. Please contact Bobbie Rothman at rothman2174@gmail.com or Juliet Rothman at rothman@berkeley.edu for details.

The Sunset Circle

The Sunset Circle will meet on Wednesday, May 15th from 2:30-4PM at Olive's house by Ocean Beach at the end of the N Judah line. We continue to get to know one another while creating a vision for our identity as a group. Two questions emerge: 1) How do friends communicate in this age of tech? Are we tweeters, or e-mail, or telephone talkers, or visitors between meetings? 2) What have you learned in the last month, that can add to the group's health and safety? Please RSVP to Olive by e-mail at olivestories@gmail.com or telephone 415-566-1149.

LGBT Circle

We have an exciting event planned for May! Jim Budke has invited us to his beautiful home for a garden Root Beer Float Party. The spring flowers will be in bloom and the foam on the frosty mugs will be thick. Friday, May 17th from 2:30-4:30PM. Please RSVP to jill@sfvillage.org for party location. Feel free to bring a snack to share. All are welcome!

94110/94107/94121/94134

We are a fairly new circle and are enjoying getting to know one another and sharing our stories. The meetings are at Joan & Manny Miro's home on the third or fourth Saturday each month at 7:00pm. We are a lively bunch and always end the meetings with some snacks and drinks. The next meeting will be Saturday, May 25th. Please note that there are stairs leading up to the home. Come and join us! For more info please contact joanmiro@mindspring.com. Looking forward to meeting you!

94117

The 94117 Neighborhood Circle will next meet on Friday, May 10th, from 2 to 4 pm. For this get-together, we have decided to leave the agenda open. We will enjoy getting to know each other better and sharing what we have done over the past month—our pleasures, challenges and insights. This meeting will be at the home of Kitty Brody. For location details, contact Bill Haskell at bhaskell@sonic.net, or 415-661-2670. Or contact Jill Ellefsen at jill@sfvillage.org, or 415-387-1375.

94131/94112

The 94131 Circle will be meeting on Saturday, 18th of May from 1-3pm at 43 Ora Way. Any on property parking may be used. Contact Marci Fogg for details, mjfogg@hotmail.com.

94123/94115

Our circle, plus everyone in the Village who has contributed to April's Refugee Project, is invited to share a drink, nibbles, dessert, and stories at Eva Auchincloss' house on Thursday evening, May 23rd starting at 6:30 PM. Bill Campbell, our refugee guru, will bring us up to date on the refugee crisis and those in our area. He will speak at 7PM so come early for a seat and drink etc. Contact Eva for a list

of items still needed for those who still want to participate, but be sure to let her know what item(s) you are contributing so I can cross it off the list. One does not need to have contributed to the current project to attend. You are all most welcome as this is our May program for our circles, and we are all interested in the plight of refugees especially in the Bay Area. RSVP at 415-563-7519.

West of Twin Peaks Circle

May 1 – Happy Hour

You are invited to join us for a Happy Hour drink and bar bite at The Moss Beach Distillery (140 Beach Way) from 5 to 7 on Wednesday, May 1. The location is sublime, overlooking the Pacific Ocean. And if we're lucky, we may catch a glimpse of the Blue Lady, who has haunted this storied restaurant/bar since the 1930s. RSVP to Phyllis Scaduto, pscadut@hotmail.com, 415-731-1569.

May 23 – High Tea

Enjoy stepping into a quirky Victorian dining room that is filled with mismatched china and furniture – and a bottomless pot of tea! Thursday, May 23, 2019, 1:00 p.m. Lovejoy's @ 1351 Church Street, on the "J" Muni line. \$29 per person, including tax and tip. Cash only. RSVP to Roberta Gordon at robertatnt@comcast.net or 415-823-7819. Two tables of four have been reserved for San Francisco Village members and friends. Choice of two sandwiches (14 to choose from) crusts removed. Coleslaw and spring greens, a scone served with preserves and Devon cream and a tea biscuit. Deadline for reservations is **May 8th**.

May 28 - \$5 Tuesday Movie

Join us at the Empire Theater @ 85 West Portal Ave. The title and time of the movie will be announced by e-mail the preceding Friday. Meet up with us beforehand at Mozzarella Di Bufala @ 69 West Portal Ave. - Italian and Brazilian cuisine. Also a possibility, we'll pop into Noe Valley Bakery @ 28 West Portal Avenue. All drinks are \$2 from 3:00 – 5:00 p.m. Enjoy a treat after the movie, and share your thoughts about the movie. RSVP to Roberta Gordon at robertatnt@comcast.net or 415-823-7819.

