

**Results Report - Overall Results**  
**Spring Hops 5K 2019 5/19/2019 5K**



Place	Name	XAg	Hometown	Age Cat	Age Pl	Pace	Time
1	Hayslett, Austin	M24	Mt. Airy MD	M21-29	1 of 10	06:07	18:57.80
2	Schuler, Eric	M26	Laurel MD	M21-29	2 of 10	06:18	19:33.32
3	Cocchiaro, Hannah	F27	Columbia MD	F21-29	1 of 9	06:46	20:58.49
4	Grimsley, Kyle	M30	Springfield VA	M30-39	1 of 15	07:04	21:54.20
5	Degenhardt, Sheldon L	M54	Marriottsville MD	M50-59	1 of 22	07:10	22:13.33
6	Liu, Jicheng	M47	Ellicott City MD	M40-49	1 of 24	07:15	22:27.41
7	Ford, Gregg	M47	Baltimore MD	M40-49	2 of 24	07:24	22:55.83
8	Betman, Callie	F25	Columbia MD	F21-29	2 of 9	07:28	23:09.97
9	Boyle, Lochlann	M46	Columbia MD	M40-49	3 of 24	07:35	23:31.08
10	Hermstein, Kevin	M18	Ellicott City MD	M1-20	1 of 9	07:39	23:41.50
11	Hermstein, Marc	M53	Ellicott City MD	M50-59	2 of 22	07:39	23:44.19
12	Chall, John W	M61	Crownsville MD	M60-69	1 of 11	07:48	24:11.25
13	LeBrun, Gavin	M15	Ellicott City MD	M1-20	2 of 9	07:49	24:13.67
14	Way, John	M53	Rockville MD	M50-59	3 of 22	07:50	24:15.46
15	Formwalt, Josh	M33	Catonsville MD	M30-39	2 of 15	07:50	24:16.41
16	Korff, Suzanne	F35	Baltimore MD	F30-39	1 of 24	07:51	24:19.57
17	Garstecki, Jeffrey	M50	Columbia MD	M50-59	4 of 22	07:52	24:24.16
18	Spear, Scott	M54	Rockville MD	M50-59	5 of 22	07:57	24:40.09
19	Neykov, Boyan	M41	Laurel MD	M40-49	4 of 24	08:07	25:09.16
20	Wardak, Ahmad	M37	Gambrills MD	M30-39	3 of 15	08:20	25:48.99
21	Roman, Miguel	M37	Columbia MD	M30-39	4 of 15	08:20	25:50.79
22	Gullapalli, Prasad	M47	Columbia MD	M40-49	5 of 24	08:20	25:51.20
23	Busch, Jennifer	F35	Ijamsville MD	F30-39	2 of 24	08:30	26:20.99
24	Kim, Joshua	M28	Frederick MD	M21-29	3 of 10	08:31	26:25.30
25	Crone, Brady	F44	Westminister MD	F40-49	1 of 27	08:34	26:32.21
26	Rowell, Harry	M52	Elkridge MD	M50-59	6 of 22	08:37	26:42.12
27	Burkhouse, Aiden	M9	Sykesville MD	M1-20	3 of 9	08:40	26:51.08
28	Mitchum, Caleb	M22	Clarksburg MD	M21-29	4 of 10	08:40	26:53.52
29	Wytko, Terri	F37	Columbia MD	F30-39	3 of 24	08:41	26:54.90
30	Withee, Jeff	M45	Columbia MD	M40-49	6 of 24	08:43	27:02.38
31	Evans, Thomas	M49	Sykesville MD	M40-49	7 of 24	08:45	27:06.42
32	Walker, Robert	M33	Columbia MD	M30-39	5 of 15	08:48	27:17.88
33	Lin, Roger	M54	Ellicott City MD	M50-59	7 of 22	08:53	27:32.09
34	Skinner, Julia	F43	Baltimore MD	F40-49	2 of 27	08:55	27:37.15
35	Piri, Aldrin	M34	Ellicott City MD	M30-39	6 of 15	08:55	27:38.05
