

LRS LOEWEN CHIROPRACTIC - 5K

Overall Male Runner

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5087	Josh Guenther	00:17:39.75		Runner	Winnipeg, MB	3:32/K	17.0kph	1	25	
2.	5037	Shannon Dueck	00:19:20.46		Runner	Rosenort, MB	3:52/K	15.5kph	2	39	
3.	5116	Weston Loewen	00:19:27.24		Runner	Blumenort, MB	3:53/K	15.4kph	3	19	

Overall Female Runner

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5147	Anita Pauls	00:23:11.53		Runner	Mitchell, MB	4:38/K	12.9kph	14	24	
2.	5201	Anna Stoesz	00:23:59.75		Runner	Steinbach, MB	4:48/K	12.5kph	21	40	
3.	5041	Abigail Duizer	00:24:23.25		Runner	Mitchell, MB	4:53/K	12.3kph	24	14	

Male 0 - 9

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5038	Charlie Duerksen	00:25:40.98		Runner	Steinbach, MB	5:08/K	11.7kph	42	8	
2.	5127	Gabriel Martens	00:31:18.59		Runner	Blumenort, MB	6:16/K	9.6kph	105	9	
3.	5272	Justin Plourde	00:31:30.24		Runner	Ste. Anne, CAN	6:18/K	9.5kph	108	8	
4.	5231	Le Sueur Van Der Byl	00:32:46.76		Runner	Steinbach, MB	6:33/K	9.2kph	119	9	
5.	5215	Jayden Toews	00:35:17.96		Runner	Mitchell, MB	7:03/K	8.5kph	156	6	

Female 0 - 9

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5237	Veronica English	00:27:19.72		Runner	Kleefeld, MB	5:28/K	11.0kph	62	0	
2.	5157	Jillian Penner	00:31:34.78		Runner	Blumenort, MB	6:19/K	9.5kph	110	9	
3.	5251	Morgan Chabat	00:32:01.49		Runner	Steinbach, MB	6:24/K	9.4kph	114	9	
4.	5123	Aurora Martens	00:33:36.43		Runner	Blumenort, MB	6:43/K	8.9kph	136	6	
5.	5217	Kira Toews	00:37:07.89		Runner	Mitchell, MB	7:25/K	8.1kph	173	9	
6.	5027	Olivia Driessen	00:51:29.08		Runner	Mitchell, MB	10:18/K	5.8kph	228	9	
7.	5103	Milliee Kehler	00:56:58.83		Runner	Steinbach, MB	11:24/K	5.3kph	242	2	

Male 10 - 14

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5216	Jovan Toews	00:20:28.88		Runner	Mitchell, MB	4:06/K	14.7kph	5	14	
2.	5274	Zander Koop	00:22:30.83		Runner	Steinbach, CAN	4:30/K	13.3kph	9	12	
3.	5064	Troy Friesen	00:22:46.02		Runner	Steinbach, MB	4:33/K	13.2kph	11	12	
4.	5016	Janick Derksen	00:23:06.76		Runner	Marchand, MB	4:37/K	13.0kph	13	14	
5.	5133	Ethan Martin	00:23:21.29		Runner	Steinbach, MB	4:40/K	12.8kph	15	12	
6.	5250	Cohen Chabat	00:23:39.63		Runner	Steinbach, MB	4:44/K	12.7kph	16	11	
7.	5130	Jayden Martens	00:24:10.41		Runner	Steinbach, MB	4:50/K	12.4kph	22	14	
8.	5211	Lucas Thompson	00:24:26.31		Runner	Blumenort, MB	4:53/K	12.3kph	27	11	
9.	5100	Bauer Kasdorf	00:24:36.54		Runner	Steinbach, MB	4:55/K	12.2kph	29	12	
10.	5008	Aaden Boulay	00:25:08.52		Runner	Steinbach, MB	5:02/K	11.9kph	33	10	
11.	5164	Andrew Perkinson	00:25:37.72		Runner	Winnipeg, BC	5:07/K	11.7kph	38	10	
12.	5125	Eric Martens	00:25:40.26		Runner	Steinbach, MB	5:08/K	11.7kph	40	12	
13.	5142	Kash Pachal	00:25:49.61		Runner	Ste-Anne, MB	5:10/K	11.6kph	44	10	
14.	5182	Nolan Reimer	00:25:51.65		Runner	Steinbach, MB	5:10/K	11.6kph	45	10	
15.	5005	Kade Berg	00:25:53.50		Runner	Steinbach, MB	5:11/K	11.6kph	48	10	

