



COVID-19 Return To Play

PLAYBOOK

For Athletes, their
Guardian(s)

&

Coaches

Level Set: Guiding Principles

COVID-19 Fact Base and Key Messages

Your Safety Matters to BYVC

- BYVC is closely monitoring the COVID-19 outbreak and its impact on Return to Play
 - The health and wellbeing of our athletes, their guardian(s) and coaches will always be our top priority
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BYVS's Guiding Principles for Response and Decisions

1. The guidance we provide will always be informed by current guidelines from local and Public Health Guidelines
 2. We will strive to provide consistency in messaging
 3. Do everything we can within our control to keep you safe
- We will take ongoing steps to ensure we can maintain a safe playing environment through this evolving situation
 - We thank you in advance for your dedication to the safety of everyone involved as we strive to return to Volleyball as safely as possible
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Rest Assured.

We will respect everyone's privacy and not share any of your personal information.



Overview

This Playbook is intended to provide Athletes, their Guardian(s) and Coaches with information to support safe “Return to Play” during the evolving COVID-19 situation. The Playbook will complement updates provided on Instagram, Facebook and the BYVC website, along with the communications received from coaches – both verbally and in writing.

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Link for Registration – click [here](#)



Expectations

- Safety of everyone is our top priority
 - We are setting high standards for each of us to follow
 - Your safety and the safety of your loved ones is paramount
 - If we don't follow the protocols we outlined in this Playbook our ability to play this season will be in jeopardy
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Our Commitment to you:

- We will return to play with an abundance of caution and error on the side of safety at all times
- We will tell you what we know as soon as we know it
- We will always follow the current local and regional Public Health Guidelines

What we expect from you:

- Follow the current local and regional Public Health Guidelines on and off the court – what you do at home, at school, at work and in the public can have an impact on you & your team's ability to return to volleyball
- Stay up to date by following BYVC on Facebook or Instagram
- Sign the declaration indicating that you understand what is expected from you and agree to follow all new COVID-19 protocols

What to expect if you do not follow the new protocols

- Your actions will impact your ability to play as well as have an impact on the ability for the entire team to continue to play
 - We will ask that you do not return to club activities if you are unable to consistently follow the new protocols
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Mandatory Protocols for “Play”

At this time we have practice protocols. As decisions are made regarding games/tournaments we will update you

You will **not be able to attend BYVC events if you cannot follow these protocols*

Before Play

- Health self-assessment using **TeamSNAP** app
- Notify your coach via **TeamSNAP** if you are not going to attend practice and provide a reason for your absence
- Sign-in will be required upon arrival
- Temperature at 37.8°C and below

During Play

- **Masks** – to be worn during low to moderate activity (per OVA Website)
- **Physical Distancing** – to be practiced at all times except during “play” this includes huddles & timeouts
- **Cleaning & Sanitation** – dedicated times established to wash hands and sanitize balls
- **Checklists** – will be available to make it easy to remember new protocols
- **No spectators**

After Play

- If you start to feel unwell please notify us using email address COVID@BYVA.ca
- In order to ensure the safety of your team please follow current local and regional Public Health Guidelines at all times



What if...

These certainly are unusual times and we definitely don't have all of the answers. What we do know is that we need you to always use your good judgment and make decisions using an abundance of caution

An individual becomes unwell on your team with symptoms of COVID-19

- Immediate cessation of participation in activity
 - Isolation of player
 - Individual sent home and instructed to follow current public health guidelines regarding self isolation
 - COVID-19 Rep notified by coach. Rep will follow up with individual or parent to determine next steps (i.e testing)
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An individual on your team is tested for COVID-19

- Individual must not participate in Club activities while waiting for results of test
- COVID-19 committee to use session participation tracking sheets to inform other club members who may have been in close contact with the individual
- Any club members who were in close contact* with the individual should not participate in club activities and follow public health guidelines until a diagnosis of COVID-19 is ruled out by health professionals.

*A close contact is defined as a person who had a high-risk exposure to a confirmed or probable case during their period of communicability- more details click [here](#)

An individual on your team tests positive for COVID-19

- Individual is to inform the COVID-19 Rep ASAP
 - Committee to work with Public Health for contact tracing using session participation sheets
 - Club members who were in close contact are **NOT** to participate in club activities for 14 days and follow public health guidelines regarding self isolation and testing
 - All club members, facility manager are to be notified
 - OVA is to be notified by email by BYVC COVID Committee
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What about...

Return to play following an illness

- Negative test result: the individual may return after 24 hours of resolution of symptoms
- If individual is not tested: 14 days of self isolation. May return only after symptoms resolved for 24 hours.

Return to play following confirmed COVID-19

- Public Health will be involved and we will follow all guidelines in return to activities

Modification | Restriction | Postponing or canceling of club activities

COVID-19 is an ongoing and evolving situation. We will strive to provide you with information on any changes as soon as we know it.

Please understand that we will follow the direction of medically sound, expert advice and authoritative sources of Ontario Public Health & the Ontario Volleyball Association

The reality is....

- The season can be modified, paused or cancelled at any time
 - We will follow the direction of OVA, Public Health, Regional and Provincial government
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We will set up payments accordingly....

