



P.O. BOX 831
CAREFREE, AZ
85377



Upcoming Dates
To
Remember

**Volunteer
Orientation**

**Second Thursdays
November 10
December 8
9-11 a.m.**

**Van Transportation
Training
Level I**

**November 17
December 15
9-10 a.m.**

**The next Cancer
Support Group
meets Saturday,
November 5
at 10 a.m.**

**Good Shepherd of the
Hills Episcopal Church**



FCC Office Hours
Monday - Friday
8:30 am - 4:30 pm

Phone 480.488.1105
Fax 480.488.8117

Foothills Caring Corps News

www.FoothillsCaringCorps.com

NOVEMBER 2011

Thank you for your support!

As Foothills Caring Corps continues providing services to older adults in Cave Creek, Carefree, North Scottsdale and North Phoenix we need your support! The oldest of America's 76 million baby boomers - those born from 1946 to 1964 turn 65 this year. By 2029 the "oldest old," those 85 and older, will have grown by 377 percent. *

This year Foothills Caring Corps' Board of Directors has established our annual campaign goal to include our entire operating budget. We have also extended our campaign throughout our fiscal year.

Our goal to raise \$500,000 between April 2011 - March 2012 is quite ambitious. Each year we develop fund-raising events and write grant proposals to help meet our demand for operating funds.

This year we repeated our "Mask"querade Ball for the second year (scheduled November 4th). We have a dynamic volunteer team who planned our first Golf Tournament (scheduled for November 21st). Our 7th Annual Cash

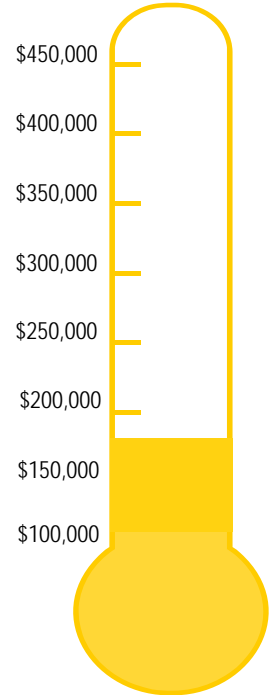
& Caring / Taste of the Foothills will be held on Thursday, March 29, 2012. We have multiple grant proposals awaiting final approval for years 2012-2013. With all these efforts we still need the strong support of our major donors. Your contributions will make up the difference between the fund-raising events, grants and reaching our annual campaign goal.

Our annual campaign letters will be sent to Foothills Caring Corps' supporters with hope that you will again show your strong support of our many services. The letters should reach all our supporters in November 2011. We have also begun our planned giving program to allow a future oriented gift opportunity for donors and to help us maintain a stable organization for many years to come.

Please share your gifts with Foothills Caring Corps to help our local programs meet the needs of our older residents.

Your contribution will help improve the quality of life for each of our "Neighbors".

**2011 Annual Campaign
Goal \$500,000**



Golf Tournament
Proceeds
at this time
39%

*Aging America, are we ready?
Advances from U of M School of Public Health



Golf Tournament November 21

Where: Mirabel Country Club

When: Monday, November 21, 2011
8:30 a.m. Breakfast & Registration
1 0:00 a.m. Scramble Format



MIRABEL

For more details
480.488.1105

www.FoothillsCaringCorps.com



Volunteers Needed

Are you imaginative? Do you enjoy writing? Do you have good interview skills? Have you written any grants? If your answers are mostly yes, please say one more yes and work with us. We can use your skills for a special project working with our neighbors who are aged 90+ who are willing to

share their stories. In addition we have special programs that could use technical writing. CALL us, 488-1105. **We have been looking for you!!**

Do you like to photograph some of the most interesting people on the whole West Coast? Come join us and check out the faces of our volunteers and neighbors. We need some good people photos. Could you help develop a story board for a video? Would you be willing to photograph some of our activities with some striking action shots? If these questions intrigue you, CALL us, 488-1105. **WE NEED YOU!**

Are you a great problem solver? Do you like to help people? Do you like working in a very interesting office environment? Come join our front office as a receptionist/special project person. We have a multitude of opportunities for you. Call 488-1105, **You are just the person we need!**

Volunteer Appreciation



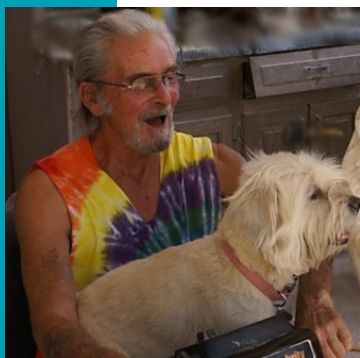
Volunteers, as our way of saying thank you to each of you for all you do for Foothills Caring Corps and the Community we are planning a Volunteer Appreciation Luncheon. Please reserve Thursday, December 1st at Desert Hills Presbyterian Church.

Volunteer Quotes

Volunteers don't get paid, not because they're worthless, but because they're priceless.
~Sherry Anderson

No one is more cherished in this world than someone who lightens the burden of another. Thank you. ~Author Unknown

Volunteers are love in motion!
~Author Unknown



Neighbor Corner

About 9 months ago I had my leg amputated. This left me between a rock and a hard place. I had no car and couldn't drive if I had one.

I am so lucky to have the Caring Corps. Without them I don't know what I would have done.

I called the Caring Corps and found that my worries were over. They have made it possible for me to make all of my doctor appointments and the many long drives to rehab.

