

Rights – Respect – Responsibility

A Sexuality Education Curriculum

Presented by the Eastern Shore Healthy Communities Better Birth Outcomes Workgroup at
The Great Hall in the Workforce Services Building on the ESCC Campus • 29316 Lankford Highway • Melfa, VA 23410



Eastern Shore
HEALTHY
COMMUNITIES

July 20 - August 5

Every Tuesday And Thursday 6 - 8 PM

Dinner Included

Every participating teen gets a one week YMCA family pass.

Grades 9 - 12 welcome.

Social distancing and masks required.

All instruction from community health experts.

Sign up by sending an email with your name, age,
and best contact methods to: familed@esrh.org.

Topics will include:

- Personal Safety and Consent
- Human Reproduction and Childbirth
- Puberty
- HIV/AIDS and Sexually Transmitted Infections (STDs)
- Contraception and Pregnancy Prevention
- Abstinence
- Healthy Relationships
- Decision Making

Parents can preview the Rights, Respect, Responsibility lessons to be taught at <http://3rs.org/3rs-curriculum/>. A list of all lessons will be shared at the first session.

Parents/guardians are the primary sexuality educators for their children.

The committee can provide supplementary resources to support you in this role.

Email familed@esrh.org with questions.

EASTERN SHORE
Rural Health

The Eastern Shore Healthy Communities Better Birth Outcomes Workgroup
is co-chaired by Dr. Sandra Balmoria of Eastern Shore Rural Health System, Inc.
and Kathy Lewis of the Eastern Shore Health Department.