2020/2021 season will have a **3 phase billing approach** based on costs that are known to the best of our knowledge

1. Oct to Dec – based on paying market value for gym space
 - *Payments due by Oct 20*
2. Jan to April – possibility of return to space in schools if the permits are opened up. Otherwise will be based on market value for gym space
 - *Payments due by Dec 20*
3. OVA tournaments – once OVA finalizes tournament costs and confirms that tournaments will run, final bill for % share of these costs
 - *Payments due by Jan 21*

eTransfers only please to admin@byvc.ca



What we need from you before you can start training

In order to protect you and to protect BYVC we will need some paperwork:

Athlete

- Signed OVA Waiver
 - Signed BYVC COVID-19 Declaration that you have attended the Virtual Town Hall [or listened to recording], read & understand the content in this Playbook and that if you are not feeling well you will NOT attend practice or any other BYVC event
 - **Registration link click [here](#)**
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Guardian

- Signed BYVC COVID-19 Declaration that you have attended the Virtual Town Hall [or listened to recording], read & understand the content in this Playbook and that if your child is not feeling well you will ensure that they DO NOT attend any BYVC event
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2020 OVA Registration Details

- The OVA is launching a new digitized way to register this year. It will be available soon and we will communicate to you when it's ready.
- Click [here](#) to read more and stay up to date about the new registration experience
- Athlete Registration FAQ click [here](#)



Resources

BYVC Committee

- Club Executive Representative - Richard Beedham
- CHAIRPERSON - Christine Hopkins (16U rep)
- HEALTH LEAD - AnnMarie Segato (18U rep)
- COMMUNICAITON LEAD - Kelly Lawlor (15U rep)
- ALTERNATE CHAIRPERSON - Sheila Peckman (15U rep)
- T.B.D. (14U rep)
- Coach's Representative (secretariat) - Beta Montemayor

E-Mail Us: COVID@BYVC.ca

Where to get BYVC Club updates

[BYVC Instagram](#)

[BYVC Facebook page](#)

[BYVC Website](#)

Other reading...

[OVA Website](#)

[Brant County Health Unit](#)

[Public Health Ontario](#)

We want to hear from you...

If we have not addressed your questions, if you have any concerns or your personal circumstances change please email covid@byca.ca



Protocols for “Play” - Coaches

First and foremost - THANK YOU.

This season would not happen without our volunteers. The donation of your time and dedication to our athletes is greatly appreciated.

It is important to understand that it is expected that you will not allow an athlete to participate without following the protocols outlined on page 5.

To make things easier for you - here is a quick reference guide for day one:

DO's

- In TeamSNAP™:
 - ✓ **Schedule** event
 - ✓ Send **reminder** 2hrs prior to event
 - ✓ **Check health status** and **BYVC Declaration** before admitting into event
- @ Check-In:
 - ✓ Set-up **Attendance and Contact Tracing Log**
 - ✓ Set-up **hand sanitizers** and **cleaning supplies**
 - ✓ Verify **physical distancing guides** and **isolation area** are in place
 - ✓ **Verify health status** has not changed (good to go)
 - ✓ **Check temperature** is $\leq 37.8^{\circ}\text{C}$
 - ✓ Complete **Pre-Event Checklist**
- Closing Event:
 - ✓ **Clean and disinfect**
 - ✓ Complete **Post-Event Checklist** and sign-off
 - ✓ Complete and **sign-off** Attendance and Contact Tracing Log
 - ✓ **File** paperwork

Notify COVID Rep of any COVID-19 related developments

DON'Ts

- Allow members into event if...
 - ✗ **BYVC Declaration** has not been signed (both athlete AND guardian)
 - ✗ **Health Check** has not been completed and verified in TeamSNAP™
 - ✗ Athlete arrives and is exhibiting **COVID-19 symptoms**
 - ✗ Temperature **exceeds** 37.8°C
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ATHLETE REMINDERS

- We are all in this and will get through this TOGETHER.
- Be aware of symptoms and notify coach if you start to feel unwell
- Respect mask and physical distancing protocols
- Be wise – Sanitize and wash your hands
- Help with enhanced cleaning protocols



Coaches

First and foremost - THANK YOU.

And yes... this means a bit more paperwork *for now*. Here's what it is and what you need to do with it when you've done it.

TeamSNAP

- It is critical for you to have this app downloaded on your smart phone.
- If not already, register for TeamSNAP™
- **Link for registration – click [here](#)**
- If you need help with registration contact Andrew Rawls [andrew.rawls@dignitymemorial.com]

Completed Sign-In Sheets - Temporary early season solution

- Put hard copy in designated folder provided in your Team COVID Manual (in safety kit)
- Each team to establish a process that will ensure that these records get transferred to your COVID-19 Team Rep for review and filing

Cleaning Checklists

- Put hard copy in designated folder provided in your Team COVID Manual (in safety kit)
- Each team to establish a process that will ensure that these records get transferred to the COVID-19 Team Rep for review and filing.

Urgent health related correspondence regarding Athletes: email COVID@byvc.ca

