






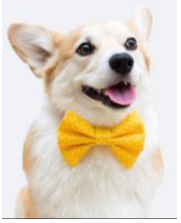





Supporting Social Visits at APL

	<p>All visits must be booked in advance Visiting times are available 7 days a week. Please continue to book Zoom visits through the Connect page on our website: http://littlemountaincare.org/connect/. In person visits are coordinated by our Recreation Coordinator for window, onsite visits and community outings. You may contact her 9:00AM – 5:00PM, Monday to Friday at (604) 299-7567 ext. 323 or email jjilchrist@littlemountaincare.org to schedule your visits.</p>		<p>Complete active screening You are required to be screened at the designated screening area prior to every visit. The screener will ask for your phone number for contact tracing purposes if necessary.</p>
	<p>Protect our community. Stay home if you are unwell, have any COVID-related symptoms, or have been in close contact with someone with COVID 19 symptoms or a positive test result.</p>		<p>Respect the visiting schedule Arrive and leave on time as per your schedule to allow time for other visits. Discuss the location of your community visit, ensure location meets the MOH orders in regards to COVID 19 exposure. If you are late or to cancel a visit, please contact the Recreation Coordinator.</p>
	<p>Location of Visits Visitors will be escorted directly to and from the designated visiting area or resident room and must remain there for the duration of the visit. Access to the common areas, dining room, and other spaces is not permitted at this time to minimize contact with other residents, families and staff.</p>		
	<p>Practice hand hygiene Wash your hands or use hand sanitizer before, during, and after visiting the care home.</p>		<p>Wear a mask A mask needs to be worn for the duration of the visit unless actively eating.</p>
	<p>Pets are welcome. If you'd like to bring a pet, please discuss with the Leisure Coordinator prior to the visit. For the safety of both our residents and your pet, we'd ask that visits including pets be outdoors. All pets must be well behaved and on a leash. No pets in dining areas.</p>		<p>Food Home cooked or purchased food is permitted with a maximum of one meal to be consumed during the visit. All meals must be in a container that can easily be disinfected. Maintain 6 feet apart when you and your loved one are eating. No sharing of food.</p>

Safe Care BC, in partnership with Family Caregivers of BC, have created a free online education “COVID-119: Social Visitation Essentials” for family members. Please review prior to visiting. To enroll, individuals can create their FREE account at www.safecarebclearningspace.ca. The orientation will take no longer than an hour.

Coronavirus COVID-19

BC Centre for Disease Control | BC Ministry of Health



Hand Hygiene

SOAP OR ALCOHOL-BASED HAND RUB: Which is best?

Either will clean your hands: use soap and water if hands are visibly soiled.



Remove hand and wrist jewellery

HOW TO HAND WASH

- Wet hands with warm (not hot or cold) running water
- Apply liquid or foam soap
- Lather soap covering all surfaces of hands for 20-30 seconds
- Rinse thoroughly under running water
- Pat hands dry thoroughly with paper towel
- Use paper towel to turn off the tap

HOW TO USE HAND RUB

- Ensure hands are visibly clean (if soiled, follow hand washing steps)
- Apply about a loonie-sized amount to your hands
- Rub all surfaces of your hands and wrists until completely dry (16-20 seconds)

COVID19_HH_001

