



BRANT YOUTH VOLLEYBALL CLUB (BYVC)

COVID PROTOCOL

SAFE TRAINING

Date:	September 30, 2020
Version:	0003F

PURPOSE:

To ensure a safe training environment that is designed to minimize and limit potential for COVID transmission between teams through designated training clusters

Orient athletes, parents, and coaches to enhance understanding and respect how to 'live safe' and manage their various bubbles so to minimize and manage potential community transmission within the club

APPLICATION:

- | | |
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| <ul style="list-style-type: none"> ▪ Athletes ▪ Parents ▪ Coaches | <ul style="list-style-type: none"> ▪ Team administration ▪ Club administration |
|--|--|

PROTOCOL:

- Training Clusters:
 - To minimise potential for cross-transmission across the BYVC community; athletes and coaches need to be limited to a single training cluster (one team); exceptions may be possible on a case-by-case basis following considerations by the BYVC COVID Oversight Committee (e.g. multiple coaches in a household or family cluster)
 - Athletes playing up on a temporary basis is not permitted (until further evolution in COVID transmission protocols are indicated through current regional health authorities and/or national sporting organizations)
 - Teams are encouraged to carry a sufficient roster in order to allow for adequate coverage to account for possible absences due to health/COVID circumstances

COVID Oversight Committee Mitigation Checklist (Ref): 11 – 14, 16, 19

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- To the degree possible, coaches should be limited to a single training cluster so to minimize the potential for direct cross-transmission across training groups
- Recognition and Management of Other Extra-Curricular Bubbles
 - BYVC acknowledges that Club Members will have multiple bubbles that they must manage collectively (i.e. work; other sports; other non-sport extra-curriculars; etc.)
 - Athletes, coaches and volunteers will need to declare their engagement with other possible bubbles and confirm through their BYVC COVID Declaration Form that similar COVID protocols are in place within the context of these non-BYVC related activities; and that self-monitoring of considerations related to these other (non-volleyball) bubbles will be taken into account in any self-assessment/self-monitoring initiatives undertaken in support of club activities
 - BYVC COVID Declaration Form can be updated throughout the season, to account for changing participation in other ‘bubbles’
 - As circumstances change and COVID management protocols evolve over time, the management of these bubbles may also vary. Any changes in approach or considerations will be openly and transparently communicated via the Communication Lead and will be informed by current local/regional policies and guidelines
- Isolation Training and Special Circumstances
 - When members of the same family cluster participate in club activities; coaches and club administration will work with families to minimize participation in multiple training clusters on a case-by-case basis
 - Consideration will need to be given to skill level (to ensure that it would be safe and effective for a younger sibling to play up with an older sibling). In the event that this would not be possible; discussions are encouraged to find possible innovative ways to accommodate both athletes in a manner that looks to minimize and manage cross-community transmission within the club
 - Coaches and team/club administration are encouraged to work with individual athletes and be flexible in their training regime to support individual isolation training, to allow athletes to be comfortable with training in growing numbers of team members (want to encourage athletes to be comfortable with expanding their bubble; and understand that others may need to integrate more slowly than others)

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➤ Graduated Training Schedules

- Coaches should develop a graduated program that aims to start training in small groups (individual and 2 person drills; positional orientation without specialists – i.e. setters or libero/defensive specialists) and progress to 2 v 2 or 3 v 3 drills; before graduating to more competitive team drills
 - This graduated training schedule will allow for teams to integrate slowly and minimize the number of athletes that are subject to co-exposure within their training bubble; until it becomes necessary to expand training (for competition preparation purposes) to larger groups

Back-Up Coaches

- To ensure appropriate coaching ratios (@ least 2 coaches present for any club activity); teams are encouraged to seek out an emergency ‘back-up’ coach that could stand in for a team coach in the event that a coach becomes ill or is unavailable for a given activity
 - Possible back-ups could involve team manger; parent reps; COVID rep; or a dedicated substitute coach (if available)
- In the event that an independent ‘back-up’ coach is not possible/available; Coaches from other BYVC teams can be approached on a case-by-case basis to stand in as an ‘emergency back-up’
 - To minimize cross-transmission potential across teams, emergency scope should maintain extended physical distancing at all times (spend most of time off court and minimize close interaction with team); providing support functions only

