



San Francisco Village

Monthly Newsletter

June 2018

From the Executive Director: Kate Hoepke

Dear Members and Friends,

I joined SFV as Executive Director over six years ago because of my deeply held belief in the power of community to transform people's lives. In our modern world it can be a struggle to know how we're connected with others, to whom we belong and what secures us to this time and place. Especially as we get older, we need resources, connections and relationships to stay resilient, to make good choices and to chart our own future.

What I love about the Village ideal is that it relies on reciprocity: a social pact we make with one another predicated on our willingness to both give and receive. Together we're building an intentional community made possible by mutually responsive relationships that didn't exist before. San Francisco Village is co-created by the people who show up and count themselves in.

My vision for building intergenerational community that dignifies aging extends beyond San Francisco. Since early 2017 I have been leading a team to create a statewide coalition of villages that will leverage our strength in numbers and help us share this revolutionary idea with hundreds of thousands of Californians. Last month, we launched Village Movement California! Please check out our new website: www.villagemovementcalifornia.org

Our aim is to scale a movement built on the same energy that underlies individual villages: a life-affirming vibrancy that opens the door to creating what comes next in our lives. We're extending that sense of community, one village to another, in order to enhance and expand the ways we can age well in California. Together we can make so much more progress than we can ever achieve alone.

Help us spread the word here in San Francisco by sharing this newsletter with someone who is unfamiliar with San Francisco Village; pick up a stack



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of brochures and take them to your doctor's office; ask your clergy if we can make a presentation at your congregation; host a living room chat where several members invite neighbors to learn more.

An idea whose time has come – purposeful partnership to create the kind of world we want to live in.

Warm Regards,
Kate

Events in the Community

The JCCSF's Second Annual Brain Fitness Forum

Sunday, June 10, 9:30 AM – 4:15 PM

To register, call (415) 292-1200 or visit www.jccsf.org/brainfitness for more details

Celebrate Brain Awareness Month with the JCCSF by participating in the second annual Brain Fitness Forum:

- Gain useful information from experts on ways to maintain cognitive sharpness
- Experience hands-on activities to stimulate your mind
- Learn new strategies for brain health
- Stay for the day or attend select sessions!

Volunteer Information

We have many wonderful members who donate their time each month, helping other members and the organization with things like transportation, technology, shopping and errands, Neighborhood Circle planning and newsletter mailings. If you are one of these member-volunteers, please report your hours by e-mail or phone to Jill Ellefsen each month. This is valuable data that we use to secure funding, apply for new grants, etc. You can reach Jill at (415) 387-1375 ext. 2 or at jill@sfvillage.org.

June Events



Qigong – for Relaxation, Increased Energy and More Restful Sleep (Six-Week Series)

Mondays, June 4, 11, 18, 2:30 – 3:30 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

Learn the art of Dayan ('Wild Goose') Qigong, a moving meditation technique that is known to improve flexibility, balance, and mind-body connection. It has been linked to everything from treating pain to lowering blood pressure. Many people find that Qigong is a perfect fit because it's easy to do and offers a sense of flow. Students at any level of fitness are invited to enjoy this extremely adaptable form!

Jordan Gray has been practicing Dayan Qigong for more than eight years and is certified to teach by Grandmaster Hui Liu of the Wen Wu school in El Cerrito.

How to See a Bird

Thursday, June 7, 10:00 AM – 12:00 PM

San Francisco Botanical Garden (Free for SF residents, please bring ID)

Meet at the bookstore inside the 9th Ave. entrance

RSVP to (415) 387-1375 or info@sfvillage.org



Do you want to spend more time in the beautiful outdoors and make new friends?

Those are two of SFV member Linda Grant's favorite parts of birding! Linda has been an avid Bay Area bird watcher since college. Spend the morning with other SFV members in the Botanical Garden and learn how to find birds by sight and sound. Linda will bring field logs and share tips about how to clue into the birds that are all around us. Bring your binoculars, and open your ears and eyes to this beautiful habitat! Don't forget to bring your own sun protection and water since the garden can be warm in June.



Tech Support Appointments

Friday, June 8, 1:00 – 3:00 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

Schedule an appointment to meet with Dave Casuto of Senior Surf here at San Francisco Village. Bring your tablets, smart phones, laptops, or simply bring your questions to address with a technical expert.

