



FOODSHARE

FRESH FOOD BOX

IT'S MORE THAN JUST A BOX OF FOOD



Improving Health

One fresh food box at a time.

FoodShare's goal is to enhance the quality of life in our diverse communities by increasing access to fresh, affordable produce and providing quality cooking skills education. We connect families and communities to fresh fruits and vegetables through the use of our Fresh Food Box.

Your Fresh Food Box is filled with 12-15 varieties of top quality fruits and vegetables. Unique recipes are also included giving you the opportunity to broaden your tastebuds and expand your knowledge of cooking different items.

And, it's very affordable. Fresh Food Boxes can be purchased with CASH or SNAP/EBT. The cost of a large box is \$20 and a small box is \$15. If you're a SNAP recipient and use your EBT SNAP card, you receive an instant \$10 Healthy Bucks credit reducing your cost to only \$10 for the large box or \$5 for the small box.

Stretch your food dollars with **SNAP!**

\$5 ON YOUR SNAP + **HEALTHY BUCKS** = YOU GET A **\$15** BOX

OR

\$10 ON YOUR SNAP + **HEALTHY BUCKS** = YOU GET A **\$20** BOX

It's easy to order! Place your order in person at the FoodShare Hub inside the **Katheryn M. Bellfied Booker Washington Heights Cultural Arts Center** at 2611 Grant St. in Columbia (one block off West Beltline across from Colony Apartments) or through one of the many Partner Sites listed on our web site.

Call 803-851-4461 for more information!
Our Food Hub is open Monday-Thursday 10-6 & Friday 10-3.

FoodShare Partner Site hours of operation may vary.



foodsharesc.org



Fresh Food Box Schedule



Boxes must be ordered in advance. Deadlines to order are the **Friday** before the Tuesday pick-up.

Call 803-851-4461 for more information! Our Food Hub is open Monday-Thursday 10-6 & Friday 10-3.

FoodShare Partner Site hours of operation may vary.

Some order deadlines may vary from a standard Friday because of holidays. Check the calendar below.

Food Box pick up days for boxes ordered that week are the **Tuesday** marked in red following the Friday order deadline.

Food Boxes not picked up by 6:00 pm on Wednesday will be donated unless we have been notified in advance and arrangements are made to pick up on Thursday. Any remaining Food Boxes not picked up by 6:00 pm on Thursday will be donated.

JANUARY 2020							FEBRUARY 2020							MARCH 2020							APRIL 2020											
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa					
		31	1	2	3	4						1	1	2	3	4	5	6	7				1	2	3	4						
5	6	7	8	9	10	11	2	3	4	5	6	7	8	8	9	10	11	12	13	14	5	6	7	8	9	10	11					
12	13	14	15	16	17	18	9	10	11	12	13	14	15	15	16	17	18	19	20	21	12	13	14	15	16	17	18					
19	20	21	22	23	24	25	16	17	18	19	20	21	22	22	23	24	25	26	27	28	19	20	21	22	23	24	25					
26	27	28	29	30	31		23	24	25	26	27	28	29	29	30	31					26	27	28	29	30							

MAY 2020							JUNE 2020							JULY 2020							AUGUST 2020											
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa					
					1	2		1	2	3	4	5	6				1	2	3	4							1					
3	4	5	6	7	8	9	7	8	9	10	11	12	13	5	6	7	8	9	10	11	2	3	4	5	6	7	8					
10	11	12	13	14	15	16	14	15	16	17	18	19	20	12	13	14	15	16	17	18	9	10	11	12	13	14	15					
17	18	19	20	21	22	23	21	22	23	24	25	26	27	19	20	21	22	23	24	25	16	17	18	19	20	21	22					
24	25	26	27	28	29	30	28	29	30					26	27	28	29	30	31		23	24	25	26	27	28	29					
31																										30	31					

SEPTEMBER 2020							OCTOBER 2020							NOVEMBER 2020							DECEMBER 2020											
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa					
		1	2	3	4	5					1	2	3	1	2	3	4	5	6	7			1	2	3	4	5					
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12					
13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19					
20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26					
27	28	29	30				25	26	27	28	29	30	31	29	30						27	28	29	30	31							