Searching for Your Neighborhood Circle?

Check out our listing of all circles and contact Jill Ellefsen if you'd like to join, jill@sfvillage.org:

Bernal, Potrero, Mission, Bayview, 94110, 94107, 94121, 94134
Castro, Noe Valley, 94114
Cole Valley, Haight, 94117
Financial Dist., Embarcadero, Nob Hill, 94111, 94014, 94105, 94108
Inner Richmond, 94118, 94129
Marina, Cow Hollow, Pacific Heights, Western Addition, 94123, 94115
North Beach, Telegraph Hill, Chinatown, Russian Hill, 94109, 94133
Outer Richmond, 94121
SOMA, Hayes Valley, Opera Plaza, 94102, 94103
Sunset, 94122, 94116
Twin Peaks, Diamond Hts., Glen Park, Excelsior, Ingleside, 94131, 94112
West of Twin Peaks, 94127, 94132
LGBT Circle – citywide
Solo Agers' Circle – citywide

Village Neighbors

Learn more about who's here at San Francisco Village... who's a part of our story, whether a member, volunteer, donor, or community supporter. This month, we introduce you to one member and one group who make the Village community strong. Don't forget to contact SFV to share a bit about yourself too by emailing Sara Roliz at sroliz@sfvillage.org.

Steve Hayashi - Steve was born in Honolulu and attended Punahou School (President Obama's alma mater) grades 1-12. He met his wife Judy Winn-Bell in 7th grade, and they married in 2000. At Punahou, Steve played saxophone, was a photographer for the yearbook, and worked on the light crew for stage productions. After high school, he attended MIT, enjoying the MIT Drama Shop and the local music and art scene during the 60's and 70's while working for local aerospace and computer companies. Steve moved to California in 1974 and worked at Tandem Computer and Cisco Systems.



He and Judy play and sing in the Na Ho Aloha Ukulele group, and Steve competes in Senior Volleyball tournaments. It was Judy who originally discovered San Francisco Village; they started volunteering together and met many incredible, interesting people. Steve is always interested in their backgrounds and stories, carrying on the Hawaiian tradition of "Talk Story." Steve is a valued San Francisco Village Board Member.

Member to Member

Member Led Walks

Join Linda Lewin for a walk at Land's End. We'll meet on Saturday, May 11th at 11:30 AM at 34th Ave. & Clement, near the front of Lincoln Park Restaurant at the beginning of the golf course. There is a 20-minute roundtrip walk on mostly level dirt path to Eagle Point. You can sit there and look at a beautiful view of the GG Bridge. For people who want to walk a little further, we can add on a 35-minute roundtrip and head back to meet walkers of the short walk. Optional lunch at Garden Cafe on Clement 32nd/33rd Ave. Please email Linda at 168storyspinner@gmail.com or call (415) 425-7326 to let her know if you are interested.

Room for Rent

Share a two-bedroom apartment with a senior male. Quiet/clean/hardwood floors, with lots of light. The unfurnished room available has a deep walk-in closet, internet, and cable. The rental includes a shared kitchen. One block away from 3 Muni bus lines. Looking for mature respectful person. Available in May. \$1050, utilities included. 2nd Ave and California. Call Jack at 415-668-3011 or email j.alan@officecomforts.com.

Save The Dates!



What's the latest garbage news? Updates from Recology

Monday, June 10, 2:30 PM – 4:00 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

This session will inform the community about recent developments in global and local, recycling markets, our accomplishments in 2018, including installation of new high tech sorting machines, commissioning a new organics transfer facility, and let residents and San Francisco business know how they can do their part.

Long-Term Care Ombudsman Program

Monday, June 24, 1:30 PM – 3:00 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

The California State Long-Term Care Ombudsman Program is authorized by the federal Older Americans Act and its State companion, the Older Californians Act. The primary responsibility of the program is to investigate and resolve complaints made by, or on behalf of, individual residents in long-term care facilities. Join Benson Nadell, the Program Director of the Ombudsman Program since 1992, to learn more about this program. His presentation will be couched in terms of advocacy for health, safety, welfare and rights of residents.



Is there anything we can help you with? Don't hesitate to ask! For:

Programs: Sarah Kent -- sarah@sfvillage.org

Membership & Volunteering: Jill Ellefsen -- jill@sfvillage.org

Donations & Newsletter: Sara Roliz – sroliz@sfvillage.org

Wellness Program: Jessica Da Silva – jessica@sfvillage.org

Staff & Member Support: Yousra Sebiaa – yousra@sfvillage.org

Administration & Community Collaborations: Kate Hoepke – kate@sfvillage.org