

It Is Well With My Soul questions

Is it okay with you that you can have double-dip feelings at major times of loss? Like sorrow and joy? We live with paradoxes daily...we just don't expect them at times of loss.

Have you had major loss(es) where you felt you were drowning and it would never be any better?

What did you find that surprised you as you look back on how you managed to cope and find your way through?

Do you think God would be upset with you if you couldn't say 'it is well with my soul' when you are in deep pain? If the answer is yes, can you write a few words to explain why you think that way?

Is there a certain way to feel when you have a major loss, or someone you have loved has died? Can you trust your own journey and that it doesn't have to follow a plan or map?

Pause your screen and answer these questions.

It Is Well With My Soul

When peace, like a river attendeth my way,
When sorrows like sea billows roll;
Whatever my lot, thou has taught me to say,
'it is well, it is well with my soul'.

(Refrain:)

It is well (it is well)
With my soul (with my soul)
It is well, it is well with my soul.

May God haste the day when my faith shall be sight,
the clouds be rolled back as a scroll;
the trumpet shall sound, and the Lord will descend,
even so, it is well with my soul.

(Refrain:)

It is well (it is well)
With my soul (with my soul)
It is well, it is well with my soul.

Horatio G. Spafford (1873)

Phillip P. Bliss (1876)