Please call or email the office to reserve an appointment in advance. Dave will help address issues such as slow computers, file management, photo management, malware and viruses, customizing the computer for readability, browsers, slow internet speed, etc.

Elaine Elinson – Writing Workshop (Six-Week Series)

2nd and 4th Wednesdays, June 13, 27, July 11, 25, August 8 and 22, 3:00 – 4:30 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org



Have you always wanted to write your memoir but didn't know where to start?

Have you got some poems tucked away in a drawer?

Do you have an idea for a gripping novel?

If you answered "yes" to any of these questions, we invite you to the San Francisco Village Writing Workshop. All levels welcome, but space is limited; please register in advance.

This workshop will be led by writer and journalist Elaine Elinson, author of the award-winning *Wherever There's a Fight* and former editor of the *ACLU News*. Elinson, who holds an MFA in Creative Writing, has led this popular workshop at San Francisco Village for three years.

We will try different writing styles – from memoir to poetry to essays and fiction. We will explore the work of poets and authors – and try to figure out how they transfer their experiences, thoughts and feelings to the written page. And we will, to paraphrase poet Robert Frost, learn how to “surprise our readers, and ourselves, with our words.”



Hearing Care and Assistance Overview

Thursday, June 14, 11:00 AM – 12:00 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

Did you know that 1/3 of people over the age of 65 have hearing loss? Recent studies show that untreated hearing loss increases your risk of cognitive decline. Jessie Johnson joins us to talk about the importance of getting a hearing test and available hearing loss treatment options. We will discuss hearing aids, assistive listening devices, and communication strategies as well as the recent studies linking untreated hearing loss to cognitive decline.

Jessie Johnson has worked for the Hearing and Speech Center of Northern California for 17 years. She delivers educational presentations throughout the community on hearing healthcare. Providing compassionate and knowledgeable service to clients, Jessie also helps people understand their insurance process and how to advocate for themselves.

Dazzling Dames of Broadway: Ethel Merman

Friday, June 15, 2:00 – 4:00 PM

Telegraph Landing Clubroom, 150-156 Lombard St.

RSVP to (415) 387-1375 or info@sfvillage.org



Often called "The Grand Dame of the American Musical", Ethel Merman with her big, brassy voice and perfect diction, made her sensational Broadway debut in the Gershwins' *Girl Crazy*, singing "I Got Rhythm". She went on to star in five Cole Porter musicals, including *Anything Goes* and *Panama Hattie*, however, her legendary performances in two Irving Berlin shows *Annie Get Your Gun* and *Call Me Madam* are the most well-known. Ethel's favorite role, though, was as Gypsy Rose Lee's mother, Mama Rose, in the critically-acclaimed Jule Styne and Stephen Sondheim musical *Gypsy*.

Join us to see young Ethel perform in her early Gershwin and Porter musicals, plus enjoy several rare clips from her early film career. We'll look at some great moments from her later years working with Irving Berlin, Styne, and Sondheim, and learn all about her youth, marriages, and her devotion to family. Light refreshments will be served!

Presenter Bonnie Weiss is a seasoned theatre educator, writer, radio and cabaret producer. She teaches classes on musical theatre history and appreciation at San Francisco State and U.C. Berkeley. Bonnie has written reviews and feature articles for *Stage Directions*, a national magazine for theatre educators, and *The Sondheim Review*.



Social Care and Health Care Book Club

3rd Tuesday of the month, 10:30 AM – 12:00 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

Village members continue exploring the connections between social care and health care and turn to published writings to inspire conversation. Here's what's we're reading and discussing in the coming months!

Tuesday, June 19: *God's Hotel*/by Victoria Sweet

No gathering in July

Tuesday, August 21: *Disrupt Aging* by Jo Ann Jenkins

Solo-Aging with Betty Burr

Friday, June 22, 11:00 AM – 12:30 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org



Are you a "solo-ager?" Are you 50+? You have neither a spouse nor children, or your family is geographically and/or emotionally remote?