36	Collins, Ryan	M49	Columbia MD	M40-49	8 of 24	08:59	27:51.27
37	Bregman, Jana	F31	Baltimore MD	F30-39	4 of 24	09:00	27:53.71
38	Liu, Tammy	F52	Ellicott City MD	F50-59	1 of 8	09:01	27:56.08

Place	Name	XAg	Hometown	Age Cat	Age Pl	Pace	Time
39	Dillen, Jordan	M33	Baltimore MD	M30-39	7 of 15	09:05	28:10.32
40	Rowell, Charles	M47	Olney MD	M40-49	9 of 24	09:06	28:12.46
41	Robson, Alan L	M62	Columbia MD	M60-69	2 of 11	09:06	28:14.05
42	Wittsack, Holly	F37	Gaithersburg MD	F30-39	5 of 24	09:08	28:19.32
43	Thompson, Matthew J.	M22	Ellicott City MD	M21-29	5 of 10	09:10	28:23.85
44	Paulin, Greg	M28	Belcamp MD	M21-29	6 of 10	09:11	28:29.47
45	Lebrun, Jenifer	F39	Ellicott City MD	F30-39	6 of 24	09:14	28:38.72
46	Garstecki, Tammie	F47	Columbia MD	F40-49	3 of 27	09:15	28:40.80
47	Dell, Matt	M43	Westminister MD	M40-49	10 of 24	09:19	28:52.16
48	Collins, Sean	M17	Columbia MD	M1-20	4 of 9	09:22	29:02.10
49	Streib, Terry	M64	Clarksville MD	M60-69	3 of 11	09:23	29:06.36
50	Kelly, Olivia	F33	Ellicott City MD	F30-39	7 of 24	09:26	29:15.63
51	Withee, Beatrice	F45	Columbia MD	F40-49	4 of 27	09:31	29:29.21
52	Ringerud, Mark	M58	Columbia MD	M50-59	8 of 22	09:31	29:29.82
53	Gilman, Matt	M37	Highland MD	M30-39	8 of 15	09:40	29:58.82
54	Johnston, Eric	M55	Ellicott City MD	M50-59	9 of 22	09:47	30:20.73
55	Elser, Josh	M30	Hanover MD	M30-39	9 of 15	09:50	30:29.13
56	Combs, Craig	M42	Frederick MD	M40-49	11 of 24	09:52	30:34.95
57	Klastava, Kelly	F34	Perry Hall MD	F30-39	8 of 24	09:58	30:54.22
58	Rowell, Andrea	F47	Olney MD	F40-49	5 of 27	10:00	31:00.81
59	Edo, Miranda	F24	Columbia MD	F21-29	3 of 9	10:00	31:01.49
60	Wong, Ronnie	M72	Catonsville MD	M70-99	1 of 6	10:04	31:13.67
61	Johnson, Stephen	M12	Bethesda MD	M1-20	5 of 9	10:05	31:15.07
62	Dominguez, Bert	M71	Gaithersburg MD	M70-99	2 of 6	10:09	31:28.63
63	Johnson, Owen	M9	Bethesda MD	M1-20	6 of 9	10:10	31:29.51
64	Rowell, William	M53	Odenton MD	M50-59	10 of 22	10:22	32:08.98
65	Loveland, Joe	M70	Finksburg MD	M70-99	3 of 6	10:29	32:30.17
66	Parker, Shannon	F25	Belcamp MD	F21-29	4 of 9	10:37	32:53.49
67	Lowman, Shawn	M48	Mt. Airy MD	M40-49	12 of 24	10:37	32:54.30
68	Luquette, Joe	M36	Damascus MD	M30-39	10 of 15	10:39	33:00.18
69	Zavos, Ken	M46	Odenton MD	M40-49	13 of 24	10:48	33:30.13
70	Dix, Joshua	M39	Catonsville MD	M30-39	11 of 15	10:50	33:34.82
71	Nelson, Rick	M41	West Friendship M	M40-49	14 of 24	10:53	33:45.77