Most of the time I went with Ron and Vickie Crowe. Together we learned how to get me and my scooter where I needed to be and when they weren't around there was always someone to step in and help.

It is impossible for me to thank everyone enough from the people who answer the phone to Maggie who always found someone to be there. Thank you again and again Caring Corps.

Robert Thornley
Caring Corps' Neighbor

Do you love to bake? We need cookies or bars for the following upcoming events:

- Thanksgiving Eve Community Service, November 23rd
- Annual Christmas Festival, December 9 - 11th



Please call 488-1105 and sign-up to bring cookies or bars.

Community Thanksgiving

Evening Vespers Service

Hosted by Our Lady of Joy

Catholic Church

To benefit the Foothills Caring Corps

Wednesday, November 23rd

7:00 p.m.

Several local congregations will participate with Our Lady of Joy Catholic Church in this moving service of music, song, prayer and thanksgiving. Pastors and congregations from local churches will gather to share in this vespers service, which contains hymns, prayer and psalmody.

The service will benefit the Foothills Caring Corps. The Caring Corps helps older adults and homebound individuals to remain healthy and living independently in their homes. The programs of the Caring Corps currently serve more than 545 of our neighbors in the local community. Donations collected at the service will directly benefit those served by the Caring Corps.

Bring your family and guests to this reflective and solemn celebration of thanksgiving.

Our Lady of Joy Catholic Church
36811 N. Pima Road, Carefree
480.488.2229

Community Outreach

Grief and the Holidays

Presented by Hospice of the Valley

Friday, November 4th

10:00 - 11:15 a.m.

at Desert Foothills Library

38443 N. School House Road, Cave Creek

Information for all events at the Library:

Contact David Court at dcourt@dfha.org or

Dereth DeHaan at ddehaan@dfha.org

480.488.2286 www.desertfoothillslibrary.org

Family Caregiver Web Conference

Tuesday, November 15th at 1 p.m. Eastern Time

Monday, December 5th at 8 p.m. Eastern Time

For more information visit

caregiverstress.com/familyeducation

602.588.7725 or 480.991.3959

Living with Memory Loss

Presented by Hospice of the Valley

Wednesday, November 16th

9:30 - 11:30 a.m.

At Foothills Community Foundation

34250 N. 60th St. Bldg. B, Scottsdale

480.488.1090 info@azfcf.org

Piano Concert with our own Michael Golding

Caring Corps' Volunteer

Sunday, November 20th at 4 p.m.

Black Mountain United Church of Christ

30600 N. Scottsdale Road

\$10 for concert and dessert from Le Sans Souci



Making Your Gift Last

Do you want to have lasting impact for Neighbors served by Foothills Caring Corps? Consider leaving a planned gift to Foothills Caring Corps' endowment fund that will provide annual revenue after your lifetime. Once your gift is received, a portion of the investment return will be used annually and the difference will continue to be invested to provide income for the

future. Planned gifts come from those we serve, members of our partner churches, supporters, family members and others who share our goals. Your gift would make an extraordinary difference to those you leave behind. Other options are available to you as you choose to leave a legacy. For more information, please contact Executive Director, Debbra Determan at 480.488.1105.

Help Foothills Caring Corps by using your IRA Rollover!

Are you 70 ½ or older? Do you own an IRA? Are you interested in helping the Foothills Caring Corps as well as benefiting yourself?

The IRA Charitable Rollover has been extended through 2011. You may transfer up to \$100,000 directly from your IRA to qualified charities like Foothills Caring Corps. The distribution will count toward fulfilling your required minimum distribution from your IRA and can be excluded from your gross income for both federal and state tax purposes—benefitting both you and the Foothills Caring Corps.

Why Foothills Caring Corps?

The extension of the charitable IRA rollover means that you can help secure the future of the Foothills Caring Corps, benefit from significant tax savings, and be part of the Annual Campaign by making a distributions to FCC now.

For further information, please contact Debbra Determan at Foothills Caring Corps.

DebbraD@FoothillsCaringCorps.com

480.488.1105

Sign-up for these Important Dates



**Training
Classes**



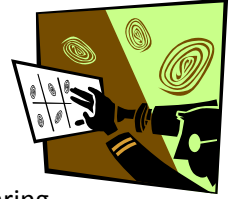
AED/CPR classes will be held on the following dates:

Wednesday, November 16th
Tuesday, December 13th

The classes will be held at the Carefree Fire Station from 9:00 a.m. to 1:00 p.m. Donations toward the \$20 fee requested. We need to have 10 people signed up for each class to make it a productive class. It is critical that all volunteers be trained in AED & CPR. With the new guidelines and methods, this class is quite valuable for all of you to feel comfortable to do something when someone needs help. Call Nancy at 480.488.1105 or e-mail, NancyC@foothillscaringcorps.com to reserve a space.

Fingerprinting

We are having another opportunity for fingerprinting on **Thursday, November 10th from 11 a.m. to noon**. Please make every effort to come in to the Foothills Caring Corps' office to complete your fingerprinting if you have not done so already. Call Nancy at 480.488.1105 or e-mail NancyC@foothillscaringcorps.com to reserve a space.



2012 Healthy Living Workshops are scheduled for the following dates:

January 10

January 31

January 17

February 7

January 24

February 14

9:30 a.m. - 12:00 noon

Light of the Desert Lutheran Church
33175 N. Cave Creek Road in Cave Creek



P.O. Box 831
Carefree, AZ 85377

Visit us at
www.FoothillsCaringCorps.com