



Please read

COVID-19

SUMMER 2020 TENNIS RULES

We ask that all players follow these rules for the safety of the staff and players

1. Sign-in using the **My Pok Tennis** app on your phone. This is required for contact tracing purposes. You will not be charged for the court. One player signs in, adds guests in “Notes” and clicks “Book It”. Click “Add Others” to add other members as players.
2. Use courts 1, 3, 5 (red clay) and 6, 8 (back hard courts) whenever practical to stay one court apart from other players.
3. Stay on your assigned court for the duration of play.
4. Stay six feet away from other players at all times, no high fives or contact!
5. Use hand sanitizer before playing.
6. Clean your equipment with disinfectant before and after playing.
7. Bring your own water and mark your water bottles.
8. Use new balls each time you play.
9. Do not use your hand to pick up balls, use foot then racquet.
10. Avoid touching other people’s tennis balls.
11. Avoid touching surfaces.
12. Consider wearing gloves.
13. Consider changing your grip each time you play.
14. Leave the court as soon as reasonably possible after playing.
15. Wash hands immediately following play.
16. Do not use locker rooms.

Be safe. Play at your own risk.