72	Nelson, Beth	F38	West Friendship M	F30-39	9 of 24	10:54	33:45.92
73	Thompson, Jenna K	F20	Ellicott City MD	F1-20	1 of 4	10:58	34:00.62
74	Nicholls, Susan	F47	New Market MD	F40-49	6 of 27	10:58	34:00.74
75	Ecott, Curt	M25	Mt. Airy MD	M21-29	7 of 10	11:04	34:17.18
76	Tucker, Austin	M24	Frederick MD	M21-29	8 of 10	11:04	34:17.36
77	Walsh, Mary	F53	Odenton MD	F50-59	2 of 8	11:04	34:18.05
78	McPhail, Paul	M61	Clarksburg MD	M60-69	4 of 11	11:07	34:27.70
79	Suh, Jang	M45	Laurel MD	M40-49	15 of 24	11:08	34:31.09

Place	Name	XAg	Hometown	Age Cat	Age Pl	Pace	Time
80	Sladic, Clare	F48	Gaithersburg MD	F40-49	7 of 27	11:12	34:42.89
81	Paulin, Timothy J	M64	Ellicott City MD	M60-69	5 of 11	11:15	34:51.23
82	Lowman, Katie	F49	Mt. Airy MD	F40-49	8 of 27	11:17	34:58.19
83	Pearsall, Todd	M50	Catonsville MD	M50-59	11 of 22	11:17	34:59.28
84	Kircher, Roxanne	F46	New Market MD	F40-49	9 of 27	11:17	34:59.67
85	Gardner, Kelly	F48	Annapolis MD	F40-49	10 of 27	11:17	34:59.82
86	Crumbaugh, Lee	M71	Annapolis MD	M70-99	4 of 6	11:17	34:59.94
87	McMillen, Gus	M10	Woodbine MD	M1-20	7 of 9	11:19	35:03.40
88	McMillen, Corey	M43	Woodbine MD	M40-49	16 of 24	11:19	35:03.93
89	Stephens, Cathy	F49	Columbia MD	F40-49	11 of 27	11:19	35:06.28
90	Burton, Giuliana	F27	New Market MD	F21-29	5 of 9	11:25	35:23.54
91	Eckstrom, Claudia	F45	Columbia MD	F40-49	12 of 27	11:26	35:25.67
92	Graham, Ernie	M57	Clarksville MD	M50-59	12 of 22	11:26	35:28.08
93	McPhail, Delaney	F22	Clarksburg MD	F21-29	6 of 9	11:28	35:31.61
94	Hoyas, Joe	M53	Columbia MD	M50-59	13 of 22	11:28	35:33.83
95	Hessler, Karyn	F50	Columbia MD	F50-59	3 of 8	11:32	35:43.94
96	Iskra, Gregg	M48	Ellicott City MD	M40-49	17 of 24	11:36	35:58.35
97	Reading, Richard	M49	Laurel MD	M40-49	18 of 24	11:41	36:14.63
98	Ash, Emily	F28	Crofton MD	F21-29	7 of 9	11:45	36:24.61
99	Diehl, Eric	M26	New Market MD	M21-29	9 of 10	11:47	36:31.72
100	Kim, Olivia	F25	Frederick MD	F21-29	8 of 9	11:49	36:38.26
101	Wynne, Lisa	F43	Columbia MD	F40-49	13 of 27	11:52	36:47.26
102	Johnson, David	M50	Bethesda MD	M50-59	14 of 22	11:56	36:58.22
103	Johnson, Benjamin	M9	Bethesda MD	M1-20	8 of 9	11:57	37:01.88
104	McCusker, Sherri	F37	Baltimore MD	F30-39	10 of 24	11:57	37:03.37
105	Pich, Virak	M35	New Carrollton MD	M30-39	12 of 15	11:59	37:08.06
106	LaDue, George	M62	New Market MD	M60-69	6 of 11	12:04	37:25.92
107	Maddox, Lisa	F57	Clarksville MD	F50-59	4 of 8	12:07	37:35.08
