






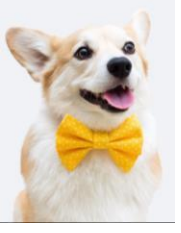





# Supporting Social Visits

	<p><b>All visits must be booked in advance</b>          Visiting times are available 7 days a week. Please continue to book Zoom visits through the Connect page on our website: <a href="http://littlemountaincare.org/connect/">http://littlemountaincare.org/connect/</a>. In person visits are coordinated by our Communication Assistants for window, garden, Nook, and resident room visits or community outings. You may contact them 9:30 AM – 4:30 PM, 7 days a week at (604) 396-8812 or email <a href="mailto:Impassistant@littlemountaincare.org">Impassistant@littlemountaincare.org</a> to schedule your visits.</p>		<p><b>Complete active screening</b>          You are required to screen in at the designated screening area each and every time you visit. Do not pass the screening desk unless you have passed the screen. The screener will ask for your phone number for contact tracing purposes if necessary.</p>
	<p><b>Protect our community</b>          Stay home if you are unwell, have any COVID-related symptoms, or have been in close contact with someone with COVID 19 symptoms or a positive test result.</p>		<p><b>Respect the visiting schedule</b>          Arrive and leave on time. All families are eager to visit their loved ones and in order to support this we must follow the schedule. We also need time to bring residents to and from the visiting area and ensure the visiting area is properly disinfected between visits. If you are going to be late, or can no longer make it, please contact the communication assistant.</p>
	<p><b>Location of Visits</b>          Designated visitors must go directly to and from the designated visiting area or resident room. Access to the common areas, dining room, and other spaces is not permitted at this time to minimize contact with other residents, families and staff.</p>		
	<p><b>Practice hand hygiene</b>          Wash your hands or use hand sanitizer before, during, and after visiting the care home.</p>		<p><b>Wear a mask</b>          A mask needs to be worn for the duration of the visit unless actively eating.</p>
	<p><b>Pets are welcome</b>          If you choose to bring a pet, please ensure they are well behaved and on a leash</p>		<p><b>Food</b>          Food is permitted if you would like to enjoy a meal together, but please bring it in a wipeable container. Remain 6 feet apart when you and your love one are eating. There is no sharing of food.</p>

Safe Care BC, in partnership with Family Caregivers of BC, have created a free online education “COVID-119: Social Visitation Essentials” for family members. Please review prior to visiting  
 To enroll, individuals can create their FREE account at [www.safecarebclearningspace.ca](http://www.safecarebclearningspace.ca). The orientation will take no longer than an hour.

# Coronavirus COVID-19

BC Centre for Disease Control | BC Ministry of Health



## Hand Hygiene

**SOAP OR ALCOHOL-BASED HAND RUB: Which is best?**



**Either will clean your hands: use soap and water if hands are visibly soiled.**



**Remove hand and wrist jewellery**

### HOW TO HAND WASH



### HOW TO USE HAND RUB



COVID19\_HH\_L001