Being a solo-ager can require an extra layer of planning since older adults traditionally rely on their adult children to assist them in later life. Helping you meet the challenges of solo-aging with success, SFV member Betty Burr has created a new program featuring discussion, tips, and techniques for successfully navigating this period of life as a solo-ager. Subjects will include alternative ways to develop the support children typically offer parents and ways solo-agers can make preparations while still in their active years.

Even if you are not a "solo-ager," come for a discussion of the areas in which conscious elders need to take charge and plan for the later part of life.

Betty Burr is a solo-ager herself, and holds an MA in Gerontology from San Francisco State University. A Certified Retirement Coach, Betty helps older adults identify their plans and passions for the later part of life. She has been a coach, small business owner, and management consultant for over 35 years. Betty currently runs a series of seminars on tools for successful solo-aging.

June Birthday Social

Friday, June 22, 1:30 – 2:30 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org



Come gather with fellow members and friends to wish the birthday folks a happy birthday and enjoy a sweet treat together! Stay and chat while you're here. We may find some fun ways to get to know each other better.

Columbarium Visit and Tour

Monday, June 25, 11:00 AM – 12:30 PM

1 Loraine Court

RSVP to (415) 387-1375 or info@sfvillage.org



Join us as we tour the neoclassical Columbarium, a hidden gem and architectural wonder in the Richmond District that tells the stories of many of our most famous residents. A colossal 45-foot atrium featuring mosaic tile floors, ornate stained-glass windows, and a domed skylight are surrounded by several floors of intricate balconies—the design and decor follow the Odd Fellows’ belief that death is something to approach without fear, and that funerals should be ordinary yet dignified events.

Three halls house over 8,500 niches containing cremated remains and memorabilia special to those buried here with stained-glass windows, one of which is attributed to Louis Comfort Tiffany and John La Farge.

Built by British architect Bernard Cahill in 1898, the Columbarium is not only a beautiful final resting place but also an off-the-beaten-path spot to reflect on the city’s history.



Active Minds, Healthy Brains: from the Global Brain Health Institute and the UCSF Memory and Aging Center

4th Tuesday of the month, June 26, July 24, 11:00 AM – 12:00 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

Did you know that there are things you can do to affect how your brain ages? We invite you to join us as we examine some modifiable factors such as physical activity and cognitive stimulation that can have an impact on our brain’s health.

Tuesday, June 26

Physical activity and Brain Health – Workshop with Claire Sexton, PhD

What does the latest research show us in about how physical activity maintains brain’s health?

Tuesday, July 24

What is cognitive stimulation? Our brains join the gym! – Devyn Cotter, MS.

How can you keep your brain active? Learn about the everyday activities that nurture our cognitive functions.

Recurring Events



Knitting Circle and Crafting Hangout

(Date changed for this month only) Monday, June 4, 1:30 – 2:30 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

Knitters and crafters alike, bring in your projects at any stage. Jill Ellefsen, our

resident seasoned knitter, will host and help answer questions as well as share insights that she continues to pick up along the way. If anyone is interested in learning how to knit or working on a beginner scarf project, you are welcome to join too! Beginners, please ask for a supply list when you RSVP.

Longevity Explorer Circle

Tuesday, June 5, 2:00 – 3:30 PM (at SFV)
3220 Fulton St. at 8th Ave.

The group will be on hiatus for July and August and resume again in the fall

Tuesday, September 4, 2:00 – 3:00 PM

The Franciscan Room, The Sequoias Continuing Care Community, 1400 Geary Blvd. (between Laguna and Gough)



Join an intimate group of your peers to discuss new & emerging solutions to the challenges of growing older.

- Find out about new products that can help postpone the day when growing older starts to get in the way of living life to the fullest.
- Share your ideas about what works and what does not work well with others from your community and members of other circles.
- Add your ideas for “solutions someone needs to develop” to the Longevity Explorer’s growing list of new product ideas.
- Hear what your peers from other circles of older adults have to say.

Facilitated by Dr. Richard Caro, co-founder of Tech-enhanced Life, PBC & Longevity Explorers. Dr. Caro’s work focuses on the intersection of healthcare, aging and technology.



