



Michael L. Johnson, MS
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CLIENT CONSENT AND COACHING AGREEMENT

1. PARTIES

This agreement is between MICHAEL JOHNSON (sometimes hereinafter referred to in the first person as “I,” “me,” and “my”) and _____ (the “Client”). If the Client is under eighteen (18) years of age, all references to the “Client” shall include his parent(s)/legal guardian(s), namely: _____, all of whom shall be jointly and severally liable hereunder.

2. EDUCATION AND TRAINING

I obtained my Master of Science in Energy Management and Environmental Policy from University of Pennsylvania in 1993. I completed my Wilderness Therapy and Transformational Guiding certification from the Earth Based Institute in 2015. I completed my Restorative Justice Facilitator certification with the Longmont Community Justice Partnership in 2016. I am currently training for my Master Reiki Energy Healing certification from Lisa Schiavone in Boulder.

3. COACHING SKILLS AND APPROACH

- a. Tools I will use include, by way of example and not limitation:
 - i. Deep listening and reflection;
 - ii. Outdoor activities that reinforce what the Client is learning;
 - iii. Explore the patterns and tools that the Client has developed for survival or in response to traumatic events to help building self-esteem;
 - iv. Work with the story the Client is telling himself by transforming it into a new, positive approach to life; and
 - v. Engaging the Client in creativity, play, and fun, as those are important in celebrating and enjoying life.
- b. Typically, a 3 - 6 months program will be tailored for the Client with the assistance of his parents and sponsoring organization, if applicable. The individualized program may include, by way of example and not limitation:
 - i. Individual coaching sessions;
 - ii. A variety of outdoor, nature activities designed with the young man’s goals, likes and passions in mind;

- iii. Interaction with a Council of Elders – mature men in leadership roles to provide guidance, accountability and tutorship; and
- iv. Interaction with a Council of Peers – young men who have successfully navigated the programs and integrated into society.

4. CLIENT RIGHTS

- a. The Client is entitled to receive information from me about my coaching methods and techniques, the duration of our work together, and my fee structure, and is encouraged to request any necessary additional information prior to signing this Agreement.
- b. The Client may seek a second opinion or terminate coaching at any time; provided that, however, fees paid in advance shall be non-refundable.

5. CONFIDENTIALITY

- a. Generally, conversations between a Client and a psychologist, social worker, clinical social worker, marriage and family therapist, licensed professional counselor, or licensed addiction counselor are afforded legal confidentiality. That is, information exchanged during such conversations must be maintained as confidential and cannot be disclosed without the Client's consent, except in limited circumstances. See C.R.S. § 12-245-220.
- b. Although I am NOT a psychologist, social worker, clinical social worker, marriage and family therapist, licensed professional counselor, or licensed addiction counselor, I will strive to maintain the same level of confidentiality as such professionals do with their Clients. Notwithstanding, I will not maintain such confidentiality if ever:
 - i. I perceive a threat of the Client harming himself and/or others;
 - ii. I suspect the Client is a victim of child abuse/neglect; or
 - iii. I am threatened with or involved in a law suit concerning my work pursuant to this Agreement, including, but not limited to, a collection proceeding.
- c. If the Client is a minor, information about logistics, treatment progress and recommendations will be shared with his parent(s)/legal guardian(s) in order to facilitate successful treatment coordination.

6. LEARNING AGREEMENT

- a. The Client understands that the services hereby contracted for are coaching-related and do not constitute psychotherapy or religious ministry.
- b. The Client understands that the purpose of our work together is to assist in goals related to the Client's development, and the Client agrees to take personal responsibility for the results of his coaching experience.
- c. The Client understands that some or most of our time together will be spent outdoors and that there are risks inherent in being outdoors. The Client agrees to accept those risks and take responsibility for his/her well-being, choices, and decisions before, during, and after coaching sessions.
- d. The Client understands that he is always free to reject any advice, suggestions, or requests (coaching) made by me at any time.
- e. The Client gives me permission to be honest, direct, and to challenge him.

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- f. The Client understands that coaching is not to be used in lieu of professional advice for psychological, legal, financial, medical, or other matters normally handled by other professionals.

7. FEES, PAYMENT, CANCELLATIONS, AND TERM

- a. The fee for the initial Discovery meeting (usually 2 hours) is \$150.
- b. Unless a long-term coaching plan is in place, the fee for any subsequent meetings is \$80 per hour, which shall be billed in one-half (0.5) hour increments.
- c. Payment for individual sessions is required upon completion of each session. If I am engaged for a multi-session package, payment for same will be made in advance.
- d. A charge of \$80 will accrue with respect to any session for which the Client fails to appear, or which is cancelled with less than 24-hour's advance notice.
- e. If you are interested in tailoring the Coaching Plan for long-term assistance, please identify:
The numbers of sessions per month _____, and the number of months _____.
A Coaching Plan for long-term assistance will include weekly email check-ins.
- f. This Agreement shall be effective between _____ [the start date] and _____ [the end date]; *provided that, however*, if the Client shall schedule a session to occur after the end date, this Agreement shall automatically extend to include any such later-dated session(s).

8. TERMINATION

Terminating coaching will usually be mutually agreed upon, however, the Client is free to terminate at any time. In some instances, it may be my best judgment to terminate services despite the Client's wish to continue. These instances can include goals not being met and a need for services outside my area of competency. Should this occur, the reason for termination will be discussed with the Client, and I will help you to plan accordingly, including suggestions for further assistance.

9. CLIENT CONSENT AND AGREEMENT

I have read the preceding information, understand my rights as the Client, and agree to abide by the terms specified. I also have responded to the questionnaire below to the best of my ability.

Client Signature

Date

Parent(s)/Legal Guardian(s) Signature(s) (if Client is under 18)

Date

Michael Johnson (BEC, LLC)

Date

Confidential Client Information Form

The information requested in this form will be kept confidential and will help me to assist you by getting a better sense of who you are and of your needs. Please fill out the form as completely as you can. If you need additional room to answer any of the questions please feel free to use the back of this form.

GENERAL INFORMATION

Last Name _____ First Name _____ Middle Initial _____

Birth Date _____ Gender: _____

Street Address _____ Apt. # _____

City _____ State _____ Zip _____

Home Telephone () _____ Work Telephone () _____ Other # _____

Which number should I contact you at? _____

Email: _____

Email cannot be guaranteed to be confidential. Do you give permission for me to contact you by email? Yes No

Guardian/parent (if under 18) _____

Referred by: _____

Emergency Contact: _____ Phone # _____

Tell me your current story (e.g., what is happening in your life, feelings you are having, are your stories supportive or unsupportive of your mental well-being):

Tell me how you wish your story is going forward (e.g., what are your goals, what would you like to accomplish, how do you feel when this happens)? _____

ADDITIONAL COMMENTS:

Please share and other information that you think might be helpful: _____

Thank You!