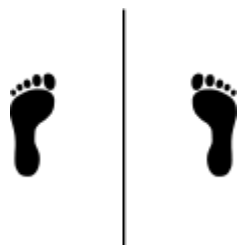


Shorin-Ryu Karate Stances



Musubi dachi
Relax Natural



Dai dachi
Straight Forward



Kiba dachi
Horse Stance



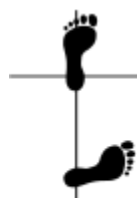
Fudo dachi
Unmovable



Seisan dachi
Front Stance



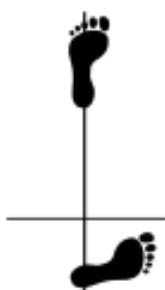
Zenkutsu dachi
Long Front



Moto dachi
Front Weight



Sanchin dachi



Kōkutsu dachi
Back Stance



Neko ashi dachi
Cat Stance



Renoji dachi
Flat Cat



Kosa dachi
Cross Foot



Tsuru ashi dachi
Crane
Foot on Knee

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