108	Rodrick, Karin	F55	Columbia MD	F50-59	5 of 8	12:08	37:35.58
109	Reading, Ken	M45	Columbia MD	M40-49	19 of 24	12:09	37:40.16
110	Hamer, Andrew	M52	Columbia MD	M50-59	15 of 22	12:12	37:50.55
111	Keating, Mike	M59	Pasadena MD	M50-59	16 of 22	12:19	38:11.80
112	Cannon, Kathryn	F7	Ellicott City MD	F1-20	2 of 4	12:22	38:21.68
113	Lucernoni, Talia	F34	Columbia MD	F30-39	11 of 24	12:23	38:21.77
114	Zielinski, Michael	M60	Silver Spring MD	M60-69	7 of 11	12:25	38:30.96
115	Heine, Shannon	F38	Ellicott City MD	F30-39	12 of 24	12:32	38:51.36
116	Stone, Cindy	F64	Germantown MD	F60-69	1 of 6	12:34	38:56.93
117	Thompson, Mark G.	M57	Ellicott City MD	M50-59	17 of 22	12:37	39:05.24
118	Burkhouse, David	M46	Sykesville MD	M40-49	20 of 24	12:40	39:16.33
119	OBrien, Tom	M55	Glenwood MD	M50-59	18 of 22	12:42	39:21.35
120	Spagnola, Debra	F40	Gaithersburg MD	F40-49	14 of 27	12:47	39:36.71

Place	Name	XAg	Hometown	Age Cat	Age Pl	Pace	Time
121	Cannon, Elizabeth	F39	Ellicott City MD	F30-39	13 of 24	12:48	39:40.07
122	Goldman, Aimee	F43	Columbia MD	F40-49	15 of 27	12:49	39:42.74
123	Cannon, Jonathan	M5	Ellicott City MD	M1-20	9 of 9	12:49	39:42.76
124	Fletcher, Michael	M42	Savage MD	M40-49	21 of 24	12:49	39:43.71
125	Fletcher, Talia	F43	Savage MD	F40-49	16 of 27	12:49	39:43.82
126	Borst, Alan	M55	Reston VA	M50-59	19 of 22	12:59	40:13.87
127	Edwards, John	M66	Clarksburg MD	M60-69	8 of 11	13:05	40:32.51
128	Berg, Sarah	F38	Harpers Ferry WV	F30-39	14 of 24	13:10	40:49.14
129	Berg, Kelli	F46	Woodstock MD	F40-49	17 of 27	13:10	40:49.65
130	Steg, Shannon	F42	Odenton MD	F40-49	18 of 27	13:16	41:07.15
131	Singleton, Nicole	F40	Chantilly VA	F40-49	19 of 27	13:22	41:24.84
132	O'Brien, Todd	M49	Columbia MD	M40-49	22 of 24	13:22	41:25.49
133	Krzesniak, Amy	F42	Bethesda MD	F40-49	20 of 27	13:25	41:34.25
134	Stone, Robert	M67	Germantown MD	M60-69	9 of 11	13:27	41:42.76
135	Hood, Amy	F30	Frederick MD	F30-39	15 of 24	13:34	42:01.99
136	Iskra, Matthew	M53	Wilkes Barre PA	M50-59	20 of 22	13:38	42:16.56
137	Showe, Kevin	M33	Columbia MD	M30-39	13 of 15	13:46	42:40.46
138	Lutz, Traci	F44	Elkridge MD	F40-49	21 of 27	13:46	42:41.03
139	Youngborg, Chris	M38	Gaithersburg MD	M30-39	14 of 15	13:48	42:47.22
140	Wallander, Kimberly	F31	Baltimore MD	F30-39	16 of 24	13:49	42:50.86
141	Fugate, Jan	F69	Ellicott City MD	F60-69	2 of 6	13:50	42:52.25
142	Graham, Sharon	F49	Mt. Airy MD	F40-49	22 of 27	13:50	42:54.37
