

DREAMLAND BOXING

TEMPORARY Gym Schedule

NO SPARRING and NO FREE INTROS

BEGINNING WEEK OF SEPTEMBER 14, 2020 until further notice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM: 8:30 a.m. – 12:30 p.m.	OPEN GYM: 8:30 a.m. – 12:30 p.m.	OPEN GYM: 8:30 a.m. – 12:30 p.m.	OPEN GYM: 8:30 a.m. – 12:30 p.m.	NO OPEN GYM:	OPEN GYM 10:00 a.m. - Noon	CLOSED
IN-GYM CLASS 4:30 p.m. – Coach Eric B. IN-GYM CLASS: 6:00 p.m. – Coach Vincent IN-GYM CLASS: 7:30 p.m. – Coach Masaya	IN-GYM CLASS: 4:30 p.m. – Coach Fernando OUTDOOR CLASS: 6:00 p.m. – Coach Sara	IN-GYM CLASS: 4:30 p.m. – Coach Tommy IN-GYM CLASS: 6:00 p.m. – Coach Vicky IN-GYM CLASS: 7:30 p.m. – Coach Masaya	IN-GYM CLASS: 4:30 p.m. – Coach Ali OUTDOOR CLASS: 6:00 p.m. – Coach Sara	OUTDOOR CLASS: 4:30 p.m. – Coach Ian IN-GYM CLASS: 6:00 p.m. – Coach Hashim IN-GYM CLASS: 7:30 p.m. – Coach Masaya	IN-GYM CLASS: 9:00 a.m. – Coach Travis	CLOSED

September 8, 2020

Dreamland Boxing is open on a limited basis, and limited hours.

SCHEDULE SUBJECT TO CHANGE.

Our #1 priority and concern is the safety of our members, staff, friends, and families. We will abide by USA Boxing recommendation and refer to the Federal, State and Local Guidelines daily for important changes.

IN GYM GUIDELINES AND RULES

- **Parents and/or siblings not participating in class must wait outside the gym while classes are in session.**
- **Social distancing will be implemented.**
- **Sanitizing of equipment will be completed after each use.**
- **All members must be healthy. If you are sick or have a fever, please do not come in.**
- **Mask will be required at all times while in gym. Masks are available for purchase.**
- **Water fountain in gym will be off limits. You must bring your own water bottle or purchase water from front desk.**
- **Be punctual for classes.**
- **Bring your own towel, wraps, and gloves. Towels, wraps and gloves are available for purchase.**
- **Follow the instructions of your Coach.**
- **Follow the cleaning instructions for each station.**
- **BE COURTEOUS TO ALL AROUND.**