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16.	5104	Ondrej Kehler	00:26:36.42		Runner	Steinbach, MB	5:19/K	11.3kph	53	10
17.	5140	Gavin Neufeld	00:27:05.22		Runner	Mitchell, MB	5:25/K	11.1kph	56	10
18.	5139	Austin Neufeld	00:27:05.55		Runner	Mitchell, MB	5:25/K	11.1kph	57	12
19.	5146	Tyler Paulet	00:27:05.66		Runner	Steinbach, MB	5:25/K	11.1kph	58	13
20.	5194	Gavin Schledewitz	00:27:22.78		Runner	Springfield, MB	5:28/K	11.0kph	63	10
21.	5155	Jacob Penner	00:29:45.06		Runner	New Bothwell, MB	5:57/K	10.1kph	89	14
22.	5171	Trey Peters	00:30:20.56		Runner	Steinbach, MB	6:04/K	9.9kph	92	12
23.	5154	Dylan Penner	00:31:09.08		Runner	Steinbach, MB	6:14/K	9.6kph	102	14
24.	5049	Ronin Dykerman	00:33:13.23		Runner	Steinbach, MB	6:39/K	9.0kph	126	10
25.	5083	Sergio Giesbrecht	00:33:18.31		Runner	Winnipeg, MB	6:40/K	9.0kph	128	14

Female 10 - 14

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5041	Abigail Duizer	00:24:23.25		Runner	Mitchell, MB	4:53/K	12.3kph	24	14	
2.	5220	Reese Tufford	00:26:48.10		Runner	Steinbach, MB	5:22/K	11.2kph	55	12	
3.	5006	Renae Berg	00:28:59.83		Runner	Steinbach, MB	5:48/K	10.4kph	76	12	
4.	5191	Emma Rogalsky	00:29:08.69		Runner	Steinbach, MB	5:50/K	10.3kph	81	12	
5.	5183	Olivia Reimer	00:30:54.94		Runner	Steinbach, MB	6:11/K	9.7kph	99	14	
6.	5010	Riley Brandt	00:31:48.12		Runner	Steinbach, MB	6:22/K	9.4kph	111	14	
7.	5119	Gracie Mantie	00:35:59.35		Runner	STEINBACH, MB	7:12/K	8.3kph	161	11	
8.	5242	Abigail Fehr	00:37:06.56		Runner	Mitchell, MB	7:25/K	8.1kph	170	14	
9.	5218	Alex Traverse	00:41:54.93		Runner	Steinbach, MB	8:23/K	7.2kph	187	11	
10.	5263	Jillian Lage	00:42:33.28		Runner	Steinbach, MB	8:31/K	7.1kph	191	10	
11.	5261	Kaitlyn Lage	00:42:33.47		Runner	Steinbach, MB	8:31/K	7.1kph	192	11	
12.	5260	Rhiannon Farrell	00:44:41.22		Runner	Steinbach, MB	8:56/K	6.7kph	198	12	
13.	5024	Emma Driessen	00:50:57.32		Runner	Mitchell, MB	10:11/K	5.9kph	225	12	

Male 15 - 19

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5116	Weston Loewen	00:19:27.24		Runner	Blumenort, MB	3:53/K	15.4kph	3	19	
2.	5011	Matt Broesky	00:25:55.11		Runner	Steinbach, MB	5:11/K	11.6kph	49	17	
3.	5254	Mac Klassen	00:33:12.25		Runner	Blumenort, MB	6:38/K	9.0kph	125	19	

Female 15 - 19

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5206	Kaitlyn Thiessen	00:33:24.49		Runner	Steinbach, MB	6:41/K	9.0kph	131	18	
2.	5025	Izzy Driessen	00:42:23.76		Runner	Mitchell, MB	8:29/K	7.1kph	189	15	

