



BRANT YOUTH VOLLEYBALL CLUB (BYVC)

COVID PROTOCOL PHYSICAL DISTANCING

Date:	September 28, 2020
Version:	0002F

PURPOSE:

To ensure a safe training and playing environment and establish awareness of how to integrate physical distancing into club activities.

Orient athletes, parents, and coaches to enhance understanding and respect how to 'live safe' and manage their various bubbles so to minimize and manage potential community transmission within the club

APPLICATION:

- | | |
|--|--|
| <ul style="list-style-type: none"> ▪ Athletes ▪ Parents ▪ Coaches | <ul style="list-style-type: none"> ▪ Team administration ▪ Facility Partners |
|--|--|

PROTOCOL:

- Common Areas and Designated Training Areas
 - Work with facility partners to maximize access and flow through buildings and prevent congregating in common areas
 - All Club Members should enter/exit training and playing facilities only through designated entrance/exit areas (as per agreement with facility)
 - All Club Members must wear a non-medical mask and observe physical distancing protocols as per current local/regional health policies and guidelines
 - Sign into facility, as required and use hand sanitizers (provided at facility or by BYVC) upon entry to facility and proceed immediately to BYVC sign-in outside the BYVC designated training area (court space, gym, room, etc.)

COVID Oversight Committee Mitigation Checklist (Ref): 15 – 18, 20 - 21

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Author:	Beta Montemayor
Last Revision:	September 28, 2020

Implementation Date:	October 1, 2020
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Date of Authorization:	October 1, 2020



COVID PROTOCOL

PHYSICAL DISTANCING

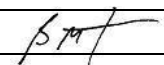
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- Designated bathroom areas will be assigned, Club Members should utilize assigned facilities only and observe sound hand washing techniques when using facilities
- If there is a line-up at the door, Club Members should follow all physical distancing guidelines per local regional/health authorities
- Club Members should respect one-way pathways to move throughout facility and be familiar with and use separate/designated exit doors when leaving facility
- When leaving facility, Club Members must vacate training facilities immediately (no loitering in building) and keep distance from their nearest neighbour and not linger in parking lot
- Off Court Activities
 - Appropriate masks must be worn based on current local/regional mask wearing policies, guidelines/regulations; when indoors, masks should be worn at all times while off the court
 - Coaches should wear a mask for the entire duration of the event (while indoors)
- On Court Activity
 - Athletes are able to train without mask (when training or playing on court); however, if desired, masks can be worn also on-court (without uniform violation). Masks must be donned upon exiting the court (i.e. on bench, time outs, etc.)
 - During training, practices should be designed to maximize physical distancing and to minimize contact between players
- Water and Sanitizer Breaks
 - Athletes and coaches must bring their own personal water bottle(2) to club events
 - Drinking water fountains are not to be used (even to fill water bottles); secondary water bottles (or a bigger re-fillable container) sourced from home should be used in place of communal drinking water fountains
 - Athletes and coaches should use hand sanitizer at every break and before entering and after leaving court
 - During breaks, physical distancing must be observed
- Time-Outs and Huddles

Physical Distancing

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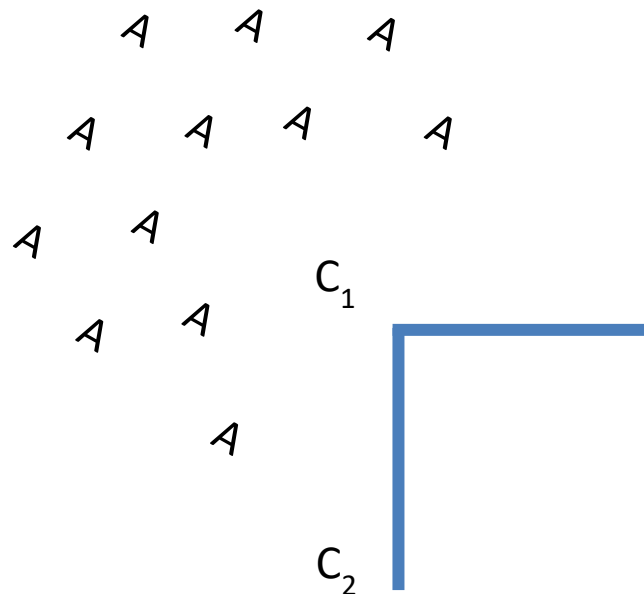
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- Coaches are encouraged to work with athletes to modify celebrations and huddles to minimize contact between athletes and coaches (un-training the huddle)
- On coming off the court, athletes should apply hand sanitizer and dawn an appropriate mask
- During time outs, masks should be worn by all athletes and coaches; coaches are encouraged to move time out huddles to the corner of the bench, away from opponents with a staggered huddle around (Figure 1 for example, if possible)

Figure 1: Example of time-out cluster (physical distancing measure)



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DOCUMENTATION:

- None

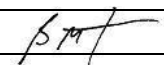
SUPPORTING REFERENCES/GUIDES:

- [OVA Return to Play \(RTP\) Phase 2](#) v2.0 (July 2020, Indoor)
- [Volleyball Canada Return to Play](#) (June 15, 2020)
- Government of Ontario (2020). [A Framework for Reopening our Province – Stage 3](#) (July 13, 2020)
- [OVA Safe Indoor Training Guidelines](#) (July 2020)
- Health Canada’s Public Health Agency of Canada (PHAC) – <https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19.html>
- Public Health Ontario (PHO) – <https://www.publichealthontario.ca/en/diseases-and-conditions/infectious-diseases/respiratory-diseases/novel-coronavirus>
- World Health Organisation (WHO) – <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>

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