



# One Shepherd Leadership Institute

A Warrior Rite of Passage Since 1981

## PACKING LIST

### UNIFORM ITEMS [*Required*]

| ITEM                | QTY  | DESCRIPTION                                                 |
|---------------------|------|-------------------------------------------------------------|
| BLUFOR Boonie Hat   | 1    | M81 Woodland, Ripstop Material with Nylon Looped Band       |
| BLUFOR ACU Shirt    | 1    | M81 Woodland, Ripstop Material                              |
| BLUFOR ACU Pant     | 1    | M81 Woodland, Ripstop Material                              |
| BLUFOR Parka        | 1    | M81 Woodland, Microfiber or PVC Nylon (Poncho Acceptable)   |
| OPFOR Boonie Hat    | 1    | Solid OD Green, Ripstop Material with Nylon Looped Band     |
| OPFOR ACU Shirt     | 1    | Solid OD Green, Ripstop Material                            |
| OPFOR ACU Pant      | 1    | Solid OD Green, Ripstop Material                            |
| OPFOR Parka         | 1    | Solid OD Green, Microfiber or PVC Nylon (Poncho Acceptable) |
| Duty or Rigger Belt | 1ea. | OD Green, Nylon                                             |
| T-Shirt             | 3ea. | OD Green, Cotton or Wicking Material                        |
| Boot Socks          | 3ea. | OD Green, Wool Blend or Wicking Material                    |
| Combat Boots        | 1pr. | Medium Brown, Suede-Out                                     |
| Shooting Gloves     | 1pr. | Medium Brown (OD Green Acceptable), Leather Palm            |
| Wrist Watch         | 1ea. | OD Green (Black Acceptable), Any Brand or Style             |
| Protective Glasses  | 1pr. | OD Green (Black Acceptable), Any Brand or Style             |
| Pen or Pencil       | 1ea. | --                                                          |
| Notebook            | 1ea. | --                                                          |

### PERSONAL ITEMS [*Recommended*]

| ITEM                 | QTY  | DESCRIPTION                                                        |
|----------------------|------|--------------------------------------------------------------------|
| Camp Box/Foot Locker | 1ea. | Plastic Sealable, 80-Quart (or Larger), Any Color                  |
| Camp Chair/Stool     | 1ea. | Folding Aluminum & Nylon, Any Color                                |
| Camp Light           | 1ea. | Headlamp Style, Multi-Color & Extra Batteries                      |
| Insect Repellant     | 1ea. | Permethrin Clothes Treatment & Picaridin Lotion (or DEET Spray)    |
| Shower Kit           | 1ea. | Flip-Flops, Towel, Hair Shampoo, Body Soap, Deodorant              |
| Shave Kit            | 1ea. | Shaving Razor, Shaving Foam, Small Mirror                          |
| Dental Kit           | 1ea. | Toothbrush, Toothpaste, Dental Floss, Mouthwash                    |
| Medicine Kit         | 1ea. | Prescriptions, Allergy Pills, Ibuprofen, Foot Powder, Blister Tape |
| Hygiene Kit          | 1bx. | BABY WIPES, BABY WIPES, BABY WIPES!                                |

Pack **heavy for comfort** to the Forward Operating Basecamp.  
Pack **light for speed** to the Patrol Base.

## FIGHTING LOAD [*“Battle Rattle”*]

| ITEM                 | QTY | DESCRIPTION                                                   |
|----------------------|-----|---------------------------------------------------------------|
| Webbing              | 1   | OD Green (ALICE or MOLLE) Harness, Belt, Vest or Carrier      |
| Magazine Pouch       | 2+  | OD Green (ALICE or MOLLE) for Six 30-Round AR15 Magazines     |
| First Aid Pouch      | 1   | OD Green (ALICE or MOLLE) for Individual Aid Kit              |
| Utility Pouch        | 1   | OD Green (ALICE or MOLLE) for Miscellaneous Issued Items      |
| Water Carrier        | 1+  | OD Green (ALICE or MOLLE) Hydration Pack or Canteen, Min=2Qt. |
| Pace Count Beads     | 1   | OD Green & Black                                              |
| Knife & Scabbard     | 1   | Bayonet or Fighting Knife                                     |
| Utility Tool & Pouch | 1   | Combo Pliers, Wire Cutter, Screwdriver, Knife                 |

## SUSTAINMENT LOAD [*Carried in Rucksack*]

| ITEM             | QTY  | DESCRIPTION                                                      |
|------------------|------|------------------------------------------------------------------|
| Rucksack         | 1    | Camouflage Color, Any Brand, Any Style                           |
| Water Carrier    | 2    | Canteen & Covers, Min=2Qt. <i>Additional</i> Carried in Rucksack |
| Food Warmer      | 1set | Heating System, Stainless Steel Cup                              |
| Waterproof Bag   | 1+   | Camouflage Color, Any Brand, Any Style                           |
| Rain Tarp        | 1    | Camouflage Color, Any Brand, Any Style                           |
| Bungee Cord      | 6+   | Camouflage Color, Any Brand, Any Style                           |
| Entrenching Tool | 1set | Shovel, Aluminum Folding & Carrier Pouch                         |
| Pruning Shears   | 1set | Lightweight Snips & Carrier Pouch                                |
| Sleeping System  | 1set | Camouflage Color, Any Brand, Any Style – Gore-Tex Bivy & Bag     |
| Sleeping Mat     | 1    | Camouflage Color, Any Brand, Any Style – Foam or Self-Inflating  |
| Mosquito Net     | 1    | Head Cover or Sleeping Bar                                       |
| Paracord         | 10m  | Camouflage Color, Any Brand, Any Style – 550-Type Nylon Cord     |

This packing list represents the experience of successful Warriors over many years. You may have unique needs or preferences, feel free to add to this list. If you have further questions, or believe you may need to request a special exemption to the standard, please contact One Shepherd staff.

Pack **heavy for comfort** to the Forward Operating Basecamp.  
 Pack **light for speed** to the Patrol Base.