Male 20 - 24

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5086	Taylor Gresiuik	00:22:31.32		Runner	STEINBACH, MB	4:30/K	13.3kph	10	20	
2.	5188	Braeden Richard	00:23:01.80		Runner	Landmark, MB	4:36/K	13.0kph	12	20	
3.	5012	Taylor Buhler	00:23:47.69		Runner	STEINBACH, MB	4:45/K	12.6kph	20	22	
4.	5173	Kelsey Plett	00:24:27.98		Runner	Steinbach, MB	4:53/K	12.3kph	28	21	
5.	5236	Jonathan Wichers	00:27:54.54		Runner	Anola, MB	5:35/K	10.8kph	67	21	
6.	5203	Coleton Swaikoski	00:34:47.13		Runner	Steinbach, MB	6:57/K	8.6kph	152	24	

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Female 20 - 24

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5147	Anita Pauls	00:23:11.53		Runner	Mitchell, MB	4:38/K	12.9kph	14	24	
2.	5050	Kerstin Enns	00:27:45.07		Runner	Steinbach, MB	5:33/K	10.8kph	66	20	
3.	5198	Miriam Schroeder	00:30:08.03		Runner	Steinbach, MB	6:02/K	10.0kph	91	24	
4.	5170	Olivia Peters	00:30:38.30		Runner	Mitchell, MB	6:08/K	9.8kph	93	23	
5.	5228	Brittney Van Der Breggen	00:30:56.86		Runner	Steinbach, MB	6:11/K	9.7kph	101	23	
6.	5065	Jaelyn Froese	00:31:11.33		Runner	Steinbach, MB	6:14/K	9.6kph	104	24	
7.	5061	Michelle Friesen	00:34:01.71		Runner	Steinbach, MB	6:48/K	8.8kph	145	24	
8.	5259	Kelsey Martens	00:35:59.46		Runner	Mitchell, MB	7:12/K	8.3kph	162	24	
9.	5166	Alyssa Peters	00:40:41.62		Runner	Steinbach, MB	8:08/K	7.4kph	180	20	
10.	5209	Colette Thiessn	00:41:07.21		Runner	Steinbach, MB	8:13/K	7.3kph	183	21	
11.	5245	Judi Thiessen	00:41:08.09		Runner	Blumenort, MB	8:14/K	7.3kph	184	22	
12.	5138	Jenna Michaluk	00:43:07.50		Runner	Blumenort, MB	8:37/K	7.0kph	195	20	
13.	5070	Madelaine Funk	00:47:21.06		Runner	Steinbach, MB	9:28/K	6.3kph	206	24	
14.	5055	Danae Fender	00:48:25.55		Runner	Steinbach, MB	9:41/K	6.2kph	217	20	
15.	5247	Jordanna Krentz	00:48:25.94		Runner	Morris, MB	9:41/K	6.2kph	218	21	

Male 25 - 29

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5087	Josh Guenther	00:17:39.75		Runner	Winnipeg, MB	3:32/K	17.0kph	1	25	
2.	5120	Bryce Marmus	00:23:46.95		Runner	Steinbach, MB	4:45/K	12.6kph	19	27	
3.	5044	Johnny Dyck	00:24:40.81		Runner	Steinbach, MB	4:56/K	12.2kph	31	29	
4.	5072	Matthew Funk	00:28:22.16		Runner	Steinbach, MB	5:40/K	10.6kph	72	26	
5.	5227	Brahm Van Der Breggen	00:30:50.58		Runner	La Broquerie, MB	6:10/K	9.7kph	97	27	
6.	5229	Tom Van Der Breggen	00:30:56.78		Runner	Steinbach, MB	6:11/K	9.7kph	100	25	
7.	5096	Mark Jaques	00:33:29.49		Runner	Winkler, MB	6:42/K	9.0kph	135	27	

