

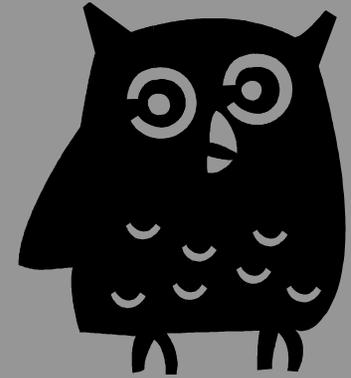
What is OWL?

Our Whole Lives is a series of sexuality education curricula for: grades K-1, grades 5-6, grades 7-9, grades 10-12, young adults (ages 18-35), and adults.

Our Whole Lives helps participants make informed and responsible decisions about their sexual health and behavior. It equips participants with accurate, age-appropriate information in six subject areas: human development, relationships, personal skills, sexual behavior, sexual health, and society and culture. Grounded in a holistic view of sexuality, *Our Whole Lives* not only provides facts about anatomy and human development, but also helps participants clarify their values, build interpersonal skills, and understand the spiritual, emotional, and social aspects of sexuality.



For more information:
owl@uua.org



OWL

**Our Whole Lives
Sexuality Education
for grades 5-6**

Unitarian Universalist Church of Surprise
17540 N. Avenue of the Arts
Surprise, AZ 85378
623-875-2550
www.uusurpriseaz.org

Our Whole Lives (OWL) Values:

- Self-Worth
- Sexual Health
- Responsibility
- Justice and Inclusivity

In eight one-hour workshops, plus two mandatory meetings, OWL models and teaches caring, compassion, respect, and justice.

It helps children in grades 5-6 understand the physical and emotional changes of puberty. Participants explore values, communication and decision making, as well as physical health and development.

The HomeLinks feature opens lines of communication between parents and children. This allows parents to be actively involved as their children explore values, communication and decision making.

OWL is a secular curriculum; it contains no religious references or doctrine. It has been used successfully in a variety of settings, including classrooms, after-school programs, religious organizations, and youth groups. The curriculum covers topics and skills that schools are less likely to cover, despite parent and youth interest.

Our Whole Lives Offers:

- Honest, age-appropriate answers to all participants' questions
- Activities to help participants clarify values and improve decision-making skills
- A safe and supportive peer group
- Acceptance of diversity
- Encouragement to act for justice
- Affirmation of parents as the primary sexuality educators of their children

Workshop Details

Location: Unitarian Universalist Church of Surprise, 17540 N. Avenue of the Arts, Surprise, AZ 85378

Fees: \$25 per child, 2nd sibling \$15

Materials: Included

Class Facilitators: The "Our Whole Lives" workshop will be led by two, OWL trained facilitators.

To Register: Email uucslisal@gmail.com to reserve a space at parent meeting. Registration forms will be distributed at the mandatory parent meeting.

Workshop

- **Preliminary Meetings**
(Both Mandatory)
 - ~Parent Meeting: **Childcare Provided**
2/19 7:00-8:30 pm
 - ~Parent/Child Orientation Program:
2/24 12:00 pm-2:30 pm
- **Class days and times will be discussed at parent meeting.**

Lessons (weeks 1-8)

1. Values and Sexuality
2. Family Relationships
3. Puberty: Physical and Emotional Changes
4. Gender Identity and Sexual Orientation
5. Lovemaking and Reproduction
6. Health and Safety
7. Communication
8. Decision Making