Aging Well with Meditation

Wednesdays, June 6, 13, 20, 27, 11:00 AM – 12:00 PM
SFV, 3220 Fulton St. at 8th Ave.
No RSVP required

Meditation is a mind-body training that improves your ability to pay attention to the things that matter. Mindfulness meditation – paying attention purposefully and non-judgmentally in the present moment – is associated with lower stress, improved self-awareness, positive brain changes, more compassion, and better sleep. So why not give it a try?

Led by Rachel Lanzerotti, Certified Yoga Therapist, a long-time practitioner and teacher of yoga and mindfulness meditation. Come learn to practice meditation together. All levels of experience are welcome for this drop-in group.



Play Reading Group

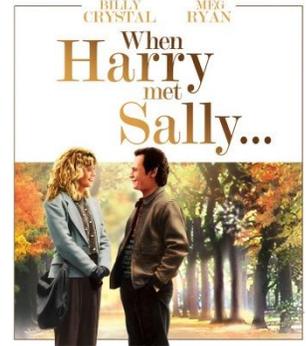
Thursday, June 14, 4:00 PM
150 Lombard St., Telegraph Landing Club Room
RSVP to Midge Fox at (415) 984-0613 or midgefox@comcast.net

The group will read *The Proposal* by Anton Chekhov. This play can be found in *Twelve Classic One-Act Plays*, Dover Thrift Editions. If you have questions, call or email Midge Fox at (415) 984-0613 or midgefox@comcast.net.

Film Group

Wednesday, June 20, 3:00 PM
Ralph Beren's home: 1914 Lyon St.
RSVP to Ralph at ralphberen@comcast.net

The Film Group will be watching *When Harry Met Sally*. One of the funnier films of the early 1990's, it concerns the relationship of two young people who do not want to get romantically involved with each other until things change.



Discussion Group

Friday, June 22, 3:00 PM
Home of Eva Auchincloss, call SFV for address information
RSVP to Eva at (415) 563-7519 or eva3auch@gmail.com

The group will meet to discuss the results of the CA primary election.

Let's Play Games!

Thursday, June 28, 1:00 – 3:00 PM
SFV, 3220 Fulton St. at 8th Ave.
RSVP to (415) 387-1375 or info@sfvillage.org

Plain and simple - let's have fun! We play cards and board games and love when you bring your favorite game too! Join us!



Member Perks

The Jewish Community Center of San Francisco Arts & Ideas and The San Francisco Conservatory of Music

Both the JCCSF and SFCM are on hiatus for the summer and will resume again in the fall.

Member to Member

Tutor for Teens & Adults

Former professor with 7,000+ hours of tutoring offers comprehensive and personalized programs on test prep (SAT, ACT, many others), speed-reading and comprehension improvement, study and note-taking skills, and grammar. Programs 6-16 hours. Typical test prep clients improve from top 15% to top 5% – many reach top 1-2%. Speed-reading clients typically triple rate with equal or better comprehension. Please contact SFV member Norman Prince at (415) 821- 6595 or norman@princelearning.com, or visit www.princelearning.com.

In Memoriam

Margaret "Peg" Kaplan

May 20, 1922 – May 5, 2018

Margaret "Peg" Kaplan (aka Dr. Margaret Miller) passed away peacefully in her sleep on May 5, 2018, shortly after watching her beloved Giants trounce the Braves 9-4, and joined with her cherished husband Bill (d. 2012) to celebrate the victory with a fine bottle of champagne.

Peg was raised in San Francisco, graduating Washington HS (1939) and UC Berkeley (1943). She was one of only four women in her University of Nebraska Medical School class of 1949, and later obtained her MPH from Cal, launching her distinguished career in public health and public service with the SF Health Dept, SFUSD, Golden Gate Regional Center, SF Council for Seniors and Adults with Disabilities, SF Village and the Community Living Campaign, as well as 20 years teaching as an Associate Clinical Professor in UCSF's Dept of Preventive Medicine. While at the DPH, she pressed the button to fluoridate the SF water system, forever endearing her to the city's dentists. Peg and Bill were passionate devotees of the arts, including the SF Opera and Symphony. Peg proudly joined the 2017 Women's March, affirming her lifelong belief in the positive power of women past, present and future.