Female 25 - 29

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5176	Shane Recksiedler	00:25:21.80		Runner	Steinbach, MB	5:04/K	11.8kph	34	28	
2.	5160	Rachel Penner	00:28:15.93		Runner	Winnipeg, MB	5:39/K	10.6kph	70	25	
3.	5121	Alicia Martens	00:28:59.37		Runner	Blumenort, MB	5:48/K	10.4kph	75	28	
4.	5128	Helen Martens	00:30:44.92		Runner	Grunthal, MB	6:09/K	9.8kph	94	29	
5.	5066	Stephanie Froese	00:31:11.10		Runner	Steinbach, MB	6:14/K	9.6kph	103	27	
6.	5118	Steph Macintosh	00:31:22.34		Runner	Steinbach, MB	6:16/K	9.6kph	106	29	
7.	5143	Cassandra Paches	00:33:00.81		Runner	Winnipeg, MB	6:36/K	9.1kph	123	28	
8.	5058	Stephanie Fournier	00:33:18.62		Runner	Steinbach, MB	6:40/K	9.0kph	129	28	
9.	5151	Carly Penner	00:33:27.53		Runner	Winnipeg, MB	6:41/K	9.0kph	133	27	
10.	5197	Meagan Schroeder	00:33:56.95		Runner	Steinbach, MB	6:47/K	8.8kph	142	26	
11.	5015	Lisa Christiuk	00:34:47.58		Runner	Steinbach, MB	6:57/K	8.6kph	153	28	
12.	5226	Tanya Urrutia	00:35:55.98		Runner	Steinbach, MB	7:11/K	8.4kph	160	27	
13.	5094	Kayla Holodryga	00:39:04.18		Runner	Tolstoi, MB	7:49/K	7.7kph	177	27	
14.	5163	Sylvia Penner	00:41:55.68		Runner	Steinbach, MB	8:23/K	7.2kph	188	29	
15.	5101	Kendall Kashuba	00:46:26.78		Runner	Steinbach, MB	9:17/K	6.5kph	203	29	

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16.	5013	Kylie Burton	00:48:23.60	Runner	Steinbach	9:41/K	6.2kph	214	27
17.	5202	Lindsay Stoesz	00:52:23.97	Runner	Steinbach, MB	10:29/K	5.7kph	230	29
18.	5221	Amy Unger	00:55:59.23	Runner	Winnipeg, MB	11:12/K	5.4kph	240	29

Male 30 - 34

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5052	Andrew Fast	00:22:10.16		Runner	Steinbach, MB	4:26/K	13.5kph	8	34	
2.	5275	Sidney Reimer	00:23:40.20		Runner	Steinbach, CAN	4:44/K	12.7kph	17	32	
3.	5265	Colin Enns	00:25:08.17		Runner	Steinbach, MB	5:02/K	11.9kph	32	31	
4.	5240	Jorge Yegros	00:25:53.44		Runner	Mitchell, MB	5:11/K	11.6kph	47	34	
5.	5271	Warren Holness	00:27:11.03		Runner	LaBroquerie, CAN	5:26/K	11.0kph	60	33	
6.	5047	Jeff Dykerman	00:33:13.48		Runner	Steinbach, MB	6:39/K	9.0kph	127	32	
7.	5124	Dale Martens	00:33:42.04		Runner	Blumenort, MB	6:44/K	8.9kph	137	30	
8.	5270	Jordan Vogt	00:36:11.23		Runner	Steinbach, CAN	7:14/K	8.3kph	166	32	
9.	5158	Joel Penner	00:46:25.51		Runner	Steinbach, MB	9:17/K	6.5kph	202	31	
10.	5032	Jared Dueck	00:50:19.02		Runner	Rosenort, MB	10:04/K	6.0kph	223	30	

Female 30 - 34

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5111	Casey Lemoine	00:25:53.05		Runner	Steinbach, MB	5:11/K	11.6kph	46	33	
2.	5253	Amanda Peters	00:26:39.07		Runner	Mitchell, MB	5:20/K	11.3kph	54	34	
3.	5264	Cara Duerksen	00:27:12.95		Runner	Steinbach, MB	5:26/K	11.0kph	61	34	
4.	5208	Stacy Thiessen	00:27:27.06		Runner	Blumenort, MB	5:29/K	10.9kph	65	33	
5.	5161	Rachel Penner	00:27:56.28		Runner	Lorette, MB	5:35/K	10.7kph	68	32	
6.	5109	Chantal Larocque	00:29:25.04		Runner	Winnipeg, MB	5:53/K	10.2kph	88	30	
7.	5129	Hilda Martens	00:30:45.26		Runner	Grunthal, MB	6:09/K	9.8kph	95	30	
8.	5235	Shauna Warkentin	00:33:50.87		Runner	Steinbach, MB	6:46/K	8.9kph	140	34	
9.	5019	Anna Doerksen	00:37:15.35		Runner	Grunthal, MB	7:27/K	8.1kph	174	33	
10.	5239	Lorraine Wiens	00:37:15.68		Runner	Grunthal, MB	7:27/K	8.1kph	175	33	
11.	5137	Sara Meyers	00:39:04.00		Runner	Steinbach, MB	7:49/K	7.7kph	176	32	
12.	5022	Tiffany Doyle	00:46:46.29		Runner	Mitchell, MB	9:21/K	6.4kph	204	32	
13.	5051	Kristen Falk	00:50:00.67		Runner	Steinbach, MB	10:00/K	6kph	220	31	
14.	5033	Jillayne Dueck	00:50:18.23		Runner	Rosenort, MB	10:04/K	6.0kph	222	31	
15.	5098	Theadora Juenke	00:52:24.19		Runner	Steinbach, MB	10:29/K	5.7kph	231	31	

