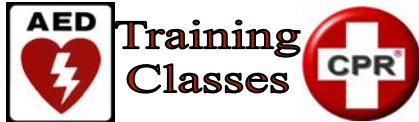


## Sign-up for these Important Dates



AED/CPR class will be held on the following date:

**Friday, October 12th**  
**Call the office for the November date**

The class will be held at the Carefree Fire Station from 9:00 a.m. to 1:00 p.m. Donations toward the \$25 fee requested. We need to have 10 people signed up for each class to make it a productive class. It is critical that all volunteers be trained in AED & CPR. With the new guidelines and methods, this class is quite valuable for all of you to feel comfortable to do something when someone needs help. Call Nancy at 480.488.1105 or e-mail, [NancyC@foothillscaringcorps.com](mailto:NancyC@foothillscaringcorps.com) to reserve a space.

Do you love to bake? We need cookies or bars for the upcoming Thanksgiving Eve Ecumenical Service, November 21st.

Please call 480.488.1105 and sign-up to bring cookies or bars.



Seat belts are the best way to ensure safe travel during the holiday period.

In 2010 alone, seat belts saved more than 12,500 lives nationwide.



7275 E. Easy Street  
Suite B103 & B104  
P.O. Box 831  
Carefree, AZ 85377  
480.488.1105

[Services@FoothillsCaringCorps.com](mailto:Services@FoothillsCaringCorps.com)  
[www.FoothillsCaringCorps.com](http://www.FoothillsCaringCorps.com)



**Look for Foothills Caring  
Corps on Facebook**



P.O. BOX 831  
CAREFREE, AZ  
85377



Upcoming Dates  
To  
Remember

**Volunteer  
Orientation**

**Second Thursdays**  
**October 11**  
**November 8**  
**9-11 a.m.**

**Van Transportation  
Training  
Level I**

**October 18**  
**November 15**  
**9-11 a.m.**

**Cancer Support Group**  
**Saturdays**  
**October 13**  
**November 10**  
**10 a.m.**

**Good Shepherd of the  
Hills Episcopal Church**



FCC Office Hours  
Monday - Friday  
8:30 am - 4:30 pm

Phone 480.488.1105  
Fax 480.488.8117

# Foothills Caring Corps News

[www.FoothillsCaringCorps.com](http://www.FoothillsCaringCorps.com)

OCTOBER 2012

## "MASK"querade Ball

Monday, October 29, 2012

**Dine & Dance**

6:30 p.m. Social

7:00 - 10:00 p.m.

Dinner & Dance



**AFFINITY**

Tohono Ballroom at el Pedregal  
34505 N. Scottsdale Road, Scottsdale

Cost: \$75.00 per person

\$30 of your entrance fee is a tax-deductible donation  
for Foothills Caring Corps

To purchase tickets

Call 480.488.1105 or pay online at  
[www.FoothillsCaringCorps.com](http://www.FoothillsCaringCorps.com)

RSVP required by  
October 22nd



### SPONSORSHIP LEVELS:

Title: \$25,000

4 foursomes (16 players) for the tournament  
Special recognition at awards presentation  
Recognition on the invitation, program and our newsletter

Gold: \$15,000

3 foursomes (12 players) for the tournament  
Special recognition at awards presentation  
Recognition on the invitation, program and our newsletter

Silver: \$10,000

2 foursomes (8 players) for the tournament  
Special recognition at awards presentation  
Recognition on the invitation, program and our newsletter

Bronze: \$5,000

1 foursome (4 players) for the tournament  
Special recognition at awards presentation  
Recognition on the invitation, program and our newsletter

Hole: \$1500

2 players for the tournament  
Signage recognition on one (1) hole  
Recognition on the program and our newsletter

Individual players: \$300

## Golf Tournament

In Remembrance of Larry Wetter

Monday, November 19, 2012

MIRABEL

480.488.1105

[www.FoothillsCaringCorps.com](http://www.FoothillsCaringCorps.com)



## Neighbor Corner

Several years ago, I met a lovely lady who had not lived here in the valley for too long. Her name was Phoebe. Phoebe was having difficulty driving her car. Her eyes were getting bad, she had fibromyalgia and other ailments which were prohibiting her activities. She told me about the Foothill Caring Corps and how they were giving her rides to her doctors. At that time, I think she was getting meals on wheels too.

Since I too, am alone (elderly) but in good health and driving, I volunteered to sign up with the Caring Corps as a volunteer as well as a neighbor. Who knows when I might need their service someday? Without the service they provide, it would be almost impossible for the elderly to live in this part of the valley.

Since that time, I have come to know

## How the Caring Corps has enriched my life

Phoebe to be one of the dearest and most faithful friends. We talk on the phone daily. We used to shop, have lunch together after doctor visits and other medical errands. Certain conditions have required her to give up her independent living. She is now confined to one bedroom in her son's lovely home. They look after her, but she spends a lot of lonely hours by herself, since her son and daughter-in-law both work. It is wonderful however that her son is always within calling distance.

Phoebe is just a little pint-size gal. When she was married she only weighed about 100 lbs. Her first pregnancy produced male triplets. Later another son was born.

Phoebe is a fighter! She's also a very positive sweet gal. I've never heard her say an unkind word. It's a joy to be around her.

As the weeks and months go by, Phoebe has lost much of her strength. Her walker has turned into a wheelchair. She's always been one to dress to perfection. The perms and manicures have had to be put on hold many times. But we still have our friendly visits and telephone calls. I have grown to love her dearly and consider her one of my best friends. She hasn't lost her sense of humor or her thoughtfulness for others.

