


JOHNSON COUNTY SENIOR ACTIVITY CENTER MENU				SEPTEMBER 2021	Congregate Menu
Monday	Tuesday	Wednesday	Thursday	Friday	
		1 Smoked Sausage W/ Sauerkraut Fried Corn Cornbread Angel Food cake with Strawberries	2 Chicken Strips Tater Tots Garden Blend Vegetables Wheat Roll Peach Crisp	3 Pot Roast Mashed Potatoes Baby Carrots White Roll Poke Cake	
6 	7 Chicken and Cheese Enchiladas Spanish Rice & Refried Beans Chocolate Cobbler	8 Fried Fish & French Fries Hushpuppies Buttery Corn Mixed Fruit	9 Chicken Spaghetti Broccoli and Cheese Sauce Cheese Garlic Biscuit Peaches	10 Country Fried Steak Mashed Potatoes/Gravy Green Beans Wheat Roll Spiced Apple Sauce	
13 Chicken Sandwich Lettuce & Tomato Sweet Potato Fries Broccoli Salad Brownie	14 Pizza Lasagna Side Salad Garlic Bread No-Bake Banana Split	15 Zesty Ranch Chicken Baby Bakers Caribbean Blend Vegetables Wheat Roll Apple Cobbler	16 Hamburger Steak Mashed Potatoes/Gravy 5 Way Vegetables Wheat Rolls Jell-O	17 Bacon Cheeseburger Lettuce, Tomato & Onion Coleslaw Baked Beans Pineapple upside down Cake	
20 Open Face Turkey Sandwich Mashed Potatoes/Gravy Green Peas Sugar Cookie	21 Smothered Chicken Roasted Potatoes Glazed Carrots Wheat Roll Tropical Fruit	22 Homemade Meatloaf Mashed Potatoes Seasoned Green Beans White Roll No Bake Peanut Butter Bar	23 Sugar Glazed Ham Fried Cabbage Fried Potatoes Cornbread Cherry Cobbler	24 Chili W/ Sour Cream and Shred Cheese Broccoli Crackers Cinnamon Roll	
27 Chicken and Dumplings Green Peas Buttery Carrots Biscuit Fruit Cocktail	28 Biscuit coated Chicken Mashed Potatoes Chicken Gravy Broccoli and Cauliflower Wheat Roll Chocolate Cake	29 Salmon Patties or Breaded Chicken Rice Pilaf 5 Way Mixed Veggies. Wheat Roll Tropical Fruit	30 Sausage Patties Biscuits W/ Gravy Scrambled Eggs Hash browns Orange Juice	Chef salad available daily with your choice of turkey, ham, or chicken. Sign up before 11 a.m. to receive one. 754-6148.	