Male 35 - 39

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5037	Shannon Dueck	00:19:20.46		Runner	Rosenort, MB	3:52/K	15.5kph	2	39	
2.	5039	Kris Duerksen	00:19:31.21		Runner	Steinbach, MB	3:54/K	15.4kph	4	38	
3.	5244	Michael Braun	00:22:06.34		Runner	Grunthal, MB	4:25/K	13.6kph	7	38	
4.	5007	Chris Bewernick	00:23:41.32		Runner	Steinbach, MB	4:44/K	12.7kph	18	39	
5.	5184	Paul Reimer	00:26:03.75		Runner	Steinbach, MB	5:13/K	11.5kph	51	37	
6.	5241	Eric Loewen	00:31:32.33		Runner	Steinbach, MB	6:18/K	9.5kph	109	36	
7.	5267	Nick Penner	00:32:59.69		Runner	Steinbach	6:36/K	9.1kph	121	37	

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Female 35 - 39

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5040	Ladawn Duerksen	00:25:40.46		Runner	Steinbach, MB	5:08/K	11.7kph	41	38	
2.	5243	Daina Funk	00:27:25.12		Runner	Steinbach, MB	5:29/K	10.9kph	64	38	
3.	5136	Laura Masterson	00:28:01.98		Runner	Steinbach, MB	5:36/K	10.7kph	69	35	
4.	5097	Nicole Johnson	00:29:24.15		Runner	Mitchell, MB	5:53/K	10.2kph	86	35	
5.	5023	Jacqueline Driedger	00:31:27.32		Runner	Mitchell, MB	6:17/K	9.5kph	107	35	
6.	5174	Christine Plourde	00:32:17.51		Runner	Ste-Anne, MB	6:27/K	9.3kph	116	37	
7.	5204	Annette Tetrault	00:33:07.97		Runner	La Broquerie, MB	6:37/K	9.1kph	124	35	
8.	5200	JANELLE SMITH	00:33:29.35		Runner	Steinbach, MB	6:42/K	9.0kph	134	36	
9.	5131	Verna Martens	00:34:01.60		Runner	STEINBACH, MB	6:48/K	8.8kph	144	39	
10.	5132	Angela Martin	00:34:16.11		Runner	Steinbach, MB	6:51/K	8.8kph	148	39	
11.	5059	Becky Friesen	00:36:10.84		Runner	Rosenort, MB	7:14/K	8.3kph	164	39	
12.	5214	Haidy Toews	00:37:07.60		Runner	Mitchell, MB	7:25/K	8.1kph	172	37	
13.	5199	Danielle Serceau	00:43:01.82		Runner	Ste. Anne, MB	8:36/K	7.0kph	194	37	
14.	5001	Amanda Alguire	00:43:08.03		Runner	La Broquerie, MB	8:38/K	7.0kph	196	39	
15.	5256	Jo-Anne Dalton	00:43:51.63		Runner	Steinbach, MB	8:46/K	6.8kph	197	35	
16.	5159	Nettie Penner	00:48:28.29		Runner	Steinbach, MB	9:42/K	6.2kph	219	36	
17.	5028	Stella Driessen	00:51:29.21		Runner	Mitchell, MB	10:18/K	5.8kph	229	36	
18.	5255	Brigitte Dhaene	00:53:52.96		Runner	La Broqueie, MB	10:46/K	5.6kph	235	35	
19.	5168	Karlee Peters	00:54:11.02		Runner	Randolph, MB	10:50/K	5.5kph	237	37	