Her living twins and a daughter-in-law from Tennessee recently paid her a visit. It lifted her spirits. She has a two year old great grandson, who lives in Chandler. Little Baron's visits give Phoebe and I a lot to talk and brag about. Isn't that what grandmothers are suppose to do?

*Written by Donna Cleveland-Cody  
FCC Volunteer*

## Roses for Mobile Meal Participants

Each participant of the Mobile Meals Program was surprised with a beautiful bouquet of roses, courtesy of Carefree Resort & Conference Center. Foothills Caring Corps and the VA State Nursing Home were the beneficiaries of all the beautiful arrangements from a recent floral show held at the Resort.



Those pictured from Carefree Resort include: Dave Rosenbaum, Senior Sales Manager; Terri Thate, Reservation Manager; Astolfo Mendoza, Banquet Manager; Mike O'Hearn, SR Conference Service Manager; Martha Pleites, Front Desk Manager; Mary Concepcion, Conference Service Manager; Jae Geis, HR Director; Brian Bishop, Executive Housekeeper; Candy Scott, General Manager; Jennifer Henderson, Executive Assistant; Eugene Knox, Executive Chef; Tom Burgard, Engineering Supervisor; Foothills Caring Corps: Debra Determan, Executive Director and Pat Pollara, Administrative Assistant.

The Mobile Meals Program has undergone several changes in the past few months, from new more creative and delicious daily menus to the new more efficient hot and cold delivery containers. These new containers help insure safe temperatures of the food at the time of delivery. The neighbors are calling to tell us how tasty and warm their meals are! During the summer months we reduced the delivery routes to four which increased the driving time and distance for our volunteers. Starting October 15<sup>th</sup> we will increase the routes to five and utilize more new and existing volunteers in our Program. All of these new changes are great but what we learned recently is many of our old procedures work very well. In addition to delivering meals, our volunteers provide a service by checking on the wellbeing of our neighbors. Our emergency procedures were tested recently and on both occasions we were able to secure the appropriate emergency and non-emergency help for our neighbors in need. A big THANK YOU to all of the volunteers on our Mobile Meals Team!

**On behalf of the Mobile Meal Participants we thank the Carefree Resort & Conference Center for the wonderful meals as well as the thoughtful bouquets.**

**OCT. 25<sup>TH</sup> 2012** 

MSW and FRIENDS are PLEASED TO PRESENT **JAZZ** 7:00-8:30pm

**4 NEIGHBORS in NEED**

**TOGETHER, WE ARE BETTER!**

Come Celebrate An Evening of Fine Jazz  
SPONSORED BY LOCAL COMMUNITIES OF FAITH  
BENEFITING THOSE IN THE CAREFREE/CAVE CREEK AREA  
STRUGGLING WITH HUNGER & HOMELESSNESS

**LIVE MUSIC FEATURING**

Jazz Keyboardist, **BOB RAVENSCROFT TRIO** & *and Gospel Vocalist,* **VICKI McDERMITT**

Bob Ravenscroft-keyboards  
Dwight Kilian-bass  
Rob Moore-drums  
Vicki McDermitt-vocals with CHIRP!  
LuAnn Roberson-vocals  
Dawn Rolland-vocals  
Chris Peña-keyboards  
Caleb Kilian-visual arts

*with trio* **CHIRP!**

OUTDOOR CONCERT to BENEFIT FOOTHILLS FOOD BANK & HOMELESS PROJECT • www.FOOTHILLSCARINGCORPS.com

**CAREFREE GARDEN AMPHITHEATER**  
THURSDAY NIGHT  
CAREFREE, AZ

MSW  
OFC (480) 575-1303  
MUSICSERVINGTHEWORD.ORG

CALL  
(480) 747-0325  
FOR MORE INFORMATION

**COPING WITH CANCER**

*Wings of Hope*

**EDUCATION, INFORMATION, AND NETWORKING POSSIBILITIES**

A meeting will be held on Saturday, November 10 beginning at 10:00 a.m.  
Good Shepherd of the Hills Episcopal Church  
6502 E. Cave Creek Road  
Cave Creek, AZ


We invite you and your family to join us for refreshments.


The topic will be: Spirituality and Cancer Survivorship, and our speaker will be Sherry Zumbrunnen, a Registered Nurse from Virginia G. Piper Cancer Center.

A discussion period will follow the presentation. Anyone whose life is impacted by cancer is welcome to attend.

Reservations are highly recommended.  
Please call the church at 480-488-3283.

Virginia G. Piper Cancer Center

 **SCOTTSDALE HEALTHCARE**



**Putt for the Putt Putt  
with the Foothills Caring Corps**

**Tonto Verde Golf Club**

**April 17, 2013**



**SPONSORSHIP OPPORTUNITIES:**

- Title Sponsor: \$10,000
- Reception Sponsor: \$1,500
- Hole Sponsor: \$1,000
- Margaritas at Registration Sponsor: \$1,000
- Wine Sponsor: \$1,000
- Sponsor for the \$5,000 10/20/30 Putt Contest: \$500
- Signage Sponsor: \$300



Foothills Caring Corps has been working to “freshen” our communication materials. We are now photographing many of our activities, services, volunteers, neighbors, events, meetings, and updating our three videos. Please take a look at our videos—give us some ideas, tell us what you like about our newsletters, give us constructive ideas on our website. We aim to recruit volunteers, donors, sponsors, partners, and neighbors. You can help us design our materials. Let us know your ideas.

Go to the following link to view the Caring Corps’ videos  
[www.foothillscaringcorps.com/videos](http://www.foothillscaringcorps.com/videos)

Go to [www.foothillscaringcorps.com](http://www.foothillscaringcorps.com) to view our website

or if you have an iphone or smart phone get the QR Code App and this code will bring you to the 3 videos.

