
FREE MONTH OF ONLINE YOGA CLASSES

Bright Tree Yoga is your community yoga studio, a sanctuary offering relief from your daily routine and life's challenges. Its owner, Roxane, is also connected with Modo Yoga International, and the greater community of the 75 Modo Yoga studios that comprises Modo Yoga International has put together a resource to help you during this time of crisis.

Modo Yoga International teachers from all over the globe are offering their classes online for **FREE for your first month** to you and anyone in need. This is a library of on-demand content waiting for you to access at your convenience from home. At your disposal, you'll find a variety of classes including Bright Tree Yoga's FREEDOM style class in the online Modo class as well as yin, gentle flow, meditation and many other types of yoga classes to carry you thru the next several weeks.

Practice Now.

Practice Peace.

Practice Where You Are.

We know practicing at home isn't the same as practicing at the studio. However, these are unusual times. We want to ensure that you have the means to continue your practice, to find a little serenity and feel a little more grounded over the coming weeks. **We invite you to enjoy this service, a FREE month of yoga classes, when you sign up before April 16th.**

How do I use it?

1. Go to [Modo Yoga Online Membership](#)
2. Subscribe.
3. Create an account.
4. Use promo code **OLN** (all capitals) to get your free subscription.
5. You will be asked to enter your credit card information but will not be charged for your first month. This is an auto-renewing Membership, which means you will be charged if you continue your subscription after your first free month.

Browse, breathe and enjoy friend.

We look forward to seeing you again when we re-open.