Male 40 - 44

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5196	Chris Schroeder	00:21:03.67		Runner	Steinbach, MB	4:13/K	14.3kph	6	41	
2.	5258	Colin Darling	00:24:21.17		Runner	Steinbach, MB	4:52/K	12.3kph	23	41	
3.	5134	Lee Martin	00:24:25.40		Runner	Steinbach, MB	4:53/K	12.3kph	26	40	
4.	5165	Bob Perkinson	00:25:37.81		Runner	Steinbach, MB	5:07/K	11.7kph	39	43	
5.	5108	Luc Lahaie	00:26:03.27		Runner	St. Pierre-Jolys, MB	5:13/K	11.5kph	50	43	
6.	5135	Shaun Martin	00:28:20.65		Runner	Steinbach, MB	5:40/K	10.6kph	71	42	
7.	5207	Scott Thiessen	00:28:27.83		Runner	Blumenort, MB	5:41/K	10.5kph	73	41	
8.	5079	James Giesbrecht	00:28:36.16		Runner	Winnipeg, MB	5:43/K	10.5kph	74	43	
9.	5126	Everley Martens	00:29:12.39		Runner	Mitchell, MB	5:50/K	10.3kph	82	40	
10.	5224	Wes Unrau	00:29:15.45		Runner	Steinbach, MB	5:51/K	10.3kph	84	41	
11.	5162	Russ Penner	00:31:59.13		Runner	New Bothwell, MB	6:24/K	9.4kph	112	43	
12.	5266	Joel Berard	00:32:59.83		Runner	Steinbach	6:36/K	9.1kph	122	42	
13.	5213	Ernest Toews	00:35:17.41		Runner	Mitchell, MB	7:03/K	8.5kph	155	42	
14.	5088	Dean Hebert	00:35:48.08		Runner	Lorette, MB	7:10/K	8.4kph	159	42	
15.	5093	Jason Hinthier	00:36:50.04		Runner	Winnipeg, MB	7:22/K	8.1kph	169	40	

Female 40 - 44

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5201	Anna Stoesz	00:23:59.75		Runner	Steinbach, MB	4:48/K	12.5kph	21	40	
2.	5181	Myra Reimer	00:24:40.62		Runner	Blumenort, MB	4:56/K	12.2kph	30	44	
3.	5144	Leslie Paulet	00:27:08.51		Runner	Steinbach, MB	5:26/K	11.1kph	59	43	
4.	5090	Mandy Hiebert	00:29:14.60		Runner	Steinbach, MB	5:51/K	10.3kph	83	43	

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5.	5091	Shannon Hildebrand	00:29:24.53	Runner	Labroquerie West, MB	5:53/K	10.2kph	87	41
6.	5167	Carol Peters	00:32:01.98	Runner	Steinbach, MB	6:24/K	9.4kph	115	43
7.	5153	Dorothy Penner	00:32:23.35	Runner	New Bothwell, MB	6:29/K	9.3kph	117	43
8.	5189	Jennifer Richard	00:33:25.24	Runner	Landmark, MB	6:41/K	9.0kph	132	43
9.	5230	Gwynneth Van Der Byl	00:33:47.65	Runner	Steinbach, MB	6:45/K	8.9kph	139	42
10.	5225	-Stella -Unrau	00:34:14.33	Runner	STEINBACH, MB	6:51/K	8.8kph	147	41
11.	5009	Coralie Brandt	00:34:37.68	Runner	Steinbach, MB	6:55/K	8.7kph	150	40
12.	5080	Klara Giesbrecht	00:37:07.28	Runner	Winnipeg, MB	7:25/K	8.1kph	171	41
13.	5156	Jennifer Penner	00:50:01.05	Runner	Blumenort, MB	10:00/K	6.0kph	221	40
14.	5122	Andrea Martens	00:53:04.42	Runner	Steinbach, MB	10:37/K	5.7kph	232	43
15.	5190	Marcia Rickey	00:55:59.17	Runner	Mitchell, MB	11:12/K	5.4kph	239	43
16.	5085	April Glauser	01:12:37.30	Runner	Steinbach, MB	14:31/K	4.1kph	243	41