143	Fugate, Dennis	M67	Ellicott City MD	M60-69	10 of 11	13:55	43:08.50
144	Price, Norman	M52	Laurel MD	M50-59	21 of 22	13:56	43:12.67
145	Bolcar, Megan	F33	Columbia MD	F30-39	17 of 24	14:11	43:58.31
146	Catalano, Roland	M62	West Friendship M	M60-69	11 of 11	14:12	44:02.73
147	Costello, Maria	F44	Columbia MD	F40-49	23 of 27	14:13	44:03.68
148	Lipford, Jenny	F39	Silver Spring MD	F30-39	18 of 24	14:15	44:09.60
149	Evans, Mike	M72	Punta Gorda FL	M70-99	5 of 6	14:16	44:14.01
150	Friedman, Susan	F67	Columbia MD	F60-69	3 of 6	14:21	44:30.22
151	Collins, Hannah	F19	Columbia MD	F1-20	3 of 4	14:24	44:37.60
152	Engel, Shannon	F45	Woodbine MD	F40-49	24 of 27	14:28	44:50.21
153	Wen, Sandy	F46	Ellicott City MD	F40-49	25 of 27	14:31	44:59.90
154	Babkova, Anastasiya	F31	Columbia MD	F30-39	19 of 24	14:37	45:18.92
155	Eckstrom, John	M48	Columbia MD	M40-49	23 of 24	14:48	45:53.47
156	Perdue, Susan	F57	Clarksville MD	F50-59	6 of 8	14:57	46:19.72
157	Deskings, Sharlene	F55	Seabrook MD	F50-59	7 of 8	15:02	46:34.93
158	Iskra, David E.	M52	Walkersville MD	M50-59	22 of 22	15:06	46:48.42
159	Ragland, Virginia	F37	Odenton MD	F30-39	20 of 24	15:47	48:55.52
160	Ragland, Zachariah	M40	Odenton MD	M40-49	24 of 24	15:47	48:55.91
161	Pontician, Sarah	F27	Columbia MD	F21-29	9 of 9	15:49	49:00.54

Place	Name	XAg	Hometown	Age Cat	Age Pl	Pace	Time
162	Natarian, Bradley	M26	Columbia MD	M21-29	10 of 10	15:49	49:01.53
163	McMillen, Alice	F12	Woodbine MD	F1-20	4 of 4	16:43	51:50.80
164	Morley, Phillip	M34	Taneytown MD	M30-39	15 of 15	16:45	51:53.99
165	Ciasto, Laura	F40	Bowie MD	F40-49	26 of 27	16:47	52:01.14
166	Heir, Amanda	F39	Clarksville MD	F30-39	21 of 24	17:04	52:54.14
167	Zinn, Nicole	F39	Clarksville MD	F30-39	22 of 24	17:04	52:54.33
168	McMillen, Carrie	F44	Woodbine MD	F40-49	27 of 27	17:16	53:31.10
169	Mathern, Monica	F62	Clarksville MD	F60-69	4 of 6	17:16	53:31.77
170	Novak, Jeanette A	F75	Damascus MD	F70-99	1 of 2	17:49	55:13.55
171	McPhail, Maria	F61	Clarksburg MD	F60-69	5 of 6	17:56	55:34.57
172	Dominguez, Cari	F70	Gaithersburg MD	F70-99	2 of 2	17:56	55:34.67
173	Reading, Steve	M74	Columbia MD	M70-99	6 of 6	17:57	55:38.17
174	Harder, Diane	F63	Laurel MD	F60-69	6 of 6	18:04	55:59.14
175	Anderson, Megan	F30	Gaithersburg MD	F30-39	23 of 24	18:16	56:36.48
176	Youngborg, Laura	F35	Fairfax VA	F30-39	24 of 24	18:16	56:36.71
177	Grimmer, Marie	F53	Ellicott City MD	F50-59	8 of 8	19:36	01:00:44.72

**Total Race: 177**