She is lovingly remembered by children Paul (Chris) and Susan (Perry), and forever "Tutu" to grandchildren Erica (Nick), Sarah, Julia and Ian, and "Tutu the Great" to Will and Charlie. Peg lived life to the fullest right until the end, attending the Giants opening day and recently hosting a concert in her home featuring her beloved Lamplighters, where donations can be directed in her memory. "It's love that makes the world go round!" WS Gilbert, Iolanthe

Nini McCone

June 28, 1933 – March 24, 2018

Nini McCone passed at home peacefully and surrounded by her family on March 24th following a short illness. Nini is survived by her children: Andy, Mike (Gigi), and Matt; her grandchildren, Charlie, Kennedy, and Tyler; the cat Jerry; her sister Jean Gansa; and Nini's partner of four decades Jim Hammond.

Nini (Caroline Charles) was raised in San Francisco, the daughter of Allan Earle Charles and Caroline Moore Charles. Nini attended Catherine Delmar Burke and Stanford University. Nini married Mike McCone in 1958. Joining the Peace Corps, they moved to Sierra Leone (West Africa) with two infants in tow. Nini was pregnant and gave birth to her third child there, all along her adventurous spirit buoying her. More travels, with the Peace Corps, brought the family to Borneo. Nini spent five years overseas wrangling, guiding and loving her three children.

Influenced by her mother's volunteerism Nini engaged with some community groups, serving as President of the Junior League and on the PTA of Cabrillo School. Deciding to strike out as a professional Nini went back to school to become a CPA. Attending Golden Gate University accounting classes, she propelled herself into the profession of bookkeeper, accountant, and then Certified Public Accountant. With her passion for community groups Nini specialized in non-profit accounting.

In 1980 Nini reconnected with Jim Hammond (they had dated at Stanford) beginning four decades of togetherness and happiness.

Memorial donations may be made to the San Francisco Parks Alliance or KQED.

Neighborhood Circles

Neighborhood Circle Leader Luncheon

The next meeting of the Neighborhood Circle leaders will be on Tuesday, June 26 from 11:30 AM – 1:00 PM at the SFV office (3220 Fulton St). If you are a current circle leader or are interested in helping a circle out, you are invited to attend. Lunch will be provided. Please RSVP to Jill Ellefsen at (415) 367-1375 ext. 2 or jill@sfvillage.org.



94123 & 94115

All members of the Village are invited to participate in the Circle's efforts to help refugees in the Bay Area. Eva is currently collecting gift certificates from local chain stores such as Target, Walgreens and Safeway to be given to refugee families in the Bay Area (they will be distributed by the International Rescue Committee). We will celebrate this giving opportunity at Eva's house on Tuesday, June 19 from 5:00 to 7:00 PM. A former refugee or other IRC participant will be on-hand to discuss the current situation for US refugees. For more information and to RSVP, please contact Eva Auchincloss at (415) 563-7519 or eva3auch@gmail.com.

For 94123 & 94109 members only: Save the afternoon of Thursday, July 26 for a special visit to the Academy of Sciences. Details to follow in the July newsletter.

94121

The 94121 Circle will meet at the Kausse's home on Wednesday, June 6 at 1:30 PM. There will be snacks and we will adjourn sharply at 3:30 PM. Any interested members are welcome to attend, just call Patricia Kausse at (415) 387-7299 to confirm attendance.

94131

The 94131 Circle get together will be held on the 3rd Saturday of the month, June 16, from 1:00 to 3:00 PM at the Ora Way Club House located at 45 Ora Way. RSVP to Jennifer Kauffman at (415) 652-8100 or jak@jaksf.com.

94117

The 94117 Neighborhood Circle will meet on Friday, June 8, from 2:00 to 4:00 PM at the home of David and Karen Crommie to socialize and deepen our relationships as neighbors and friends. We enjoy chatting about what's current in our lives. For instance, one of the topics that has been coming up is the emotional and physical challenges of "downsizing." Also, "who am I today without my career?" Please contact Judy Jacobs at (415)252-9062 (before June 4) and Bill Haskell at (415) 661-2670 or bhaskell@sonic.net (after June 4), if you have any questions.