Male 45 - 49

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5042	Glen Duizer	00:24:23.49		Runner	Mitchell, MB	4:53/K	12.3kph	25	48	
2.	5180	Gerald Reimer	00:25:34.16		Runner	Steinbach, MB	5:07/K	11.7kph	37	49	
3.	5192	Jamie Rogalsky	00:29:08.46		Runner	Steinbach, MB	5:50/K	10.3kph	80	47	
4.	5054	Ferdinand Fehr	00:35:25.63		Runner	Mitchell, MB	7:05/K	8.5kph	157	48	
5.	5084	Wilfried Giesbrecht	00:35:25.96		Runner	Gonor, MB	7:05/K	8.5kph	158	47	
6.	5026	Mark Driessen	00:42:25.24		Runner	Mitchell, MB	8:29/K	7.1kph	190	49	

Female 45 - 49

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5117	Joy Lorette	00:29:05.00		Runner	Mitchell, MB	5:49/K	10.3kph	77	49	
2.	5045	Marlo Dyck	00:29:05.82		Runner	Grunthal, MB	5:49/K	10.3kph	78	48	
3.	5210	Jennifer Thompson	00:29:22.86		Runner	Blumenort, MB	5:52/K	10.2kph	85	45	
4.	5017	Andrea Dick	00:29:53.38		Runner	Steinbach, MB	5:59/K	10.0kph	90	45	
5.	5175	Jennifer Rea	00:30:48.77		Runner	La Broquerie West, MB	6:10/K	9.7kph	96	49	
6.	5053	Betty Fehr	00:30:52.51		Runner	Mitchell, MB	6:10/K	9.7kph	98	47	
7.	5112	Andrea Lepp	00:31:59.77		Runner	Steinbach, MB	6:24/K	9.4kph	113	48	
8.	5014	Cheryl Chernos	00:32:46.76		Runner	Steinbach, MB	6:33/K	9.2kph	120	47	
9.	5077	Debby Giesbrecht	00:33:22.16		Runner	Gonor, MB	6:40/K	9.0kph	130	45	
10.	5248	Adele Rekiel	00:35:12.19		Runner	Steinbach, MB	7:02/K	8.5kph	154	48	
11.	5020	Pauline Doerksen	00:36:03.76		Runner	New Bothwell, MB	7:13/K	8.3kph	163	49	
12.	5262	Penner Lage	00:44:41.40		Runner	Steinbach, MB	8:56/K	6.7kph	199	49	
13.	5092	Daniela Hildebrandt	00:53:15.69		Runner	Steinbach, MB	10:39/K	5.6kph	234	48	
14.	5030	Ev Dueck	00:56:58.61		Runner	Abbotsford, BC	11:24/K	5.3kph	241	48	

Male 50 - 54

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5195	Lawrence Schledewitz	00:25:22.76		Runner	Springfield, MB	5:04/K	11.8kph	35	50	
2.	5232	Leon Van Der Byl	00:33:47.54		Runner	Steinbach, MB	6:45/K	8.9kph	138	50	
3.	5068	Ferdinand Funk	00:34:10.25		Runner	Winnipeg, MB	6:50/K	8.8kph	146	53	

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Female 50 - 54

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5246	Carmelle Recksiedler	00:39:51.84		Runner	Steinbach, MB	7:58/K	7.5kph	178	51	
2.	5102	Peggy Kaufman	00:40:11.51		Runner	Steinbach, MB	8:02/K	7.5kph	179	53	
3.	5069	Hedi Funk	00:40:45.71		Runner	Winnipeg, MB	8:09/K	7.4kph	182	54	
4.	5110	Darlene Larocque	00:41:38.95		Runner	Richer, MB	8:20/K	7.2kph	186	54	
5.	5172	Lori Petrilli	00:42:47.48		Runner	Springfield MB, MB	8:33/K	7.0kph	193	51	
6.	5186	Sandy Reimer	00:47:04.73		Runner	Steinbach, MB	9:25/K	6.4kph	205	51	
7.	5107	Mavis Krentz	00:48:23.47		Runner	Steinbach, MB	9:41/K	6.2kph	213	53	
8.	5056	Lynelle Fender	00:48:25.36		Runner	Steinbach, MB	9:41/K	6.2kph	216	53	