➤ Training Sign-In

- On entering training facility, athletes will sign-in with facility (as appropriate) and proceed safely and directly to designated training area, per facility protocols
- A check in and sanitisation station will be set-up at the entrance to designated training area; athletes will check-in and complete the BYVC Event Attendance and Contact Tracing Log every time they participate in a BYVC event
 - Complete On-Site Health Check
 - Temperature check
 - Attendance acknowledgement

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- On-Court Activities:
 - 'Single athlete' equipment areas will be assigned (taped areas to place bags and masks when on court)
 - Athletes:
 - Arrive ready to play with small bags only (small backpack)
 - Bring own water bottle(s) and masks
 - 'Ziploc' bag or re-usable small container to safely contain any wastes (wipes, etc.) and/or masks
 - Phones/personal devices left in bag unless an emergency arises only (phone/devices should stay in bags until departing the facility)
 - Designated washroom facilities will be available
 - Athletes should arrive ready to play (i.e. no change-room facilities)
 - Handwashing protocols will be clearly highlighted and respect
- Masks/Physical Distancing and Sanitation:
 - Masks will be worn at all times unless specified by Coach (adjusted to reflect indoor vs outdoor location)
 - Masks are optional and guided by current local/regional health and OVA/Volleyball Canada policies and guidelines while actively training on court (in playing area)
 - Masks will be dawned upon leaving playing area (i.e. bench area, etc.) and leaving training area (court)
 - Sanitizer, disinfectants (and wipes) will be available
 - Sanitation breaks will be integrated into tryout (coincide with water breaks)
- Health Isolation Area and Care if Athlete (guest) Becomes Un-well During Training:
 - In accordance with Health and Wellness Protocol, a designated health isolation area will be identified
 - Should a player become ill or starts to experience any health symptoms
 - Notify coach(es) immediately

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- Coach will self-isolate individuals as soon as possible in a designated, well-ventilated 'isolation' area, or outside (if reasonable and possible)
 - Affected individual must be provided with a medical mask (in safety kit)
 - If care is required, coach or BYVC designate will be provided with medical mask, eye protection, disinfectant, and hand sanitizer (in safety kit)
 - Coach will contact athlete's guardian immediately and athlete sent home and instructed to follow public health guidelines regarding self-isolation and testing (per Town Hall or Regional Health Guidance)
 - Facility partners will be informed as appropriate to determine if any areas need to be isolated, closed off and/or require additional cleaning/disinfecting
 - COVID-19 Medical/Health Lead will be notified of any such developments and will undertake the appropriate next steps to contact athlete and guardian for follow-up and contact tracing (as required); and liaise with COVID-19 Communication Lead
- Training may continue following disinfection of balls and equipment and following open communication with remaining team member in attendance
 - Tryout Checklist to be completed by Coach (before beginning tryout and after completing tryout)
- Coach's Checklist
- Coaches are responsible for completing BYVC's Coach's Training Checklist which is intended to facilitate adherence to established safe training protocols and to minimize risks
 - Tasks on the Checklist can be assigned to designated BYVC members at the instruction of Coaches
 - Coach must sign-off on the completed checklist upon the close of the event (1 completed checklist/event) and filed in the Team's COVID Manual and with Team COVID Rep

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DOCUMENTATION:

- BYVC COVID Declaration Form
- BYVC COVID-19 Coach’s Training Checklist
- BYVC Event Attendance and Contact Tracing Log

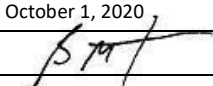
SUPPORTING REFERENCES/GUIDES:

- [OVA Return to Play \(RTP\) Phase 2](#) v2.0 (July 2020, Indoor)
- [Volleyball Canada Return to Play](#) (June 15, 2020)
- Government of Ontario (2020). [A Framework for Reopening our Province – Stage 3](#) (July 13, 2020)
- [OVA Safe Indoor Training Guidelines](#) (July 2020)
- Health Canada’s Public Health Agency of Canada (PHAC) – <https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19.html>
- Public Health Ontario (PHO) – <https://www.publichealthontario.ca/en/diseases-and-conditions/infectious-diseases/respiratory-diseases/novel-coronavirus>
- World Health Organisation (WHO) – <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>

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