94118

The 94118 Circle will visit the Presidio Officers' Club on Wednesday, June 20, for a view of San Francisco history during WW2, followed by lunch at the Presidio Cafe (at the golf course inside the Arguello entrance). Meet at Gabie's house at 10:00 AM to carpool or meet at the Officers' Club if you are finding your own transportation. Please RSVP to Gabie no later than Friday, June 15 so she can make lunch reservations: (415) 751-3766 or gberliner@comcast.net. The cost of lunch is about \$15-20/person depending on what you order. This event is open to all Village members.

Sunset Circle (94122)

The Sunset Circle will meet on Wednesday, June 20 from 3:00 – 4:30 PM at Olive Shaughnessy's home for a lively discussion of current events, recent activities, and future plans. New members are welcome. For more information, and to RSVP, please contact Judy Winn-Bell at (415) 298-4178 or judywb@rocketmail.com, or Joan Walton at (415) 681-8275.

LGBTQ Circle

The LGBT Circle will not be meeting in June. Stay tuned for an upcoming LGBT-themed movie series starting in August.

West of Twin Peaks Circle

The WTP Circle is hosting a private paint party on Friday, June 15 from 2:00 – 4:00 PM at Virginia Jourdan's Art Studio in St. Francis Episcopal Church (Ocean Ave. and San Fernando Way). Virginia will illustrate as we copy a picture she provides. The cost is \$35 per person; all supplies and light refreshments will be provided. Due to space limitations, this event is open to members of the WTP Circle only. To make reservations, contact Elaine Mannon at (415) 469-9832 or by e-mail at elaine@mannon.com.

Save The Dates!

Everyday Better Breath

Monday, July 9, 1:30 - 3:00 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org



We breathe thousands of times each day without conscious thought. As with any repeated action, we form habits of breathing. Some habits are more helpful and healthful than others. Learn tips to clear congestion, improve your breath, and better support your body's energy and ease. Learn the surprising ways breathing really works in this presentation about respiratory physiology paired with yogic wisdom for your everyday better breath! *This is Part 2 in the Better Breath Works series with Rachel. All are welcome, even if you missed Part 1 in May. Come breathe and learn with us!

Rachel Lanzerotti, MSW, E-RYT500, IAYT-Certified Yoga Therapist is the Founder of Five Rivers Yoga Therapy. She is a Body Systems Yoga Therapist, guide of mindfulness meditation and yoga teacher, social worker and health educator and a specialist in pain relief. In addition to personalized, one-on-one programs, Rachel leads small groups on topics such as: Therapeutic Yoga to Move, Breathe & Relax, Aging Well with Meditation, and Breathing for Clarity & Energy.



Self and Community Connections

Tuesday, July 10, 3:00 - 4:30 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

Come experience the healing power of expressive arts through drawing, movement, sound, and writing as we explore our relationships with ourselves and each other in community. No experience with the arts is necessary as we draw on everyone's innate creativity. Shy people are welcome.

Amber Field is a Tamalpa Associate Teacher of Expressive Arts. They love to help free people's voices and sing, sound and speak their truths with confidence. They also facilitate diversity and solidarity workshops using embodied creative practices. Amber is a multi-instrumentalist and singer featured in SF Magazine's Best of the Bay. For more information go to <http://www.amberfieldmusic.com>

Make Some Senior Dog Friends with Muttville

Thursday, July 12, 11:00 AM – 12:00 PM

SFV, 3220 Fulton St. at 8th Ave.

RSVP to (415) 387-1375 or info@sfvillage.org



Join us to learn about Muttville Senior Dog Rescue, a San Francisco organization whose mission is to change the way the world thinks about and treats older dogs and to create better lives for them through rescue, foster, adoption, hospice, education and advocacy. Learn about Muttville's programs for senior humans – our Seniors for Seniors adoption program and Cuddle Club. We'll have a couple of mutts on hand who will love some attention!

Founded by Sherry Franklin in 2007 to save the lives of the older dogs that were considered “unadoptable” and routinely euthanized in area shelters, Muttville has become a national model. Franklin, who worked from her house to save 27 dogs that first year, said she “wanted to make senior dogs sexy” – and she now speaks at conferences around the country about animal rescue, senior dogs, and Muttville’s innovative programs.

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