Male 55 - 59

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5082	Roger Giesbrecht	00:25:49.10		Runner	Steinbach, MB	5:10/K	11.6kph	43	57	
2.	5089	Bill Hiebert	00:26:15.73		Runner	Steinbach, MB	5:15/K	11.4kph	52	59	
3.	5067	Vic Froese	00:32:38.05		Runner	Steinbach, MB	6:32/K	9.2kph	118	58	
4.	5046	Tim Dyck	00:36:23.29		Runner	Steinbach, MB	7:17/K	8.2kph	168	58	
5.	5252	Bruce Penner	00:47:50.75		Runner	Steinbach, MB	9:34/K	6.3kph	209	55	

Female 55 - 59

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5029	Bev Dueck	00:29:06.48		Runner	Steinbach, MB	5:49/K	10.3kph	79	55	
2.	5169	Lori Peters	00:34:26.06		Runner	Steinbach, MB	6:53/K	8.7kph	149	55	
3.	5222	Bev Unger	00:45:24.56		Runner	Steinbach, MB	9:05/K	6.6kph	200	55	
4.	5105	Shannon Kehler	00:48:24.80		Runner	Steinbach, MB	9:41/K	6.2kph	215	55	
5.	5141	Joan Nickel	00:53:04.87		Runner	Steinbach, MB	10:37/K	5.7kph	233	59	

Male 60 - 64

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5057	Randy Fender	00:25:26.10		Runner	Steinbach, MB	5:05/K	11.8kph	36	60	

Female 60 - 64

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5205	Agnes Thiessen	00:45:24.68		Runner	Steinbach, MB	9:05/K	6.6kph	201	64	
2.	5071	Mariann Funk	00:47:32.44		Runner	Steinbach, MB	9:30/K	6.3kph	208	62	
3.	5268	Valrea Peters	00:54:10.45		Runner	Steinbach, CAN	10:50/K	5.5kph	236	61	
4.	5269	Shirley Fox	00:54:11.68		Runner	New Westminster, CAN	10:50/K	5.5kph	238	63	

Male 65 - 69

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5115	Kel Loewen	00:33:53.97		Runner	Steinbach, MB	6:47/K	8.9kph	141	66	
2.	5073	Roy Funk	00:47:32.25		Runner	Steinbach, MB	9:30/K	6.3kph	207	65	

Female 65 - 69

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5233	Violet Vogt	00:36:11.50		Runner	Steinbach, MB	7:14/K	8.3kph	167	65	
2.	5074	Sophia Funk	00:41:38.77		Runner	Richer, MB	8:20/K	7.2kph	185	67	

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3.	5034	Margaret Dueck	00:50:19.45		Runner	Rosenort, MB	10:04/K	6.0kph	224	69
4.	5043	Helen Dyck	00:50:57.83		Runner	Grunthal, MB	10:11/K	5.9kph	226	68

Female 70 - 74

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5004	Agnes Bartel	00:50:58.30		Runner	Grunthal, MB	10:12/K	5.9kph	227	73	

Male 75 - 79

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5276	Thanh Trinh	00:48:03.41		Runner	Steinbach, CAN	9:37/K	6.2kph	211	77	

Female 75 - 79

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5149	Anna Penner	00:47:50.88		Runner	Steinbach, MB	9:34/K	6.3kph	210	79	

Male 80 - 84

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5212	Elbert Toews	00:40:44.03		Runner	Steinbach, MB	8:09/K	7.4kph	181	81	

Youth Top 3 Male

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5216	Jovan Toews	00:20:28.88		Runner	Mitchell, MB	4:06/K	14.7kph	5	14	
2.	5274	Zander Koop	00:22:30.83		Runner	Steinbach, CAN	4:30/K	13.3kph	9	12	
3.	5064	Troy Friesen	00:22:46.02		Runner	Steinbach, MB	4:33/K	13.2kph	11	12	

Youth Top 3 Female

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5216	Jovan Toews	00:20:28.88		Runner	Mitchell, MB	4:06/K	14.7kph	5	14	
2.	5274	Zander Koop	00:22:30.83		Runner	Steinbach, CAN	4:30/K	13.3kph	9	12	
3.	5064	Troy Friesen	00:22:46.02		Runner	Steinbach, MB	4:33/K	13.2kph	11	12	