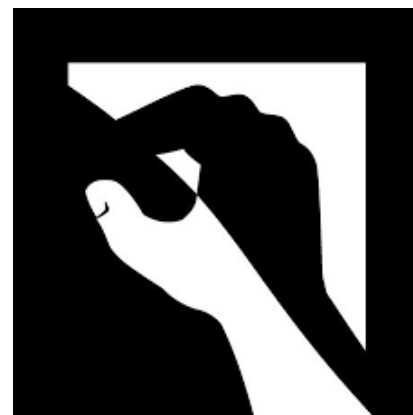


Yoga and Fitness

June 2020



TUESDAY

IG Live Workout
w/ Franklin 8:00 am
@RockreationLA

IG Live Yoga w/
Ruth 6:00 pm
@Rockreation

WEDNESDAY

IG Live Workout
w/ Justin 6:00 pm
@Rockreation

IG Live Yoga
w/ Kristina 8:00 pm
@Rockreationla

THURSDAY

IG Live Workout
w/ Franklin 8:00 am
@RockreationLA

IG Live Yoga
w/ Jake 6:00 pm
@RockreationLA

FRIDAY

IG Live Yoga
w/ Jessica 11:00 pm
@RockreationLA

IG Live Workout
w/ Johnny 3:30 am
@Rockreationla

SATURDAY

[Meditation Email](#)

SUNDAY

IG Live Yoga
w/ Jake 10:00 am
@RockreationLA

